

Trying to get to 90 days again

Posted by helpmeout613 - 14 Oct 2014 00:58

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Hi all I am trying to get to 90 days again.

I hope to keep a diary on here

Day 1

It wasn't hard today b"h.

Recently its been really really bad so I could do with all the support I could get thenks in adance.

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Re: Trying to get to 90 days again

Posted by dd - 26 Oct 2014 02:50

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Hi Helpmeout613!!!!

Just here to say hi I know i'm a bit late but WELCOME!!!!

Kutgw and KOMT!!!!

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Re: Trying to get to 90 days again

Posted by shomer bro - 26 Oct 2014 04:50

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What a way to start the week with such wonderful news! You're a rock star bro, keep it up!

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Re: Trying to get to 90 days again  
Posted by helpmeout613 - 29 Oct 2014 03:20

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Day 5,6,7

Im still clean hoooooooooray

B"h week one has gone really well!! Its the best ive done a a long time

Thanks everyone for your support.

IY"H this one will take me all the way to 90.

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Re: Trying to get to 90 days again  
Posted by dms1234 - 29 Oct 2014 05:13

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WOW! what steps have you been doing?

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Re: Trying to get to 90 days again  
Posted by shomer bro - 29 Oct 2014 06:50

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Yea, please share with the rest of us what you're doing

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