

90 is a big number, but with time will get smaller
Posted by trysohard - 14 Oct 2014 21:25

i just fell the last 2 days. so i decided to join the 90 day chart. i won't have much access starting tomorrow, so i hope that when i end up around a computer, i'll look at this chart and see how far i've come. wishing us all hatzlocha.

=====

=====

Re: 90 is a big number, but with time will get smaller
Posted by inastruggle - 15 Oct 2014 07:28

Joining the chart is a nice step.

KUTGW!

=====

=====

Re: 90 is a big number, but with time will get smaller
Posted by trysohard - 01 Nov 2014 00:39

Baruch Hashem still clean!

=====

=====

Re: 90 is a big number, but with time will get smaller
Posted by unanumun - 01 Nov 2014 22:14

KUTGW!!!!

=====

=====

Re: 90 is a big number, but with time will get smaller
Posted by trysohard - 02 Mar 2015 17:07

and so after 131 days without a fall (can't say the same about slips), i find myself once again in that ugly place. but i don't remember the last time i had such a big clean streak, so i know that with a little tweaking, B'ezras Hashem i'm on the right path.

=====

Re: 90 is a big number, but with time will get smaller
Posted by newaction - 02 Mar 2015 17:40

TrySH , sorry for the fall ,thanks for the courageous share. You are sure to be on the right path judging by your reaction. You are today wiser for 131 reasons . You must have learnt a lot in the last 4 months . We are sure that your comeback will be stronger and everlasting . KUTGW !
Hatzlacha !

=====

Re: 90 is a big number, but with time will get smaller
Posted by cordnoy - 02 Mar 2015 18:21

[trysohard wrote:](#)

and so after 131 days without a fall (can't say the same about slips), i find myself once again in that ugly place. but i don't remember the last time i had such a big clean streak, so i know that with a little tweaking, B'ezras Hashem i'm on the right path.

Thanks for the share.

Can you tell us some of the mindset.

What brought it on?

why you so strong now?

It will help for you and for us.

Thanks so much

b'hatzlachah

=====

Re: 90 is a big number, but with time will get smaller
Posted by trysohard - 05 Oct 2016 07:17

[cordnoy wrote on 02 Mar 2015 18:21:](#)

[trysohard wrote:](#)

and so after 131 days without a fall (can't say the same about slips), i find myself once again in that ugly place. but i don't remember the last time i had such a big clean streak, so i know that with a little tweaking, B'ezras Hashem i'm on the right path.

Thanks for the share.

Can you tell us some of the mindset.

What brought it on?

why you so strong now?

It will help for you and for us.

Thanks so much

b'hatzlachah

But the basic answer at that point was limiting internet access combined with 90 day chart incentive. Problem was, once I was past 90, just keeping the streak going apparently wasn't enough motivation.

I think my main problem was that I thought I was figuring out how to control myself. Now I realize that I can't control myself, and I need a Higher Power to keep me from falling.

Thanks Cordnoy for looking out for me, and for your thought provoking posts.

=====

Re: 90 is a big number, but with time will get smaller
I'm still working on the response to this. (don't look at the date)
Posted by trysonhard - 05 Oct 2016 07:41

[cordnoy wrote on 28 Jun 2013 02:39:](#)

By the way, what is karma, and how is it gotten?

Thanks

=====

Re: 90 is a big number, but with time will get smaller
Posted by Singularity - 05 Oct 2016 11:43

Keep on going!

It's funny how after 130+ days, "that" place is still so reachable. Don't trust yourself 'til the day you die.

=====
=====

Re: 90 is a big number, but with time will get smaller
Posted by cordnoy - 19 Oct 2016 16:52

[trysohard wrote on 05 Oct 2016 07:41:](#)

[cordnoy wrote on 28 Jun 2013 02:39:](#)

By the way, what is karma, and how is it gotten?

Thanks

That's cute.

I guess so.

Although in mobile version (basically the only one I use) I can't really see it.

=====

Re: 90 is a big number, but with time will get smaller
Posted by cordnoy - 19 Oct 2016 16:54

[trysohard wrote on 05 Oct 2016 07:17:](#)

[cordnoy wrote on 02 Mar 2015 18:21:](#)

[trysohard wrote:](#)

and so after 131 days without a fall (can't say the same about slips), i find myself once again in that ugly place. but i don't remember the last time i had such a big clean streak, so i know that with a little tweaking, B'ezras Hashem i'm on the right path.

Thanks for the share.

Can you tell us some of the mindset.

What brought it on?

why you so strong now?

It will help for you and for us.

Thanks so much

b'hatzlachah

But the basic answer at that point was limiting internet access combined with 90 day chart incentive. Problem was, once I was past 90, just keeping the streak going apparently wasn't enough motivation.

I think my main problem was that I thought I was figuring out how to control myself. Now I realize that I can't control myself, and I need a Higher Power to keep me from falling.

Thanks Cordnoy for looking out for me, and for your thought provoking posts.

And I think I remember seeing on a different thread that you're doing well. Great to hear.

I'm still working on the response to this... (don't look at the date)
B'hatzlachah

=====