

MISGABER? or perhaps not yet.....

Posted by misgaber41 - 18 Feb 2014 23:16

So here is how it goes.

BUT !

When I was all of 9 years old, I had a class mate who came from a wealthy family always had more than he needed, his father a very very generous person always gave him extra to share with others, and share he did , but it came with a price tag! he would bribe me to go to the bathroom for a minute in middle of class let him... and he would reward me with whatever he had that day. obviously this didn't happen to often but occasionally this did, without any body knowing of anything!

Now I am not looking to blame anybody for my shortcomings but myself, I should of known better then to go along with this, But... this is the sad reality.

After Bar mitzvah we split up in 2 different Yeshivos, but naturally I was left with a dent and as a result I would have fantasies of all sorts did not have a clear head for a day, but I learned in a very respected Yeshiva was very careful to keep my dignity, made sure to act and talk properly, but inside myself lied a very big secret, many times was I anxious to go talk to a mashgiach about my problem, but my self respect shame and being afraid of revealing my secret kept me back of doing so. I would never drink a ounce on Purim being afraid of letting loose, and maybe I will say something!

So I lived that double life having a name as a TOP BOY and deep down I knew that I was a BOTTOM BOY!

Then came the big blow when I took a office job like 3 years ago and got access to a computer all day long... more need to be said? I found out and filled in all that I have been missing all along after a short while I went from bad to worse My wife kept on asking me what's the matter but of course after so many years of doing this I am quit a good actor and managed to fool her too.

After a while of this behavior and after a deep fall I decided to follow a link from GYE and see

what they have to offer, I didn't sign up the first time cuz I cant unveil my secret but after a few times and realizing that I cant fool MYSELF any longer I gave it a try.

So like 4 months ago I had the privilege of joining this holy community and signed up counting 90 days, chatted a lot, read the forum a lot, and even made some close friends which I speak often on the phone, but I still had convicted myself that I am not as bad as the others here I don't need to open up to the public I am strong enough to keep a low profile and still be MISGABER, oh was I wrong! it helped me for a short time but not a long term solution! I reached 83 days once and then like 28 days but yesterday IO had a big blow!

So after consulting with my dear GYE friends I decided to go public and start counting my 90 days openly and hopefully with the koach harabim I will make it to 120 Years!

thanking you in advance for helping me be MISGABER.

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Re: MISGABER? or perhaps not yet.....
Posted by dd - 23 Feb 2014 00:07

pidaini is more then the man he's king of the site.

p.s. you got a big following KUTGW

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 24 Feb 2014 00:06

Ok, so its day 6 and Shabbos passed so let me update the chevra.

Shabbos passed beautifully B"H, I had a interesting experience this Shabbos and then saw a

nice vort I would like to share.

As I was walking into Shul Friay night the gabbai of the shul came over to me and asked me to daven for the amud 15 seconds later I found myself standing there with the talis on my head, standing there a thought went through my head (there goes my kavonah) hay it has been a very very long time (like 6 years) since the last time he convinced me to go over on Shabbos! no matter how many times I was pushed and begged, I would keep on saying I'm not in the mood I don't feel up to it, what happened all of a sudden?

The answer was not slow to follow, as I sat back down on my seat after davening I took a parsha pamphlet that was laying on the table, over there I saw a vort that the Chudushai Harim (today is his yurtzeit) heard from his rebbe The Reb Bunim of Pershuscha ZY"a who said it over from Reb Moshe Leib of Sasiv Zy"a.

In the tochacha the torah tells us that all the punishments come as result of lack of simcha - happiness, ??? ??? ?? ??? ?' ????, so many ask the question due to lack of simcha we should experience such punishments?

So Reb moshe leib Zy"a answered that the explanation is as follows, the punishments don't come for lack of simcha, they come for big sins that we perform, but we come to commit these sins due to lack of simcha!

So this provided me with some understanding, cuz we need to understand that this goes in both directions, being busy with inappropriate behavior also causes sadness which aggregates you and brings you to do even worse sins. Those were my thoughts at the moment and I share them here so it might be able to help someone out there.

The rest of the Shabbos went through very calm looking forward for another sober week, IYH.

Thanks again to everybody for their support!!!

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 24 Feb 2014 00:13

1 more thing I need to say, I didn't expect my compliment to Pidaini to spark such a reaction so I wasn't careful not to omit other devoted members. is stand in constant contact with some very nice devoted members who I also need to thank but will stop here out of fear not to miss anybody again.

THANK YOU GYE, AND THANK YOU TO ALL MEMBERS!!!!

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Re: MISGABER? or perhaps not yet.....
Posted by dms1234 - 24 Feb 2014 01:32

Good work!!! Keep it up! Happiness is very important. No matter what happens: happiness is the key!

and Thank you!!!

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 27 Feb 2014 03:50

Ok guys sorry for not keeping you updated but things at work were/are busy this week which is an artificial way for me to stay away from trouble, didn't have much time for reading the great material GYE has to offer, but BH so far so good its like 10 days now without any slips.

Thanks to all of you for your support and help!

Misgaber (hopefully)

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Re: MISGABER? or perhaps not yet.....
Posted by dms1234 - 28 Feb 2014 04:19

Wahoo!!! busy is good. Keeep on going!!!

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 03 Mar 2014 01:03

I would like to keep on posting/updating even when things are calm as the opening seems to be helpful.

So Shabbos went through uneventful things were nice and calm (well isn't that what we expect after 2 clean weeks) I read through the first step of the GYE handbook and started a shiur in sefer Hatanya and am seriously thinking of joining a early morning kollel, otherwise there isn't much going on.

Thanks to everyone for your support!

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Re: MISGABER? or perhaps not yet.....
Posted by ddm11219 - 03 Mar 2014 02:26

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Re: MISGABER? or perhaps not yet.....
Posted by trymyrealbest - 05 Mar 2014 22:13

[misgaber41 wrote:](#)

and am seriously thinking of joining a early morning kollel, otherwise there isn't much going on.

Oh, great i was looking for a ??? ?????, please contact me.

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Re: MISGABER? or perhaps not yet.....
Posted by dms1234 - 05 Mar 2014 23:38

Incredible!!!! Keep it up. One day at a time!

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 10 Mar 2014 02:38

So if anybody is still interested this is the story, I just updated my 90 day count to know what to write, it day 19 WOW WOW (YES I WAS ALLREADY UP TO 84, but... now this is where we are up to) the last few days have been very busy which is great cuz being busy keeps me away from getting busy... (as a principal once said to a teacher.. keep them busy so they don't keep you busy) which in a way is good but on the other hand caused me not to WORK on getting

better which lead me to the current feeling where I am over tired /overworked didn't do any positive work on staying sober so I have this funny feeling of insecurity, hoping that expressing it in public will help me pull through.

Thanks again to all the chevrah for your support!!

hopefully - MISGABER

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Re: MISGABER? or perhaps not yet.....
Posted by yehoshua - 10 Mar 2014 16:03

Being tired gets me too. Something gives me strength in those moments and it is the truth that life is hard. Life is hard. Yes, life is hard. It is not easy. If you can accept that, i believe u can move on from that and bite yourself to the next level...

The next level.... You said what the next level is and i think u are spot on, it's simcha. Being thankful.

So thank you!!!

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 11 Mar 2014 19:17

Congratulations on TODAY!!! YUPI!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

I heard this yesterday from Reb Meilich Biderman it gave me a lot of chizuk so why not post it for others to enjoy!

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So he answered that the gemorah in kedushin sais that we cant teach the secrets of the SHEM HAMIFORISH only to very righteous people cuz with the shem one could build or destroy the entire world.

The kohen Godol on yom kiper said the Shem in the kodshai hakodoshim. Having said that Reb Yehudah hachosid gives this as the reason to why the torah doesn't allow him to marry a widow because we are afraid that maybe he will see pretty women and he will say the Shem to kill her husband so that he could marry her.

Rabbi Biderman finished: This is absolutely mind boggling we are afraid that the Kohen Gödel will have such thoughts?

The answer is that the bigger a person is the stronger the nisyonos that he is given to deal with are!!!

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Re: MISGABER? or perhaps not yet.....
Posted by misgaber41 - 20 Mar 2014 06:41

yes i just fell details to follow when I clear my mind

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