

Day 20.

Posted by R76 - 21 Oct 2013 03:58

---

Not that hard. I hope I can keep motivation.

The main obstacles are loneliness and depression.

=====  
=====

Re: Day 20.

Posted by R76 - 22 Oct 2013 21:16

---

day 22

=====  
=====

Re: Day 20.

Posted by R76 - 24 Oct 2013 23:10

---

Yesterday was a superstressful day. Nevertheless, today is day 24. I hope to keep my motivation.

=====  
=====

Re: Day 20.

Posted by R76 - 27 Oct 2013 03:51

---

Day 26 -- I hope I can keep motivation.

=====  
=====

Re: Day 20.

Posted by ddm11219 - 27 Oct 2013 19:42

---

WOW WOW WOW

keep it up

=====

Re: Day 20.

Posted by R76 - 29 Oct 2013 23:28

---

Day 29 -- I was extremely depressed, but still.

=====

Re: Day 20.

Posted by Gevura Shebyesod - 29 Oct 2013 23:35

---

KUTGW!

=====

Re: Day 20.

Posted by ddmm11219 - 29 Oct 2013 23:37

---

?????? ??? ???? ???? ???

Keep it Up Holy Brother

=====

Re: Day 20.

Posted by R76 - 29 Oct 2013 23:40

---

Thank you very much. I have been without any magazines and m. and even not thought on that subject for 29 days.

If I am really addicted to anything that is political forums and arguments. That is not sexual, but it still takes time/energy away from Torah.

=====

Re: Day 20.

Posted by R76 - 01 Nov 2013 00:07

---

My supply of Valerian and Licorice Root tablets is short -- a troubling sign.

=====

Re: Day 20.

Posted by R76 - 08 Nov 2013 03:57

---

Day 37.

=====

Re: Day 20.

Posted by Gevura Shebyesod - 08 Nov 2013 05:03

---

[R76 wrote:](#)

Day 37.

=====

Re: Day 20.

Posted by R76 - 12 Nov 2013 05:31

---

Day 41 -- I hope I do not lose my will to continue. I have been very depressed lately.

=====  
=====

Re: Day 20.

Posted by R76 - 17 Nov 2013 06:19

---

Day 46 -- feel much better now.

=====  
=====

Re: Day 20.

Posted by R76 - 23 Nov 2013 00:00

---

Day 52. Now the drawer in my table in which I had inappropriate magazines contains Valerian and Licorice Root extract. Lots of energy I lost to that is now liberated.

=====  
=====