

Time to quit

Posted by aftal123 - 10 Oct 2014 06:43

I became addicted to pornography at 11. I even saw some illegal websites. At 15 i quit for four years. At 19 I started again, and this has plagued me for 8 years. It's time for me to get a hold of myself and stop. I need hashems help for many things as my life has crumbled. May he help me during these 90 days.

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Re: Time to quit

Posted by dms1234 - 12 Oct 2014 21:27

WELCOME!!!!!!

May He ALWAYS help you!

Check out the [GYE Handbook](#) and [Skep's tips](#)

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Re: Time to quit

Posted by shomer bro - 13 Oct 2014 01:21

Hatzlacha raba, and know that you can do it!! Keep on posting. What have you done to work on it? Do you have filters in place? Where do you have triggers?

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Re: Time to quit

Posted by inastruggle - 13 Oct 2014 09:58

First of all, welcome and KOP.

There is something important to say, when I started there were things happening in my life as well. They didn't get better even after I was clean almost 400 days. What did change was the way I thought about, and reacted to them. So even if they things don't get better, just remember "There's nothing that a little lust can't make worse".

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Re: Time to quit
Posted by Shlomo24 - 13 Oct 2014 15:55

welcome! the gye family is excellent and we are very supportive and non judge mental. great first step! keep on posting!

YTC!

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Re: Time to quit
Posted by Pidaini - 13 Oct 2014 17:40

Welcome aftal!!

Welcome to the first step to a new life!!

What's the plan to stop?

Don't be a stranger, Keep on Posting!!

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