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Realzing whats is right and have a happyRosh Hasha Posted by shmulke - 22 Sep 2014 16:42

A Kesiva V'Chasima Tova to you as well

I just want to express my feelings to every one in this group thank you every one for being so supportive i appreciate it thanks allot i don't feel like the only one when i am struggling i know other are struggling to getting help so thats why i have come to gye when i am struggling i come here and get support from everyone & i will do the same back and give support too. i have realized i have been clean for about a month now because of gye its been a tremendous step in my recovery when ever i have the urge to act out or when i feel depressed or down or things that are bothering me i just come to gye to get support and see what other have to say and take there advice and i think thats the way to go about it. With Rosh Hashanah almost here i realize that hashem and with everyones supportive effort i will stick around here so i am wishing everyone should have a gmar chatima tova have a sweet new year and every thing should turn out for the best for everyone be positive and keep moving forward not backtracking. just have to take one moment at a time its a good method of being positive & being calmed and collected i hope everyone should have an a amazing year a year of happiness and just a positive year of

calmed and collected i

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