

Day 20.

Posted by R76 - 21 Oct 2013 03:58

Not that hard. I hope I can keep motivation.

The main obstacles are loneliness and depression.

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Re: Day 20.

Posted by R76 - 22 Oct 2013 21:16

day 22

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Re: Day 20.

Posted by R76 - 24 Oct 2013 23:10

Yesterday was a superstressful day. Nevertheless, today is day 24. I hope to keep my motivation.

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Re: Day 20.

Posted by R76 - 27 Oct 2013 03:51

Day 26 -- I hope I can keep motivation.

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Re: Day 20.

Posted by ddm11219 - 27 Oct 2013 19:42

WOW WOW WOW

keep it up

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Re: Day 20.

Posted by R76 - 29 Oct 2013 23:28

Day 29 -- I was extremely depressed, but still.

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Re: Day 20.

Posted by Gevura Shebyesod - 29 Oct 2013 23:35

KUTGW!

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Re: Day 20.

Posted by ddmm11219 - 29 Oct 2013 23:37

?????? ??? ???? ???? ???

Keep it Up Holy Brother

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Re: Day 20.

Posted by R76 - 29 Oct 2013 23:40

Thank you very much. I have been without any magazines and m. and even not thought on that subject for 29 days.

If I am really addicted to anything that is political forums and arguments. That is not sexual, but it still takes time/energy away from Torah.

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Re: Day 20.

Posted by R76 - 01 Nov 2013 00:07

My supply of Valerian and Licorice Root tablets is short -- a troubling sign.

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Re: Day 20.

Posted by R76 - 08 Nov 2013 03:57

Day 37.

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Re: Day 20.

Posted by Gevura Shebyesod - 08 Nov 2013 05:03

[R76 wrote:](#)

Day 37.

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Re: Day 20.

Posted by R76 - 12 Nov 2013 05:31

Day 41 -- I hope I do not lose my will to continue. I have been very depressed lately.

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Re: Day 20.

Posted by R76 - 17 Nov 2013 06:19

Day 46 -- feel much better now.

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Re: Day 20.

Posted by R76 - 23 Nov 2013 00:00

Day 52. Now the drawer in my table in which I had inappropriate magazines contains Valerian and Licorice Root extract. Lots of energy I lost to that is now liberated.

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