

mischaretani's climb to 90

Posted by mischaretani - 21 May 2014 16:04

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Hey everybody,

I'm new to GYE, and I figured it would be a good idea for me to open a thread to help me on my journey to 90.

I struggled with masturbation throughout high school, and on rare occasions I viewed pornography. But for the most part, masturbation was my problem. I quit pornography years ago, and was also clean from masturbating for a while. Until a few weeks ago I fell. Then I discovered GYE.

My wife knows about it, and she is extremely supportive and helpful. She is my daily inspiration, and I owe it to her that I am now at 25 days and counting!

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Re: mischaretani's climb to 90

Posted by MayanHamisgaber - 01 May 2017 14:44

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Welcome back

Should we go to the beginning of the thread to hear your story or can you post it again...

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Re: mischaretani's climb to 90

Posted by Markz - 01 May 2017 14:50

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[mischaretani wrote on 01 May 2017 14:37:](#)

Back to day 1:confused:.

I haven't been here for a long time, but I think it will be good for me to return.

Welcome back brother

Actually "day one" isn't a day back, it's the way forward. Stay with it tommorow too ;-)

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Re: mischaretani's climb to 90

Posted by yiraishamaim - 01 May 2017 15:05

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Welcome Home.

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Re: mischaretani's climb to 90

Posted by Shivisi\_Hashem - 01 May 2017 16:28

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Thats one of your best decisions you had made in your life, Chazak Vamatz

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Re: mischaretani's climb to 90

Posted by mischaretani - 02 May 2017 14:02

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[mischaretani wrote on 21 May 2014 16:04:](#)

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I struggled with masturbation throughout high school, and on rare occasions I viewed pornography. But for the most part, masturbation was my problem. I quit pornography years ago, and was also clean from masturbating for a while. Until a few weeks ago I fell. Then I discovered GYE.

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So that's my story as I posted it when I first joined GYE. Since then I had a long clean stretch, but I slipped up after our second child was born. After the first time my wife went to the mikvah giving birth, we had a long and enjoyable, but we're now in her first niddah cycle and I need to get used to going 12 days without her touch again.

Last night was pretty good, but this morning I was very aroused - got myself under control but not before intentionally making myself hard. Does that count as a fall?

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Re: mischaretani's climb to 90

Posted by Chaimel - 03 May 2017 03:52

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Welcome back and thanks for posting!

i don't know in regard to GYE but in my book I call that a slip but not an actual fall. May this be the beginning many more clean happy healthy days iyh!!!!

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Re: mischaretani's climb to 90

Posted by Singularity - 03 May 2017 08:04

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Welcome back! Keep it up!!

Depends on where you see yourself, if you consider it something on your level to refrain from.

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Re: mischaretani's climb to 90

Posted by mischaretani - 03 May 2017 15:44

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Had a fall this morning.

Wife is in niddah and I could really use a hug from her right now.

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Re: mischaretani's climb to 90

Posted by MayanHamisgaber - 03 May 2017 19:02

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Love the honesty

To quote one of yesteryears greats Fell Shmell I will get up and continue trucking vieter

KOTNMW

And do not forget HASHEM LOVES YOU

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Re: mischaretani's climb to 90

Posted by MayanHamisgaber - 03 May 2017 19:51

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And another quote from someone answering that great one after a fall

[Yosef Hatzadik wrote on 08 Mar 2010 17:10:](#)

*Asher nassi yecheta, ashrei l'hador asher hanassi choteh umevi korban*, We are lucky to have someone with your attitude as our REBBE!

*V'chol beis yisroel yivku ess hasreifoh asher saref* (Think: Noorah Bei Amram), after reading your post I cried, *Hen b'kodoshov lo ya'amin*, what can the little ones like us hope for?

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