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Posted by tryingtoshteig - 08 Jul 2013 21:43

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After joining the forum and posting looking for eitzos and chizuk a couple of months ago, (which I am happy to say I recieved on both accounts, thank you all) I reached a point where I felt comfortable trying to "move on" with life, stopped posting, stopped updating my chart for a little, and sort of adopted a "ignore the yeitzer and it will go away" mehalech. Bad move (anyone surprised?).

After having a few shvere weeks of falling, I kind of pulled myself out of my rut (or I should say Hashem pulled me out; where would I be if I had to fend for myself?) and am back on the right track now, B"H.

My point is, while I may have some outstanding "technical issues" to resolve (i.e. my work computer's filter is still broken, which I am not quite sure how that happened, or if there is a feasible way to either fix it or install something else, not as easy as it sounds, but I am getting off topic...), I think that what I really need to do is post my progress on a very regular basis on the forum, whether or not I have something intelligent to say. I would like to be mekabel this commitment to post every day that I am at work (my ikar makom sakana) and able to post, with a little more than a ??? ???, but less than a ??? (at least for now)(does such a madreiga even exist?). So hopefully, if you are reading this, you should expect to hear from me on a regular basis (five days a week, Monday thru Friday) unless I am really bogged down with legitimate work stuff that I don't have time to post (halevai, kein yehi ratzon).

So, without further ado (drumroll, please).....Ahem...

Today is July 8, 2013, ??? ??? ????? ??, ?'????"?, and I am clean today! (and have been for about a week now, but why bring up irrelevant matters!?)

See you tomorrow!

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 29 Jul 2013 19:56

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Today is ?? ????? ??, ?'????"?, (I think, I get a little confused over the weekend cuz I only go on ) which corresponds to July 29, 2013 (that much I know, my computer says so )

Anyway, today and the whole weendl am clean.

GYE at work  
Had a busy weekend, a lot going on, b"H.

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Re: ?? ????? ?? ?? ??? ?????  
Posted by Pidaini - 29 Jul 2013 22:08

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Welcome back to work!!

And KUTGWork!!!!

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Back to work...  
Re: ?? ????? ?? ?? ??? ?????  
Posted by tryingtoshteig - 30 Jul 2013 19:22

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Today is ?" ?'????"?. Today I am clean.

Yesterday, when I updated my chart, I was pleasantly surprised to see that I am up to 30 days. I really haven't been following my count on the chart so closely this time. I have been trying to make every day about staying clean today. Also, I don't get emails every time I reach a new "level" (maybe because I have been at that level on the chart before?).

So here I am at 30 consecutive days clean (actually 31 days now). On the one hand I feel like a different person than I was just a month ago. I feel better about myself that I am not running through the mud every day and lying about it when I get home. I feel that I am adding to the productivity of my department a little more than I was a month ago. I feel that I have a chevra of safe people that I can be open with. I don't feel tempted to fall today or any time in the near future. In short, I have come a long way in one month.

On the other hand (not to be negative or anything), I am just as sick as I have been for the last 15 years. One false move and I am right back where I started from. I am not "healed" of my addiction a ki hu zeh.

Oh well, KOT KOMT to us all. Just today, always.

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Re: ?? ????? ?? ?? ??? ?????

Posted by ZemirosShabbos - 30 Jul 2013 20:02

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sounds like you are doing great!

keep it up

great to have you on board

they say a story about R' Yisrael Salanter. a shochet came to him with a question. he feels great trepidation and fears lest he inadvertently be machshil yidden with tarfus. he feels too afraid to shecht.

R' Yisrael asked him "would you prefer that people who aren't fearful of being machshil yidden be the ones shechting?"

so you are right that you are not cured. and it is important to realize that.

keep on keeping on

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Re: ?? ????? ?? ?? ??? ?????

Posted by gibbor120 - 30 Jul 2013 21:27

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Good stuff TTS! KUTGW and KOT!

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 31 Jul 2013 19:29

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Just checking in. Today is... wait a second, what was yesterday? Yes, ok, today is "?" ????? ??, ?'????'?, July 31, 2013.

Today I am clean.

That's all for now.

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 02 Aug 2013 18:53

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Just checking in again...

Today is "?" ????? ??, ?'????'?, August 2, 2013.

Today I am clean.

Sorry for not checking in yesterday. Yesterday I was also clean.

Next week will probably be a little more happening here at work, so I am not sure how much I will be able to be on GYE. I will certainly be with you all, my dear anonymous friends, in spirit.

Have a good Shabbos everyone.

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Re: ?? ????? ?? ?? ??? ?????

Posted by ZemirosShabbos - 02 Aug 2013 19:12

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Good shabbos!

change the teddy bear's tie for shabbos, will ya? shkoyach

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshiteig - 02 Aug 2013 20:26

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[ZemirosShabbos wrote:](#)

Good shabbos!

change the teddy bear's tie for shabbos, will ya? shkoyach

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 05 Aug 2013 23:51

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Today is ??? "?" ?????, August 5, 2013.

As they used to say in Slabodka,

EEEEELLLLLLLLLUUUUUUUUUUULLLL!!!!!!!!!!!!

In Avodas Hashem, we say ??????? ?????? ?????????????????? ??????????. Unfortunately, at my work it is ????? ?????? ?????????? ??????. But that is just the way it goes. I have to just do my real Job, the one for the real Boss. The pay and benefits are way better than any gashmiyusdike job, anyway!

Oh yeah, I am clean today.

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Re: ?? ????? ?? ?? ??? ?????

Posted by tryingtoshteig - 06 Aug 2013 00:35

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Finally, work to do!! It's about time. Of course it's almost time to go home for the day, but

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Re: ?? ????? ?? ?? ??? ?????

Posted by ZemirosShabbos - 06 Aug 2013 01:01

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[tryingtoshteig wrote:](#)

Finally, work to do!! It's about time. Of course it's almost time to go home for the day, but

whatever.

work? what's that?

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Re: ?? ???? ?? ?? ??? ???? ?

Posted by Pidaini - 06 Aug 2013 01:14

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you know...when you have to sit up from the recliner.....to take a drink of (decaf) coffee

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Re: ?? ???? ?? ?? ??? ???? ?

Posted by inastruggle - 06 Aug 2013 03:11

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it's been said [here](#) that work is what happens after two double a batteries are put in.

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