

I'm Trying!

Posted by imtrying25 - 14 Oct 2009 22:44

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i cant believe that i stumbled on this site!! This may be the greatest thing ever to happen to me!! Im really new to this site and i am somewhat confused it seems there is so much going on here. Is there someone i can talk ( email,chat etc.) to that can give me a basic rundown about this site?? Im what you call a "kollel yungerman" and imm suffering from a porn addiction for so many years. To say ive given up is an understatement!! Every time ive tried something else coame along and...BOOM! im sure you all can understand me. Im hoping that after all these years this might just be my salvation. Ive already signed up to 90 day chart but it seems there is so much more this site has to offer.

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Re: I'm Trying!

Posted by TrYiNg - 18 Nov 2009 22:17

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[imtrying25 wrote on 18 Nov 2009 13:12:](#)

***Hey Trying you always say how you wish you could dance in the rain. Well tis ones for you. And for everyone else out there. Its beautiful.***

**'Life isn't about how to survive the storm, But how to dance in the rain.**

I really needed a lift today.

Hope your day is great

Trying

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Re: I'm Trying!

Posted by yechidah - 18 Nov 2009 22:19

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Imtrying, I see what you mean

and that last one was special

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Re: I'm Trying!

Posted by Kedusha - 18 Nov 2009 22:40

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It would have been Kedai to join the forum just for these posts, Imtrying!

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Re: I'm Trying!

Posted by imtrying25 - 18 Nov 2009 23:10

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Thanks yechida for checking things out. Hope you enjoyed. And Kedusha thanx for the

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Re: I'm Trying!

Posted by imtrying25 - 18 Nov 2009 23:24

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READ THIS VERY

SLOWLY... IT'S PRETTY PROFOUND.

Too many people put

off something that brings them joy just because they

haven't thought about it, don't have it on

their schedule, didn't know it was coming or are

too rigid to depart from their routine.

I got to thinking

one day about all those people on the Titanic who passed

up dessert at dinner that fateful night in

an effort to cut back. From then on, I've

tried to be a little more flexible.

How many women out

there will eat at home because their husband didn't

suggest going out to dinner until after something had

been thawed? Does the word

'refrigeration' mean nothing to you?

How often have your

kids dropped in to talk and sat in silence while you watched

'Jeopardy' on television?

I cannot count the times I

called my sister and said, 'How about going to

lunch in a half hour?' She would

gas up and stammer, 'I can't. I have

clothes on the line. My hair is dirty. I

wish I had known yesterday, I had a late breakfast, It

looks like rain' And my personal favorite:

'It's Monday.' She died a few years ago.

We never did have lunch together.

Because we cram so

much into our lives, we tend to schedule our

headaches.. We live on a sparse diet of promises

we make to ourselves when all the conditions are perfect!

We'll go back and

visit the grandparents when we get Steve

toilet-trained. We'll entertain when we

replace the living-room carpet. We'll

go on a second honeymoon when we get two more kids

out of college.

Life has a way of

accelerating as we get older. The days get

shorter, and the list of promises to ourselves gets

longer. One morning, we awaken, and all we have to

show for our lives is a litany of 'I'm going

to,' 'I plan on,' and 'Someday, when

things are settled down a bit.'

When anyone calls my  
'seize the moment' friend, she is open to  
adventure and available for trips. She keeps an  
open mind on new ideas. Her enthusiasm for life is  
contagious. You talk with her for five minutes,  
and you're ready to trade your bad feet  
for a pair of Rollerblades and skip an elevator for  
a bungee cord.

My lips have not touched  
ice cream in 10 years. I love ice cream.  
It's just that I might as well apply it directly  
to my stomach with a spatula and eliminate the  
digestive process. The other day, I stopped the  
car and bought a triple-decker. If my car had  
hit an iceberg on the way home, I would have died  
happy.

Now...go on and have a  
nice day. Do something you WANT to...not  
something on your SHOULD DO list. If you were going to  
die soon and had only one phone call you could make, who  
would you call and what would you  
say? ;And why are you waiting?

Have you ever watched kids  
playing on a merry go round or listened to the rain  
lapping on the ground? Ever followed a  
butterfly's erratic flight or gazed at the sun into the  
fading night? Do you run through each day on the  
fly? When you ask 'How are you?'  
Do you hear the reply?

When the day is  
done, do you lie in your bed with the next hundred  
chores running through your head? Ever told  
your child, 'We'll do it tomorrow.' And in  
your haste, not see his sorrow? Ever lost touch?  
Let a good friendship die? Just call to say  
'Hi'?

When you worry and  
hurry through your day, it is like an unopened  
gift....Thrown away.... Life is not a race. Take it  
slower. Hear the music before the song is  
over.

'Life

may not be the party we hoped for... but while

we are here we might as well

dance!'

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Re: I'm Trying!

Posted by 7yipol - 19 Nov 2009 10:16

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You Tryers are great!

Imtrying; your recent posts around the forum have been amazing.

On target and insightful.

KUTGW!

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Re: I'm Trying!

Posted by imtrying25 - 19 Nov 2009 12:17

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Re: I'm Trying!

Posted by imtrying25 - 19 Nov 2009 22:09

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A lecturer, when explaining stress management to an

audience, raised a glass of water and asked, "how

heavy is this glass of water? "

Answers called out ranged from 20g to 500g.

The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case, it's the same weight, but the longer I hold it, the heavier it becomes. "

He continued, "And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden. "

"So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow. Whatever burdens you're carrying now, let them down for a moment if you can. Relax; pick



them up later after you've rested. Life is short.

Enjoy it!"

And then he shared some ways of dealing with the burdens of life:

\* Accept that some days you're the pigeon, and some days you're the statue.

\* Always keep your words soft and sweet, just in case you have to eat them.

\* Always read stuff that will make you look good if you die in the middle of it.

\* Drive carefully. It's not only cars that can be recalled by their maker.

\* If you can't be kind, at least have the decency to be vague.

\* If you lend someone \$20 and never see that person again, it was probably worth it.

\* It may be that your sole purpose in life is simply to serve as a warning to others.

\* Never buy a car you can't push.

\* Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.

\* Nobody cares if you can't dance well. Just get up and dance.

\* Since it's the early worm that gets eaten by the bird, sleep late.

\* The second mouse gets the cheese.

\* When everything's coming your way, you're in the wrong lane.

\* Birthdays are good for you. The more you have, the longer you live.

\* You may be only one person in the world, but you may also be the world to one person.

\* Some mistakes are too much fun to only make  
once.

\* We could learn a lot from crayons. Some are  
sharp, some are pretty and some are dull. Some have  
weird names, and all are different colors, but they  
all have to live in the same box.

\* A truly happy person is one who can enjoy the  
scenery on a detour.

Have an awesome day and a great week... and know  
that someone has thought about you today. . . . I did!

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Re: I'm Trying!  
Posted by struggla21 - 19 Nov 2009 22:59

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Thats a pretty cool analogy with the water. Thanks for sharing that!!

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Re: I'm Trying!  
Posted by imtrying25 - 20 Nov 2009 04:57

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Happy you enjoyed, struggla. Its why i post these things. I hope someone out thre will enjoy and

may even get some chizuk out of them. Keep up the "struggle"!

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Re: I'm Trying!

Posted by imtrying25 - 20 Nov 2009 10:32

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Hello everyone. I hope everyone helping at home getting ready for shabbos so they dont have

I have this problem that im looking if anyone can throw me some eitzos for. Its called **SHOPPING**. i hate shopping and every week my wife and i get into a foghi who should do it and..... **JUST JOKING JUST KIDDING!!** My problem with shopping is what i see when i go shopping. I just got back from getting a couple of final things for shabbos and there was so much there i didnt want to see. I thought the Y"H has winter too, but apparently he stays half dress even in the cold. I dont know what to do. my wife really works hard the whole week and i told her that ill take care of the shopping. So theres no way of getting out of it. But now that im in it what do ii do? And as i stay sober more i bothers me more. Now i really try hard not to look but it aint easy. Does anyone have an idea for me?? thanks. And good Shabbos.

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time to read my post.  
Re: I'm Trying!

Posted by jerusalemsexaddict - 20 Nov 2009 13:53

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dont u live in j-town?

just head to the nearest chareidi supermarket.

usually its not as bad.

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I'm trying

Posted by NOYA - 20 Nov 2009 19:33

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You the big bad man imtrying! Kick that yetzer hara outta town and have a great Shabbos!

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Re: I'm Trying!

Posted by imtrying25 - 21 Nov 2009 15:42

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[Uri wrote on 20 Nov 2009 13:53:](#)

dont u live in j-town?

just head to the nearest chareidi supermarket.

usually its not as bad.

Hey Uri im talking about the people in the supermarket. There must be alot of high schools around me or something cuz thers always girls around. I think theres a semi frum seminary around me too. They usually come to the stores and flirt with the workers. Weird if you ask me. ???

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