

mischaretani's climb to 90

Posted by mischaretani - 21 May 2014 16:04

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Hey everybody,

I'm new to GYE, and I figured it would be a good idea for me to open a thread to help me on my journey to 90.

I struggled with masturbation throughout high school, and on rare occasions I viewed pornography. But for the most part, masturbation was my problem. I quit pornography years ago, and was also clean from masturbating for a while. Until a few weeks ago I fell. Then I discovered GYE.

My wife knows about it, and she is extremely supportive and helpful. She is my daily inspiration, and I owe it to her that I am now at 25 days and counting!

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Re: mischaretani's climb to 90

Posted by Pidaini - 19 Jun 2014 05:27

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[mischaretani wrote:](#)

With 53 days behind me, I am noticing that the further away I am from lust, the more I am able to recognize Hashem

I love that!!!

Thanks for sharing!! I have similar experiences.

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Re: mischaretani's climb to 90

Posted by DanielTeshuva - 19 Jun 2014 08:48

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[MBJ wrote:](#)

50 days is great. Definitely don't get complacent, and whatever you do don't try to do any of your old behavior just to see if you are better than before, to check that you won't fall this time around, because you will fall.

Keep up the good work.

that's true, I have experienced that in the past. Don't believe any of the lies that the Yetzer Ha'ra tries to lure us with.

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Re: mischaretani's climb to 90  
Posted by lavi - 19 Jun 2014 08:52

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you are saying not to believe any lies from the yetzer hara. i don't think it is good to listen even to his truths!!

your friend lavi

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Re: mischaretani's climb to 90  
Posted by mischaretani - 24 Jun 2014 17:42

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Thank you Hashem for 59 days! And thank you GYE for this amazing website, and thank you fellow GYE members for your supportive posts!

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Re: mischaretani's climb to 90  
Posted by DanielTeshuva - 28 Jun 2014 18:17

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you are on the right track! I am very happy for you! May Hashem keep blessing you!

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Re: mischaretani's climb to 90

Posted by mischaretani - 07 Jul 2014 04:21

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I haven't posted in a while, but just wanted to let everybody know that I'm now at 72 days, B"H!

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Re: mischaretani's climb to 90

Posted by Pidaini - 07 Jul 2014 05:31

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Thanks for sharing!!

What are you doing to keep clean?

KOT!!

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Re: mischaretani's climb to 90

Posted by mischaretani - 08 Jul 2014 05:00

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Lately I haven't been doing anything specific. Just good filtering and lots of Torah and Mussar. And lots of thanks to Hashem for helping me, because I know that without Him I couldn't do it.

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Re: mischaretani's climb to 90

Posted by dd - 08 Jul 2014 20:29

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that pretty specific!!!

KUTGW!!!

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Re: mischaretani's climb to 90  
Posted by unanumun - 28 Jul 2014 01:43

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90 here we come. Keep up the good work.

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Re: mischaretani's climb to 90  
Posted by cordnoy - 28 Jul 2014 06:00

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A mazel tov to you!

You've coined it a climb and you have reached it.

Continue to climb, young fellow.

b'hatzlachah

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Re: mischaretani's climb to 90  
Posted by mischaretani - 04 Aug 2014 23:07

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Sorry I haven't been keeping you guys updated. I don't go online as often during the summer. But I decided to check in and post today, as well as update my 90(+) day chart.

B"H I have made it to 90 and beyond. Today is 100!

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Re: mischaretani's climb to 90

Posted by gibbor120 - 04 Aug 2014 23:57

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MAZAL TOV!

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Re: mischaretani's climb to 90

Posted by mischaretani - 29 Sep 2014 23:19

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Thank you Hashem for all of your help! Today is 156

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