

Bigmoish's path to tahara

Posted by Bigmoish - 29 Jul 2014 23:01

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I just posted my story in the "introduce yourself" forum. It feels like a weight off my shoulders already, but I hope I can really do this.

I already woke up this morning with the YH in my head, but I managed to brush it off and go

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Re: Bigmoish's path to tahara

Posted by markz - 02 Oct 2015 12:35

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[Bigmoish wrote:](#)

daven.

Welcome mark!

Have you thought about starting your own thread?

Abie Welcome!

You shared some great stuff. how about you take the same suggestion Bigmoish gave me

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Re: Bigmoish's path to tahara

Posted by gibbor120 - 14 Oct 2015 19:29

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Welcome Abie,

It sounds like you have lots of good stuff to share. I look forward to hearing more from you.

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Re: Bigmoish's path to tahara

Posted by Bigmoish - 19 Oct 2015 03:29

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It would feel very good right now to take a hit of my sweet sweet drug.

Such an easy escape from reality; such a great high.

I'm too lazy to get around all my filtration devices at the moment, but wonderful fantasies can easily be dreamed up in my mind's eye.

So, what will it be? Will I? Or won't I? Do I really have the ability to choose anymore?

Of course I do. But the choice is not yes or no, life or death, sanity or foolishness.

Given those options, I am guaranteed to choose the choice of folly and fleeting pleasure. Eventually. Perhaps not this time (though probably), but my will power is not unlimited. It is, in fact, very weak.

The choice I have right now is the choice between me and God. Nothing more, nothing less. If I choose me, which I well may, I will then be faced with the futile options presented above.

If I choose to accept God, anything is possible.

But will I?

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Re: Bigmoish's path to tahara

Posted by eslaasos - 19 Oct 2015 03:45

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Will you?

There are a lot of people rooting for you.

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Re: Bigmoish's path to tahara

Posted by Bigmoish - 19 Oct 2015 03:50

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But only one matters.

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Re: Bigmoish's path to tahara

Posted by eslaasos - 19 Oct 2015 04:03

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Yes, only you can win this, but we can daven for you and cheer you on.

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Re: Bigmoish's path to tahara

Posted by MJB - 19 Oct 2015 08:41

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Moishe that was beautiful. It really is a choice between me and G-d. Who has the power, who is on control. Am I dumb enough to think it is me, or the perspective to remember it is G-d.

Thank you for that.

Remember at least for today, for right now, you can choose G-d. So tell Him how much you need Him and how much you love Him. Maybe He'll show you some of His love back.

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Re: Bigmoish's path to tahara

Posted by cordnoy - 19 Oct 2015 12:39

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We have done lots of talkin' and thinkin' and delvin'.

For me, the question is different: it is a choice between me and me.

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Re: Bigmoish's path to tahara

Posted by cordnoy - 19 Oct 2015 12:42

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[MBJ wrote:](#)

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Thank you for that.

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Dov told me recently that he would rewrite step one to first say that our life is unmanageable as is (if it truly is); then we can discuss powerlessness and control.

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Re: Bigmoish's path to tahara

Posted by MBJ - 19 Oct 2015 14:02

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Cordnoy,

Not sure I understand your objection to what I or moishe wrote.

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Re: Bigmoish's path to tahara

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Posted by Bigmoish - 19 Oct 2015 14:08

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Every muscle in my body is tense.

I am fighting myself with all my strength.

Why don't I just give myself over to Hashem? It really is the easy way out; no fighting, no tension.

Because then I have to give up my drug.

I don't want to give up the sweet escape from reality.

Real life is painful. Fantasy is geshmak.

I am terrified to let go of my medication.

I continue to hold onto lust with a death grip.

I may even convince myself that I am choosing correctly, as I am not actively pursuing lust.

But I am still a prisoner.

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Re: Bigmoish's path to tahara

Posted by cordnoy - 19 Oct 2015 15:02

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[MBJ wrote:](#)

Cordnoy,

Not sure I understand your objection to what I or moishe wrote.

No objection.

Mentioned above was that the question was "Me or God?"

Unless one is in a good state of recovery, when one is lustin', the answer to that question might end up bein' "me."

I know by me it was.

However, if the question is asked differently, "Me (present mode), or me (Livin' life)?" the response might be a different one.

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Re: Bigmoish's path to tahara

Posted by cordnoy - 19 Oct 2015 15:04

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[Bigmoish wrote:](#)

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I may even convince myself that I am choosing correctly, as I am not actively pursuing lust.

But I am still a prisoner.

"Real life is painful."

If that is the truth, which it very well may be, that is the point to address; not the lust.

When you are lustin' or tense, ask yourself, "What is so painful about life?"

Truth is - ask the question when you are not lustin' or tense as well.

Therein lies the key - me think.

b'hatzlachah

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Re: Bigmoish's path to tahara

Posted by eslaasos - 19 Oct 2015 15:49

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[cordnoy wrote:](#)

[Bigmoish wrote:](#)

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Methinks he knows what it is but not what to do about it or how to resolve it, but I'm sure you two have discussed it.

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