

I'm Trying!

Posted by imtrying25 - 14 Oct 2009 22:44

i cant believe that i stumbled on this site!! This may be the greatest thing ever to happen to me!! Im really new to this site and i am somewhat confused it seems there is so much going on here. Is there someone i can talk (email,chat etc.) to that can give me a basic rundown about this site?? Im what you call a "kollel yungerman" and imm suffering from a porn addiction for so many years. To say ive given up is an understatement!! Every time ive tried something else coame along and...BOOM! im sure you all can understand me. Im hoping that after all these years this might just be my salvation. Ive already signed up to 90 day chart but it seems there is so much more this site has to offer.

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Re: I'm Trying!

Posted by imtrying25 - 06 Jan 2010 12:43

[7Up wrote on 06 Jan 2010 12:33:](#)

IT, youve been hanging out in my office, filling the corners, but not telling me what you really came for??

Moms are bright, but not mind readers son!

The purpose of that thread is to have written

"mom; having a downer, could you stop by when you get a minute?"

Hope everything is better today.

Does Uri leaving have something to do with the down?

Moms may not be mindreaders but they are supposed to be HEARTreaders, no??

And yes today is much better.

And maybe it does have a little to do with Uri. We were really holding eachother. Alot!

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Re: I'm Trying!

Posted by 7yipol - 06 Jan 2010 12:53

I know you were. You two really bonded the past few weeks, didnt you?

BH for phones and email and skype.

I know its not the same as an impromptu Sams Bagel.

But for his sake, lets both try move forward

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Re: I'm Trying!

Posted by imtrying25 - 06 Jan 2010 12:55

[7Up wrote on 06 Jan 2010 12:53:](#)

I know you were. You two really bonded the past few weeks, didnt you?

BH for phones and email and skype.

I know its not the same as an impromptu Sams Bagel.

But for his sake, lets both try move forward

And definitely not the same as a bar burger brunch!!

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Re: I'm Trying!

Posted by sci1977 - 06 Jan 2010 14:31

I am so glad you are having a better day. Remember to stay positive and we all are here to help!!! (That's the point of being here.) How is the plan going to tell or not tell your wife?

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Re: I'm Trying!

Posted by silentbattle - 06 Jan 2010 15:46

Hope your day is going well...we're all here for you, whether you're in the mood of it or not!

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Re: I'm Trying!

Posted by letakain - 06 Jan 2010 15:46

sorry i wasn't around yesterday. i wish you a FANTABULOUS DAY today! go chase the butterflies. or on the other hand, maybe just watch the butterflies from your rokin' chair!

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Re: I'm Trying!

Posted by imtrying25 - 06 Jan 2010 16:27

Thanks all for checking in. So far my day is going really good. Lets hope it stays this way. :D

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Re: I'm Trying!

Posted by TrYiNg - 06 Jan 2010 16:45

;D ;D ;D ;D ;D

Rock on!!!!!!!!!!!!!!

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Re: I'm Trying!

Posted by silentbattle - 06 Jan 2010 16:49

[TrYiNg wrote on 06 Jan 2010 16:45:](#)

;D ;D ;D ;D ;D

Rock on!!!!!!!!!!!!!!

Hashem Tzuri...

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Re: I'm Trying!

Posted by Eye.nonymous - 06 Jan 2010 19:53

[imtrying25 wrote on 06 Jan 2010 16:27:](#)

Thanks all for checking in. So far my day is going really good. Lets hope it stays this way. :D

That's great.

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Re: I'm Trying!

Posted by imtrying25 - 06 Jan 2010 22:08

Thanks y'all for cheering me on!! Had a pretty good day. Nothing that would even count as a slip but not as good as i would want it to be. Vehamavin yavin!

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Re: I'm Trying!

Posted by Dov - 06 Jan 2010 22:21

You deserve all the cheering in the galaxy, IT25! So *please* tell me you are doing more for your recovery than only sharing what you've got with others. We both need to be doing some kind of slightly annoying recovery work on a regular basis, to stay useful and sober. Not just the 12th step!

....at least that's what my sponsor always yells at me, the jerk..... ;D

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Re: I'm Trying!

Posted by imtrying25 - 06 Jan 2010 22:35

[dov wrote on 06 Jan 2010 22:21:](#)

You deserve all the cheering in the galaxy, IT25! So *please* tell me you are doing more for your recovery than only sharing what you've got with others. We both need to be doing some kind of slightly annoying recovery work on a regular basis, to stay useful and sober. Not just the 12th step!

....at least that's what my sponsor always yells at me, the jerk..... ;D

Rebbi your so right!! But i think this, which what you speak, is the real hard part. :-\ :-\

Please enlighten me Rebbi. I felt i need to put a slight distance between me and the actual acting out and then id be able to focus more on the recovery aspect. What do you think? What is **my** next step?? Please answer. I dont want to lose the little that i have!!

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Re: I'm Trying!

Posted by Dov - 06 Jan 2010 22:48

Keep dancing with your walker.

Keep encouraging others and trying to help.

Have a l'chayim.

Then consider going through the steps in a simple way.

If things are going well, I'd probably do nothing, as you must be doing *something* right! And you need not tell me nor anyone what ypu are choosing to do - it's completely private (until you bring someone in to help you).

But if *you* see that things are not so poshut and it seems to you that you need help to stay safe, work through the steps by all means, and find someone to help you do it.

See? Who needs to be pushy?

PS. If you *don't* take good care of yourself I'm going to lock you in a room with Rage, Henry Kissinger, and Obama and throw away the key!!!

(Just kidding....I'll keep the key.)

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