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Posted by tryingtoshteig - 08 Jul 2013 21:43

After joining the forum and posting looking for eitzos and chizuk a couple of months ago, (which I am happy to say I recieved on both accounts, thank you all) I reached a point where I felt comfortable trying to "move on" with life, stopped posting, stopped updating my chart for a little, and sort of adopted a "ignore the yeitzer and it will go away" mehalech. Bad move (anyone surprised?).

After having a few shvere weeks of falling, I kind of pulled myself out of my rut (or I should say Hashem pulled me out; where would I be if I had to fend for myself?) and am back on the right track now, B"H.

My point is, while I may have some outstanding "technical issues" to resolve (i.e. my work computer's filter is still broken, which I am not quite sure how that happened, or if there is a feasible way to either fix it or install something else, not as easy as it sounds, but I am getting off topic...), I think that what I really need to do is post my progress on a very regular basis on the forum, whether or not I have something intelligent to say. I would like to be mekabel this commitment to post every day that I am at work (my ikar makom sakana) and able to post, with a little more than a ??? ???, but less than a ??? (at least for now)(does such a madreiga even exist?). So hopefully, if you are reading this, you should expect to hear from me on a regular basis (five days a week, Monday thru Friday) unless I am really bogged down with legitimate work stuff that I don't have time to post (halevai, kein yehi ratzon).

So, without further ado (drumroll, please).....Ahem...

Today is July 8, 2013, ??? ??? ????? ??, '?'?????', and I am clean today! (and have been for about a week now, but why bring up irrelevant matters!?)

See you tomorrow!

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 23 Aug 2013 00:00

Anyone else?

We can also do personalized knitting.

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I think there is some potential here...

How much can I sell these for? Can Guard charge me for rent?

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 23 Aug 2013 20:58

So last night, in a conversation with my wife, I got smacked in the face by the plain truth. It's the kind of truth that when it smacks you in the face, you realize it really should have been obvious all along, but before it actually hit me over the head, my sick, twisted, addicted mind could never fathom it.

I have mentioned before that I feel uncomfortable when my wife "polices" me. She knows that I have a lust problem, and I am most vulnerable at work, and she asks me about my day to 'keep track' of my progress. So until now, I understood (at least I thought I did) why she would always ask me about my progress and how my day was -- ***she wanted to make sure I hadn't acted out that day.*** And I wanted to reassure her that I accomplished the Goal, namely, to NOT ACT OUT THAT DAY. So, the conversation usually went one of two ways:

(1) ON A BUSY DAY

Her: How was your day?

Me: Well, in the morning I worked on this project and it took me a couple of hours and in the afternoon I did this assignment and I got so caught up in it...and my boss wants me to start looking at this...

Both of us are happy because I HAD A BUSY DAY AND DIDN'T ACT OUT

or

(2) ON A QUIET DAY

Her: How was your day?

Me: Good.

Her: Were you a 'good boy'?

Me: Yes.

Her: Really?

Me (slightly annoyed): Yes, really.

(Maybe I will add, "It was quiet today, but I didn't do anything bad.")

[Awkward pause]

[Awkward tension in the house for the rest of the evening]

I am annoyed because she is acting like my mashgiach/policeman, and won't trust me when I say I didn't do anything wrong. And she is frustrated because SHE DOESN'T KNOW WHY I AM NOT GIVING HER A FULL ANSWER. AM I LYING TO HER? EVEN IF I AM NOT LYING TODAY, IF I EVER FELL IN THE FUTURE, WOULD I LIE ABOUT IT THEN?

This second version of the story has happened a few times lately, and it came to the point where we had a conversation about it (Thank God we are both civil enough to keep these types of conversations relatively peaceful). To make a long conversation short, she explained to me that the answer she is looking for is WARNING: BIG CHIDDUSH AHEAD

Warning: Spoiler!

She said that if I give answers like that, then she will be satisfied and not go breathing down my back all night, every night, finally.

So I realized that my original assumption about the goal her asking me about my day was incorrect. I was assuming that just like my goal at work was to be a valued member of the team, use my time well, and certainly not act out, so her goal by asking me was to verify that I accomplished the above. (And if I did not accomplish the above, than I would be failing HER, hence the hesitation and lack of up-frontness with her.) But that is not the case. Her goal is to get me to give an honest, accurate, and full report about what happened that day, good, bad, or in between. And then she will be happy, and be the loving trusting wife I am hoping for.

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Re: ?? ????? ?? ?? ??? ?????

Posted by ZemirosShabbos - 23 Aug 2013 21:15

Good stuff you got!

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Now comes the implentation part...

Re: ?? ????? ?? ?? ??? ?????

Posted by gibbor120 - 23 Aug 2013 22:23

Great lesson in communication TTS! Thanks!

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Re: ?? ????? ?? ?? ??? ?????

Posted by tehylimzugger - 28 Aug 2013 17:03

[tryingtoshteig wrote:](#)

If you are looking for the picture of success, it's not me. I have not looked at shmutz or m*****ed for all of...almost two months now!!! Oooooooh, Ahhhhhh!!! Does that make me a "successful yid"? A "successful person"? A "successful GYE member"? I don't think it does. It just means that today, I am not rolling in the mud like a pig. But successful? I still have a long way to go, trust me.

So I hate to burst your bubble, Cordnoy. I know you would like to write a biography of people who have been "completely transformed" by GYE and went from the depths of depravity to the heights of success, with feature on yours truly, the teddy bear in the na nach yarmulka. Wouldn't we all like to write such a book about ourselves. But unfortunately, the only book you can write about me is about how I went from filthy shmutz to...boring old normal life. And you can't even write that until you know that its going to stick, which I cannot give you any guarantees for anything beyond today.

Sorry to disappoint you.

GEVALDIG! Ich luv ess!

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Re: ?? ???? ?? ?? ??? ???? ?

Posted by tryingtoshteig - 28 Aug 2013 17:21

[tehillimzugger wrote:](#)

GEVALDIG! Ich luv ess!

You love to eat? (Sorry, my Yiddish isn't so good. It's not ???? ?? ????? [up to par])

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Re: ?? ????? ?? ?? ??? ?????

Posted by cordnoy - 28 Aug 2013 17:34

and to repeat...I don't wanna write any book...I was spendin a lot of time thinkin about yomim
noraim and being clean the first time in who knows how long....bottom line....focus on
today...thanks again

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 28 Aug 2013 17:40

Sorry for slacking off of my daily update. It's gonna be a boring one again...

Today is "?" ?????, ?'????", August 28, 2013. Today I am clean.

Just a thought, if it is really "?" ????? today, then it is not really so boring after all.

ELUUUUUUUUUUUUUUUUUUUUUUUL!!!!!!!!!!

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Re: ?? ????? ?? ?? ??? ?????

Posted by Pidaini - 28 Aug 2013 18:16

WOOOOHHHOOOOOOOOOO!!!!!!

YIIPEEEEE!!!!

YEEEEEEHHHAAAAAAAAAAAAAAAAAAAAWWWW!!!

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Re: ?? ????? ?? ?? ??? ?????

Posted by tehlimzugger - 29 Aug 2013 14:19

WHAT COULD BE MORE EXCITING?! A FRIEND IS CLEAN!!!!

yes, ess meands it eat, but also it meands it eet like dey rite in a dikshinery "it" ess meands it eat end eet end it, farshteist?

[I was in Williamsburg this week]

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryngtoshteig - 29 Aug 2013 16:25

[tehlimzugger wrote:](#)

yes, ess meands it eat, but also it meands it eet like dey rite in a dikshinery "it" ess meands it eat end eet end it, farshteist?

[I was in Williamsburg this week]

Thanks TZ you cud knot have maid that pshat moor chlorine. Maybe you shud right a dikshinary fore us yeedin hoo donut farshtei Mamma Lukshin.

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Re: ?? ????? ?? ?? ??? ?????

Posted by Gevura Shebyesod - 29 Aug 2013 18:05

Hey did someone say donut?

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 29 Aug 2013 18:10

[Gevura Shebyesod wrote:](#)

Hey did someone say donut?

That's for you Gevura. Everyone else, hands off!

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Re: ?? ????? ?? ?? ??? ?????

Posted by Gevura Shebyesod - 29 Aug 2013 18:25

Good thing I didn't write "Did someone say chlorine"!

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