Be a gever gever Posted by bochur613 - 27 Aug 2013 00:29

Hi everyone I havent posted on here for almost two months. I'm letting you know that these past 2 months have been great. I have remained clean, and am on day 57 atm. Baruch Hashem my mentor showed me what I'm capable of, he enthused me and boosted my self confidence, this filled me with simcha. This simcha has enabled me to continue to remain steadfast in my conviction to complete 90 days, and a lifetime.

One tip which I daven everyday for certain people to get, is the gift of self-confidence; knowing that Yes I've got it, I can do anything! This stops depression and lets the best come out of a person.

This past week has been very difficult for me. Baruch Hashem and Bli Ayin Hora; Hashem didn't let me fall.

I wish everyone on this system the upmost success in all their endeavors!

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Re: Be a gever gever Posted by RoshYeshivasSon - 27 Aug 2013 00:42

I'm happy for you, I can detect a sense of euphoria in your tone.

It's interesting that you say it is important for people to think they "can do anything," I think for many people the opposite is true; they must realize that they can't do anything; that they must put up strong gedarim in order to succeed. This is what the torah teaches us with all the yichud restrictions, some of which seem very extreme, until you've been there.

But I do acknowledge that a sense of confidence in the ability to cope is important, I just hope you can reclaim it even after a fall: Sheva Yipol Tzadik V'kom.

## GYE - Guard Your Eyes

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Re: Be a gever gever Posted by bochur613 - 01 Oct 2013 00:15

B'chasdei Hashem I am on day 92.

Re: Be a gever gever Posted by skeptical - 01 Oct 2013 00:54

Mazel tov on 92 days clean!

Keep it up!

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Re: Be a gever gever Posted by Pidaini - 01 Oct 2013 02:13

KUTGW!!!

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Re: Be a gever gever Posted by inastruggle - 01 Oct 2013 03:47

Mazel tov,

KUTGW!

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Re: Be a gever gever Posted by guy - 01 Oct 2013 09:54

## CONGRATS!

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