bein hazaminim!!!battling to grow Posted by bsimcha - 06 Oct 2014 09:11

first time opening up somewhat and writing.i cant believe it was possible for me to get to this level of 40+ days.after years of struggling...yet on the other hand its extremely difficult .the past few weeks i was in yeshiva and was able to stay strong especially during elul,but now its bein hazmanim! already from motzie yom kippur when i came home i saw on the counter a ipad with a iphone sitting there waiting for me to fall....i keep talking to tatte in heaven begging for s"d.but i know its a journey of growth...so as i sit here tonight fighting the battle i find find major chizuk from all the others that where given the same nosoyan and FIGHTING BACK.may we stay strong and keep getting higher

p.s. a major shoutout to gye inever would had made it here without this organization

====

Re: bein hazaminim!!!battling to grow Posted by mitzvaman613 - 06 Oct 2014 12:56

Also having the struggle during bein hazmanim.

Keep strong!

Make sure you aren't just part of yeshiva, the yeshiva is part of you.

\_\_\_\_\_\_

====

Re: bein hazaminim!!!battling to grow Posted by reallygettingthere - 07 Oct 2014 00:39

9494 wrote:

Just learn the whole time? whats the problem?

You are lucky. You have a chevra here that will be here for you. 17 years ago bein hazmanim I

would go learn with my chavrusa in the morning and then watch porn the rest of the day (and night). I felt like crappy crap (the worst kind).

I don't think 9494 is telling you that if you learn your desire for porn and lust will go away. It's just harder to watch porn in the beis medrash

-----

Re: bein hazaminim!!!battling to grow Posted by Pidaini - 07 Oct 2014 00:56

Welcome to GYE!!

What have you been doing until now to stay clean?

How long have you been struggling?

Keep on Posting!!

\_\_\_\_\_\_

Re: bein hazaminim!!!battling to grow

Posted by Helpmrstop22 - 07 Oct 2014 10:18

Welcome!

====

Bein hazmanim is the hardest for me.

One day at a time...

-----

Re: bein hazaminim!!!battling to grow Posted by dms1234 - 08 Oct 2014 06:13

WELCOME!!!!!!!!!

I would really filter that phone!

Check out the GYE Handbook and Skep's tips

\_\_\_\_\_\_

====

Re: bein hazaminim!!!battling to grow Posted by bsimcha - 08 Oct 2014 09:29

i really appreciate the responses ...may all of us comtinue to be mechazik each other and ultimately not need chizuk

still clean !!never made this far in my life!its been a couple of years now of some crazy struggles, bein hazmanim was basically torah and porn ....i have to admit that wherever im holding today is do to learning and not letting myself fall into yiush....i would learn,watch ..and later back to learning NEVER GIVE UP.i put a filter on the main computer (not that i haven't found ways around but i keep fighting)its the members of my family that truly gets in the way....anyway if there is anything that helped me this round(and hopefully further)is to keep talking to hashem he is the one who gave me this nisayon and he deffinatly could help me through it.

====

Re: bein hazaminim!!!battling to grow Posted by cordnoy - 20 Oct 2014 00:47

Welcome,

we all need structure and a schedule.

that is key for us.

b'hatzlachah