

again !

Posted by aaron73 - 15 May 2014 08:17

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wanna die, I dont want to keep doing this!!

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Re: again !

Posted by shivisi - 15 May 2014 08:31

I put all my strenght and lasted 8 days clean...but today I fell back into pornography and drugs

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[aaron73 wrote:](#)

wanna die, I dont want to keep doing this!!

HEY YOU FINALLY JUST STARTED LIVING!

and you already want it to end??

wouldn't that be a big big waste???

You lived 8 wonderful days already! get up and give yurself more of that!!

who cares if u took a break, just KEEP GOING!

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Re: again !

I put all my strenght and lasted 8 days clean...but today I fell back into pornography and drugs

Posted by dd - 15 May 2014 09:30

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hi aaron!!!

sounds like its not easy on your end, i feel bad,

but the good news is many guys have felt this way and even worse and today they are living real life and enjoying it, so never give up hang around and learn what works for you, try to get to know some guys here thats a huge help,

keep in touch and be happy there is help and its on its way!!!

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Re: again !

Posted by MBJ - 15 May 2014 10:24

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Have you met with anyone about your problems? An NA group? A therapist? I think that you have to get out there and find some help other than this anonymous forum. You already wrote you almost died. Please go seek help before you go down that road again, G-d forbid.

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Re: again !

Posted by cordnoy - 15 May 2014 19:17

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Welcome again, but as MBJ said, "This forum should not be your only step."

You can let us know if you need assistance findin' a counselor for the drug issues.

Some of us have experience in that.

b'hatzlachah

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Re: again !

Posted by gibbor120 - 15 May 2014 20:12

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I really feel for you. Please, please get the help you need. You can live a wonderful fulfilling life, but you need help badly. The moment of despair is also the moment that can motivate you to do whatever it takes to turn your life around.

Hatzlacha Rabbah! Keep us posted.

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Re: again !

Posted by aaron73 - 16 May 2014 02:31

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Thanks everyone for your messages! ... I'm up again and I want to keep on fighting, I definitely need more help so I'm looking for it .... I'm kind of discovering some of my triggers and what ... If anyone could give me some advise to add to the fight against drugs would be awesome

Thanks again guys, you all are a really good help for me

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Re: again !

Posted by dd - 19 May 2014 09:49

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hi aaron!!!

as mentioned above by all the fellow members seek help, the site is a great place but i don't think it can really help you with such severe issues,

please don't let the y"h tell you your doing something about it by coming to the site,

kol tuv, keep us posted, KOMT!!!!

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Re: again !

Posted by aaron73 - 22 May 2014 06:45

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Hello!

Since the last fall I've been putting more into the fight, and I've been feeling better, like a lot much better...I know is an every day fight, but now I'm trying to live every day enjoying life, away

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Re: again !

Posted by dd - 24 May 2014 23:59

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great aaron!!!

keep up the good work!!!!

maybe share with us what your doing to put more into the fight,

from drugs and lust ... I'ts been hard but I've been clean for 7 days

we can all learn from each other,

Shalom! I hope you all are doing well

KOMT!!!!

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