

MISGABER? or perhaps not yet.....

Posted by misgaber41 - 18 Feb 2014 23:16

So here is how it goes.

BUT !

When I was all of 9 years old, I had a class mate who came from a wealthy family always had more than he needed, his father a very very generous person always gave him extra to share with others, and share he did , but it came with a price tag! he would bribe me to go to the bathroom for a minute in middle of class let him... and he would reward me with whatever he had that day. obviously this didn't happen to often but occasionally this did, without any body knowing of anything!

Now I am not looking to blame anybody for my shortcomings but myself, I should of known better then to go along with this, But... this is the sad reality.

After Bar mitzvah we split up in 2 different Yeshivos, but naturally I was left with a dent and as a result I would have fantasies of all sorts did not have a clear head for a day, but I learned in a very respected Yeshiva was very careful to keep my dignity, made sure to act and talk properly, but inside myself lied a very big secret, many times was I anxious to go talk to a mashgiach about my problem, but my self respect shame and being afraid of revealing my secret kept me back of doing so. I would never drink a ounce on Purim being afraid of letting loose, and maybe I will say something!

So I lived that double life having a name as a TOP BOY and deep down I knew that I was a BOTTOM BOY!

Then came the big blow when I took a office job like 3 years ago and got access to a computer all day long... more need to be said? I found out and filled in all that I have been missing all along after a short while I went from bad to worse My wife kept on asking me what's the matter but of course after so many years of doing this I am quit a good actor and managed to fool her too.

After a while of this behavior and after a deep fall I decided to follow a link from GYE and see

what they have to offer, I didn't sign up the first time cuz I cant unveil my secret but after a few times and realizing that I cant fool MYSELF any longer I gave it a try.

So like 4 months ago I had the privilege of joining this holy community and signed up counting 90 days, chatted a lot, read the forum a lot, and even made some close friends which I speak often on the phone, but I still had convicted myself that I am not as bad as the others here I don't need to open up to the public I am strong enough to keep a low profile and still be MISGABER, oh was I wrong! it helped me for a short time but not a long term solution! I reached 83 days once and then like 28 days but yesterday IO had a big blow!

So after consulting with my dear GYE friends I decided to go public and start counting my 90 days openly and hopefully with the koach harabim I will make it to 120 Years!

thanking you in advance for helping me be MISGABER.

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Re: MISGABER? or perhaps not yet.....

Posted by misgaber41 - 24 Apr 2014 22:23

[Pidaini wrote:](#)

I can't wait for the day when my tisch will be so big that even a giraffe will need to stand on parenches.....

Whom do expect to see by a eagle's tisch, people???

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Re: MISGABER? or perhaps not yet.....

Posted by misgaber41 - 24 Apr 2014 22:35

Ok so let me update, Yom Tov was BH beautiful, Chol Hamoed tends to be difficult but we bh managed to stay sober. Actually 1 night Chol Hamoed I had a strong desire to spend time on the

web, I sat into my car to go over to my office, on the way I phoned 1 of GYE guys I know he managed to calm me down, By the time I got to my office I only read the GYE emails and left. It was the first time I called a person to say HELLO I'M GOING TO FALL! I was happy to see how well it worked! The rest of YT went easy.

Last night in bed I was attacked again by my desire to lust, I twisted and turned in bed a while till I fell asleep.

This morning sitting by my computer that desire returned, I ended up going on youtube watched some stuff but no porn or anything like that. Hope the story ends here.....

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Re: MISGABER? or perhaps not yet.....

Posted by Pidaini - 25 Apr 2014 01:10

Way to go!!!

Cordnoy's gonna be on your tail for "hoping". Keep in touch with people, *before* it gets too bad, I'm speaking from experience!!

KOMT brother!!!

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Re: MISGABER? or perhaps not yet.....

Posted by cordnoy - 26 Apr 2014 01:29

Yep!

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Re: MISGABER? or perhaps not yet.....

Posted by misgaber41 - 01 May 2014 23:40

So its a week since I sent out my s.o.s. message, what happened since then? lets see.

To be honest, for 4/5 days it was a constant fire battle, I was literally fighting my desire hands on. I went onto youtube (my filter is broken, I called a technician) numerous times heading to ..., once there I watched some Yiddish thing for a minute and logged off, this practice repeated itself many many times over the course of 5 days, with the constant help and support of our devoted members I was able to pull out.

THANKS TONS TO ALL OF YOU!!!

Now I know that I promised to do so a few months ago, but yesterday I finally joined a early morning Kollel which I feel will help me with this problem in 2 ways. First of all chazal teach us that if the YH attacks you go into a Beis hamedrash. Second: needing to get up at 6 doesn't give me much time to fool around at night. Third: doing whats right and using your time productively gives you satisfaction and raises your spirits, so that should sto you from looking for (imaginary) satisfaction.

So here I am 42 days in the last game and counting....

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Re: MISGABER? or perhaps not yet.....

Posted by Machshovo Tova - 02 May 2014 01:19

[misgaber41 wrote:](#)

...So here I am 42 days in the last game and counting....

Beautiful! Keep going!

Suggestion: Change your name today to misgaber42, and hopefully you'll keep changing it 'one

Hatzlacha

MT
day at a time'

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Re: MISGABER? or perhaps not yet.....
Posted by Fightingaddictionnow - 02 May 2014 02:07

Hey Misgaber - and other holy jews!

Reading thru this forum has helped me!

Just having a difficult evening. B'H not about to fall so not posting there but could use some chizuk asap. Just got ready 4 bed - a month ago i would be masturbating right now. But i

Just anyone - bit of chizuk, advice - I can't slip!!!

S.

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Re: MISGABER? or perhaps not yet.....
Posted by TehillimZugger - 02 May 2014 02:11

Does the kollel accept bachurim too?

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Re: MISGABER? or perhaps not yet.....

Posted by misgaber41 - 08 May 2014 00:12

So guys its another week and..... Im still holding on YAY!

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Re: MISGABER? or perhaps not yet.....

Posted by dms1234 - 08 May 2014 00:17

misgaber41

So guys its another week and..... Im still holding on YAY!

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Re: MISGABER? or perhaps not yet.....

Posted by Machshovo Tova - 08 May 2014 00:58

[misgaber41 wrote:](#)

So guys its another week and..... Im still holding on YAY!

What color are your knuckles?

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 08 May 2014 01:27

seems that my earlier post wasn't clear. so ok, Its another week that I BH managed to stay clean. BH this week was much easier than the other week. I was very concentrated on having a productive schedule which helped me stay focused and stay away from trouble. The fight is not over but Im in it to win it!

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Re: MISGABER? or perhaps not yet.....
Posted by dms1234 - 08 May 2014 05:55

Thats better but still....

misgaber41 The fight is not over but Im in it to win it!

You're here to win?

Warning: Spoiler!

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Re: MISGABER? or perhaps not yet.....

Posted by shivisi - 08 May 2014 10:25

[dms1234 wrote:](#)

Thats better but still....

misgaber41 The fight is not over but Im in it to win it!

You're here to win?

Warning: Spoiler!

MISGABER - I say YOU ALREADY WON!

Every hisgabrus is a win!!

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