

MISGABER? or perhaps not yet.....

Posted by misgaber41 - 18 Feb 2014 23:16

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So here is how it goes.

**BUT !**

When I was all of 9 years old, I had a class mate who came from a wealthy family always had more than he needed, his father a very very generous person always gave him extra to share with others, and share he did , but it came with a price tag! he would bribe me to go to the bathroom for a minute in middle of class let him... and he would reward me with whatever he had that day. obviously this didn't happen to often but occasionally this did, without any body knowing of anything!

Now I am not looking to blame anybody for my shortcomings but myself, I should of known better then to go along with this, But... this is the sad reality.

After Bar mitzvah we split up in 2 different Yeshivos, but naturally I was left with a dent and as a result I would have fantasies of all sorts did not have a clear head for a day, but I learned in a very respected Yeshiva was very careful to keep my dignity, made sure to act and talk properly, but inside myself lied a very big secret, many times was I anxious to go talk to a mashgiach about my problem, but my self respect shame and being afraid of revealing my secret kept me back of doing so. I would never drink a ounce on Purim being afraid of letting loose, and maybe I will say something!

So I lived that double life having a name as a TOP BOY and deep down I knew that I was a BOTTOM BOY!

Then came the big blow when I took a office job like 3 years ago and got access to a computer all day long... more need to be said? I found out and filled in all that I have been missing all along after a short while I went from bad to worse My wife kept on asking me what's the matter but of course after so many years of doing this I am quit a good actor and managed to fool her too.

After a while of this behavior and after a deep fall I decided to follow a link from GYE and see

what they have to offer, I didn't sign up the first time cuz I cant unveil my secret but after a few times and realizing that I cant fool MYSELF any longer I gave it a try.

So like 4 months ago I had the privilege of joining this holy community and signed up counting 90 days, chatted a lot, read the forum a lot, and even made some close friends which I speak often on the phone, but I still had convicted myself that I am not as bad as the others here I don't need to open up to the public I am strong enough to keep a low profile and still be MISGABER, oh was I wrong! it helped me for a short time but not a long term solution! I reached 83 days once and then like 28 days but yesterday IO had a big blow!

So after consulting with my dear GYE friends I decided to go public and start counting my 90 days openly and hopefully with the koach harabim I will make it to 120 Years!

thanking you in advance for helping me be MISGABER.

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Re: MISGABER? or perhaps not yet.....  
Posted by Pidaini - 26 Mar 2014 06:21

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Thanks for sharing!!

just a tip, from experience, *you* probably won't remember to apply that lesson in the future....and certainly not only when needed.

I need friends, and to remember it when it's not *needed* yet in order for it to make some difference in life.

KOMT brother!!!

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Re: MISGABER? or perhaps not yet.....

Posted by misgaber41 - 01 Apr 2014 20:00

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OK so let me update the olom maybe some nice guy will have some good advise.

So it has been some 2 weeks or so things were really nice, my shmiras einyim was better then ever before kept my eyes focused, in a nut shell things were looking and feeling good for a change.

Then last night I entered my bedroom at midnight I was very tired. My eye was caught by my wife who was long asleep and somehow got partially uncovered, for a short few seconds my mind started wondering off. I quickly refocused my attention and moved on.

As I lay in bed I was attacked by the YH he started putting me on the guilt trip, along with self pity, for all that has happened in the last 25 years, if only I wouldn't be made into another persons object of pleasure back then how much better life would of been. You are 33 Years old and you are busy with things that make no sense, what would you do if chas vsholom a child of yours would say anything much less then you as an adult is busy with... This went on till 2 a.m. at 5:45 I was woken by my son and was it.

That's were I am right now **compliments, criticism, suggestions, ideas are wellcome**

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Re: MISGABER? or perhaps not yet.....

Posted by cordnoy - 01 Apr 2014 20:05

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it sounds familiar...very much so.

im years older than you.

just happened to me recently as well, except I did not allow that stayin' awake and y"h to getta hold of me bit.

not that im stronger...its just that I know what rock bottom feels like.....twice as a matter of fact.

lettin' those thoughts in...good, bad, indifferent, whatever....will go nowhere you want it to go, and it will go there fast.

b'hatzlachah

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Re: MISGABER? or perhaps not yet.....  
Posted by gibbor120 - 01 Apr 2014 20:10

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Forget the past. It will only drag you down. Do what you need to do NOW! You are on the right track. KOT bro!

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Re: MISGABER? or perhaps not yet.....  
Posted by Machshovo Tova - 01 Apr 2014 20:45

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Intersting, interesting. I'm even older. But nevertheless, I totally relate. I also had a good 2 weeks or so (I had a bad Purim). Lately B"H my eyes and thought are focused the right way. But the YH came up with a new one. I went this morning to visit a sick relative - a young woman who underwent some serious medical procedure. I had no foul intentions. Pure mitzva of bikkur cholim. But her image stuck in my mind. The YH keeps reminding me, "Oy nebach. What a sweet young woman, suffering so..." After a while I started realizing that these thoughts are "not kosher". Just another cheap trick. So be"H I need to just stay on track and be aware of my perceptions and motives.

One one hand, Chazal instruct us not to be a foolish Hasid who ignores a woman in distress. But on the other hand, we must not be a sly Rasha who uses the opportunity to satisfy his lust.

May Hashem guide us in the straight path.

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Re: MISGABER? or perhaps not yet.....  
Posted by TehillimZugger - 01 Apr 2014 22:15

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Shayfalu!

Feel better [I'm talking to Misgaber- Not to MT's relative]

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Re: MISGABER? or perhaps not yet.....  
Posted by unanumun - 02 Apr 2014 00:17

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misgaber , unless i misunderstood, even though you were down, you didn't fall. major compliments for that.

i am sure it is hard to move on from what you experienced. but perhaps you can try to find some good that came out of that will give you some sort of closure.

for example i am starting to see for myself that even though i didn't see porn for years i still had a m\*\*\* problem that i never really dealt with. by falling into the p\*\*\* it is finally giving me the opportunity and the need to deal with everything face on. i know that once i become more consistently clean i will have become all the better.

Perhaps your experiences have made you more focused on shmiras eynayim than the average joe for example. while not everybody may be led to lust and acting out based on what they see, it is assur in its own right just the same.(and is metamey the neshama even without acting out) while this not be the time to focus on the halachic aspect or the yiras shamayim aspect, if you pull through this you might end up being more of a kodosh then the hamon am and perhaps it is all worth it to be forced to conquer this big mitzvah.

while Yosef hatzadik didn't succumb to eshes potifar, had he not has the nesayon he wouldn't have become yosef hatzadik. we may fall unlike Yosef himself but if at the end we get to a matzav that we don't fall anymore, then that can be the biggest matana from hashem.

sheva yipol tzadik ve-kom. the getting up makes him the tzaddik. all the others fall once and stay down.

just some food for thought

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Re: MISGABER? or perhaps not yet.....  
Posted by dms1234 - 02 Apr 2014 03:27

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Yea did you fall? I don't think so!!!! Why are you down then? I don't think we can exsept the fantasies to go away so quickly. It will take time. Just try to change the topic and think of something else.

KOT!!!!

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Re: MISGABER? or perhaps not yet.....  
Posted by Pidaini - 02 Apr 2014 06:00

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Been there, done that....It's a powerful thought for me, my rebbe even agreed with me that I am probably considered an oneis for the decisions that I made when I was a little kid.

That actually helped realize.....It's not me, this is what Hashem wants from me, and I can deal with it with as much gusto as I (sometimes) deal with a Friday Night kiddush!! I also realized then that the gusto of the Friday Night Kiddush wasn't totally L'shem Shamayim because if it was then I wouldn't have such a hard time accepting the fact that this is (obviously) my tachlis here, right now.

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"Goyim ask "why"" (originally posted by MendelZ)

A Yid can answer "because that's what Hashem wants from me now!!"

KOT brother!!! You're not the only one!!

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Re: MISGABER? or perhaps not yet.....  
Posted by TehillimZugger - 02 Apr 2014 23:08

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Yeah, Yankel, When am I invited over for a Friday night Kiddush?

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Re: MISGABER? or perhaps not yet.....  
Posted by dd - 03 Apr 2014 05:00

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hey TZ!

you could join yankels kiddush on chat, didn't he say he's trying to things like gye just as exciting as kiddush,

kiddush we start with ??? ????? but gye we learn to live one day at a time so all we say is ????

with the excitment as kiddush.

so enjoy the great kiddush club!!!

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Re: MISGABER? or perhaps not yet.....  
Posted by ZemirosShabbos - 03 Apr 2014 18:25

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save me a spot on the parenches for yankel's kiddush too, please

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Re: MISGABER? or perhaps not yet.....

Posted by misgaber41 - 03 Apr 2014 22:26

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Thank You all for your constant support!

To those who asked if I fell, NO BH this time with the help of you all I was strong enough not to fall. It was just a bad feeling which in the past lead to a fall.

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Re: MISGABER? or perhaps not yet.....

Posted by Pidaini - 04 Apr 2014 00:39

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I can't wait for the day when my tisch will be so big that even a giraffe will need to stand on parenches.....

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