

On the road

Posted by Gimpel123456789 - 23 Dec 2014 04:41

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I am very excited to begin the 90 day program I believe that I did my first day but just to make sure what is considered a clean day

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Re: On the road

Posted by dms1234 - 23 Dec 2014 08:48

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WELCOME!

Check out the [GYE Handbook](#) and [Skep's tips](#)

Make sure to take it one day at a time!

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Re: On the road

Posted by serenity - 23 Dec 2014 09:38

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Glad to hear you are taking that step! The definition for clean days is under the "how it works" tab above the 90 day chart. Here is the link [guardyoureyes.com/90-days-chart/rules](http://guardyoureyes.com/90-days-chart/rules)

Hatzlacha!

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Re: On the road

Posted by Gimpel123456789 - 24 Dec 2014 12:31

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Thanks for the answer serenity, another quick question i was approved for chat yesterday but although on my phone there is a chat tab when i press on it it just gives me instructions on how to chat but no where to chat, on my computer it does give me a place to chat are you able to chat on a mobile device?

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Re: On the road

Posted by cordnoy - 24 Dec 2014 18:46

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Currently, GYE does not work well on a mobile device.

Michlal lav atah shomea hein?

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Re: On the road

Posted by ineedchizuk - 24 Dec 2014 19:08

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Shalom aleichem, Gimpel!

A not too great workaround is to click 'desktop view' in your mobile browser.

Hatzlacha on your journey!

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Re: On the road

Posted by yidtryingharder - 24 Dec 2014 19:29

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if you go to the gye in the center of the main screen then click on chatrooms it works halfway decent

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Re: On the road

Posted by serenity - 25 Dec 2014 02:44

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Unless I am mistaken, I don't see people using the chat rooms. I see people communicating in the forums and in private messages.

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Re: On the road

Posted by Bigmoish - 25 Dec 2014 09:57

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Have you reached out to anyone? I think most people chat one on one instead of in chat rooms. Sometimes you want to be a little more open with someone, but you don't necessarily want it broadcasted to the general public. Hatzlocha

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Re: On the road

Posted by serenity - 25 Dec 2014 19:13

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Thanks for clarifying that point for Gimpel. When I first came here, I kept checking the chat rooms and nothing was going on. I thought something was wrong on my end. Eventually I realized people were chatting one on one, as you say, by clicking on the "who's Online" button. The one on one chatting is different from private messaging that I mentioned in error.

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Re: On the road

Posted by Gimpel123456789 - 27 Dec 2014 05:12

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Just want to know what is the karma thing under everyone's names on the forums and how do you get it.

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Re: On the road

Posted by cordnoy - 28 Dec 2014 05:18

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The amount of pushups and squats you need to do for every slip.

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Re: On the road

Posted by ineedchizuk - 29 Dec 2014 05:06

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It's given to you by others who appreciate you.

You can give it to others that you appreciate (like, say, Cordnoy) by clicking the plus next to their karma.

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Re: On the road

Posted by shomer bro - 29 Dec 2014 05:18

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What makes it different from the thank you option? Aside from the bragging rights of having a

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Re: On the road

Posted by cordnoy - 29 Dec 2014 05:24

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[ineedchizuk wrote:](#)

It's given to you by others who appreciate you.

You can give it to others that you appreciate (like, say, Cordnoy) by clicking the plus next to their karma.

Oish!

I'm still on the floor pantin' from the last set of sit-ups.

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