

A Thread of My Own!

Posted by afreshstart39 - 09 Sep 2013 06:41

i noticed something interesting on the forums here,

there are many members that have great advice for others on the forum and its almost as if i could picture a wise man behind that anonymous username typing his words with such care and love and wisdom. and then i find a thread, usually here in the 90 day threads, which describe the journey of those self same wise men, but all i ear behind their words is not the voice of a wise old man, but of the soft, (and sometimes loud) crying of a child trying to come home, to find a way out of whatever situation they are hurting in.

it hit me very strongly this thought as i realized that all the wise words are nice and helpful, but the simple honesty of the child within calling out is what is going to help us.

when i hear a member describing their growth or journey it calls me back to my own reality and it is like a light that seems to beckon me to join. i need to clearly spell out my own journey. not so much to sound like a wise man on other threads, but more to get clear where i stand and see my own journey, and find that little child within me, who has been crying out to his father the moment he came into this world.

so here is my journey

i will post as often as i can, as my life is very hectic, but i need to see my own journey unfold and i hope that as much as i learn from it, someone else reading will learn from it as well.

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Re: A Thread of My Own!
Posted by MBJ - 11 Sep 2013 00:44

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Re: A Thread of My Own!

Posted by gibbor120 - 11 Sep 2013 00:52

Those image searches are terrible. Been there.

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Re: A Thread of My Own!

Posted by afreshstart39 - 11 Sep 2013 02:24

filter shmilter!!!!!!!!!!!!!!1

i need to work on myself, thats the real truth!

i feel that that filters are like tznus

one needs to dress a certain way, in a dignified and proper way that isn't sending out a message with neon lights flashing "OPEN!!!"

so to one's computer needs to be dressed a certain way,

sick people will lust after a tznus girl as well, that's not the tznus girls fault, the guy is just sick and needs help,

if you want to bypass a filter you can, that's not what a filter was for, tznus is not for the porn addicts to stop them from lusting

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Re: A Thread of My Own!

Posted by afreshstart39 - 11 Sep 2013 02:33

i guess i can share this here even though its a marriage thing, i am not talking about sex itslef so it shouldnt trigger anyone.

me an my wife are going through an interesting time now,

for whatever reason, my wife cannot get pregnant now, so we use contraceptive as per my rav's psak,

but we just moved and she couldn't get the pill and other types don't work for her,

tonight is mikvah night, but she cant have sex unless she has been on the pill for a week, and she will only be able to get the pill on next Tuesday the earliest, that means it will be a week and a half before we can be together and by that time her cycle will start again,

so i am looking at a lot of time where she will be mutar but we cant do anything

i hope and pray that i will be okay and not go meshuggah,

and maybe its hashem saying that we need to abstain for a while so i can relearn what a real relationship is and get all that lust junk out of my head.

God please help me be strong and not fall into lust or anyother escape and let me use this time to connect to my wife in a real way, please!!!

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Re: A Thread of My Own!

Posted by afreshstart39 - 11 Sep 2013 04:38

ha ha!!!

Hashem is awesome!

i was having a stupid binge, which means that i was wasting time online, and i was watching some trailers for movies on itunes, because movies take too much time i suffice my movie urge with a trailer every now and again, i know, sad, but i am still working on myself and i don't do it that often,

but after two or three trailers, i was feeling down then i had to run to mincha, and of course my mincha was filled with the trailers, and that made me feel more down,

right after mincha, out of the blue a friend came over to me and asked to learn some chassidus once a week,

bam!!!!!! hashem was saying to me "i know you are a bit down, i know you like to waste time and escape, here is a little present, escape into a sefer once a week and learn the things that excite you!

thank you hashem!

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Re: A Thread of My Own!

Posted by afreshstart39 - 12 Sep 2013 11:08

wahhhh!!!!!!!

I just woke up from a really lustfull dream and I felt my eiver getting kasheh and almost as if it was going to be motzei zera and by some crazy unknown force I was so upset anout that that I forced myself to wake up from inside my dream I had full clarity and I screamed in my dream

no!!!!!!!!!!!!

I sat up in bed and I felt zera in my eiver but I checked and it was still clean I don't know if this is too much for a forum I am sorry and a moderator can take it out I am still half asleep and can't think straight at 3 in the morning

I ran to splash cold water on myself and I still feel on edge bit half asleep and I am too scared to fall back asleep!

what's going on? can someone help me I can't think I am so tired anyo e out there?

I ran straight to my phone to post this and I am sorry if it all sounds gibberrish

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Re: A Thread of My Own!

Posted by smiley1900 - 12 Sep 2013 12:42

That sneaky Yetzer Horo, keeping you up all night just for some attention! Tell him to go away!...

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Re: A Thread of My Own!

Posted by afreshstart39 - 12 Sep 2013 22:12

i am sorry if the post sounded strange, but literally right after the dream i posted and i was still half asleep, it was about 3 in the morning!

but it was scary, as if the yh knew that he wasn't getting me while awake, so he tries a

backhanded move and tries to get me while i sleep, that's just not fair and i will certainly not be mochel him this yom kippur,

its one thing if its an even fight, but this is terrorism!!!

who does he think he is?

i heard that wet dreams are because of something one saw during the day, maybe i wasn't careful enough and it tried to come out in my sleep?

what was really weird though was that at the moment in the dream where i was about to fall, i suddenly had full clarity in the dream and i screamed at everyone in the dream and said stop!!!! and no!!!!!! and i consciously left the dream,

that was a very strange feeling, it wasn't like waking up, it was like walking from one room to another, i said i had enough i will not go through with this and i left the room and there i was in my own bed, just like a scene changing in a movie,

it was very strange, like i was kidnapped and i escaped

i am sorry i cant explain it any better,

thank you hashem for protecting me even in my sleep and i am leaarning to love you and trust in you more and more everyday.

thank you for helping me be clean today, and i pray that you continue to help me in my journey to come close to you! only you can protect me from my lust!

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Re: A Thread of My Own!

Posted by smiley1900 - 12 Sep 2013 22:20

The fact that the yetzer horo is engaged in terrorism is not so surprising...

But the fact that you can employ preventative measures when in your sleep to me that shows how well you have internalized what you've learnt.

I would give me a huge pat on the back (and then wait for the YH to think that was for him... Arrogant beheima what he is...)

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Re: A Thread of My Own!

Posted by tehillimzugger - 12 Sep 2013 22:46

[afreshstart39 wrote:](#)

i guess i can share this here even though its a marriage thing, i am not talking about sex itslef so it shouldnt trigger anyone.

You weren't talking about sex?

Could've fooled me

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Re: A Thread of My Own!

Posted by afreshstart39 - 13 Sep 2013 03:23

I am sorry if I wrote anything that may trigger someone I meant to say that I won't be going into details that may cause a trigger

but no one would be here if we didn't know what the word sex meant and so I did write that

but I hope that it didn't trigger anyone

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Re: A Thread of My Own!

Posted by afreshstart39 - 13 Sep 2013 07:43

this is my first yom kippur that i am coming in clean with a significant streak under my belt,

but i dont feel extra special, i feel disconnected like my energy for spirituality is a bit dried up,
but i dont feel stressed out and like a failure either, its not numb but its not fire and passion for
yiddishkeit

which makes me think that all my passion was fueled by the yh, and i used it for good
sometimes, but now i need to build a new fire that comes only from a good place, maybe thats
the hope that i am holding onto,

my whole passion came from my dark side, without my failures i didnt know how to god, they
were my springboard

dov explained this on the phone conference

now its just me and i dont know how to let god in without having a problem to cry about
(meaning a really bad problem, i have regular problems but they paled compared to the self
absorption of MY ISSUE)

any way i want to just go into yom kippur with a clear mind and i will let hashem lead the way!

i do just want to stand with Him and even if i dont say one word of tefilah - dayeinu - and of
course i will try to daven as best i can, but that i all just a bonus prize compared to the ikar, to
be with my Father my king!!!

still no fire passion, but a little inner peace

thank you God i am clean today and it is only only only because of your wonderful gifts you give to me even though i definitely do not deserve any of it at all!!!!!!!

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Re: A Thread of My Own!

Posted by smiley1900 - 13 Sep 2013 09:17

"I just want to stand with my Father my king!!!"

Powerful and inspirational!

Thanks for sharing, and keep it up!

Gmar chasima tovah!

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Re: A Thread of My Own!

Posted by gibbor120 - 13 Sep 2013 20:14

[afreshstart39 wrote:](#)

i do just want to stand with Him and even if i dont say one word of tefilah - dayeinu - and of course i will try to daven as best i can, but that i all just a bonus prize compared to the ikar, to be with my Father my king!!!

still no fire passion, but a little inner peace

Sometimes just holding hands is better than passion.

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