

Blessed's fight

Posted by helpless - 12 Oct 2009 14:21

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I am hesitant to start a thread for myself for various reasons but I think I might be at the point where I can do this.

After a couple of false starts I have now been clean for a week. It has been years since I have gone this long. Finding GYE has the potential be a life-saver for me. I say potential, because I am in no way cured. I am addicted and every day I have to fight many times to not go to the sites I used to go to almost every day. As most of you know, it is very easy to fall. I am at a computer now and can close this screen and be at a different site in less than five seconds. (there are many ways to find what I need even with a filter)

I have been addicted for many years and my wife and kids deserve to get me back. I am pretty close to the bottom and need to get my life back.

What is amazing is that in less than a week I have noticed a pickup in my davening. Today is another fight and I am clearly suffering withdrawal. I have started talking to a therapist and am hopeful that will help me.

I have also found an accountability partner which is extremely helpful.

I am going to try and post here to keep me going. Those that have beat this addiction are role models for me. No one else can understand how difficult this is.

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Re: Blessed's fight

Posted by silentbattle - 20 Jan 2010 18:49

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Hey...hope you're doing OK - just started reading your thread - rock on!

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Re: Blessed's fight

Posted by Kollel Guy - 21 Jan 2010 00:53

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Yeah, are you keeping up here?

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