

The Road to Lizhensk

Posted by Lizhensk - 18 Jun 2013 20:31

Hey guys, ive been on here a bit. i recently changed my name from pleasehelp9753, so if u dont

. But im not letting it get me down (even tho my wife is
) . i so far have a total of 49 days since coming

By the way, side note: ive been working on my Shmiras Einayim, but even if i look, i dont feel any lust towards those women at all. In fact, that doesnt even turn me on, its just a teivah to recognize me, thats why look. And when i act out, thats all it is: a teivah to act out, does that make sense at all? (what im saying is that i think shmiras einayim on the street isnt my problem...)

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Anyway, so i fell yesterday, at day 17
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trying to make it get me down-she means well

Re: The Road to Lizhensk
on GYE. This is gonna be the first count to 90 with all you crackheads helping me, so get at it!!!
Posted by reallygettingthere - 25 Jun 2013 00:29

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Re: The Road to Lizhensk
Posted by Lizhensk - 25 Jun 2013 00:32

[gibbor120 wrote:](#)

In total there are **1344** users Online :: **28** Members and **1316** Guests

Halevai she would care... she says all of us are creeps and pervs.

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Re: The Road to Lizhensk

Posted by Lizhensk - 25 Jun 2013 00:37

Isn't it great to have a supportive wife?
[gibbo120 wrote](#).

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halevai... according to her you're all creeps on here (including me) so you dont count.

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Re: The Road to Lizabethsk

Posted by Lizabethsk - 25 Jun 2013 00:40

Isn't it great to have a supportive wife?
[really getting there wrote](#)

Make sure it's hand written (unless you don't have hands, then typed is ok)

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Re: The Road to Lizabethsk

Posted by gibbor120 - 25 Jun 2013 00:42

How long has she known that you had a problem? How did she find out? You may have posted it already, I don't remember.

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Re: The Road to Lizabethsk

Posted by Lizabethsk - 25 Jun 2013 00:46

we're married for 9 1/2 months, she knows for 5.

and she busted me twice in the act, a few other times saw my gye history telling others i fell,

and most recently saw all the evidence of my fall this morning

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Re: The Road to Lizhensk

Posted by gibbor120 - 25 Jun 2013 00:51

Her feelings are completely understandable, especially since you have been married so short and she got this shock pretty soon after the chasunah... and you clearly continue to struggle.

What are you doing to show her that you are changing? Have you discussed with your rav?
Have you gone for therapy?

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Re: The Road to Lizhensk

Posted by Lizhensk - 25 Jun 2013 00:54

well im on gye, and no, and no-she doesnt want me to

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Re: The Road to Lizhensk

Posted by reallygettingthere - 25 Jun 2013 01:03

Sounds like she might not understand the scope of the issue.

Is there a Rov the she respects? Maybe you need to speak with that rov and have him speak with her.

On a "side" note, when she caught you, what did you say or do to respond to her accusations?

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Re: The Road to Lizhensk

Posted by gibbor120 - 25 Jun 2013 01:07

So, what does she want? Wait, let me asnwer that. She doesn't know what she wants. She is confused. Am I right?

Either way, it sounds like you need help beyond this forum. I feel for you. You are in a tough spot.

My wife found out after we were married for a while and had a relationship with a rav. our rav helped us out a lot.

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Re: The Road to Lizhensk

Posted by Lizhensk - 25 Jun 2013 01:12

she doesnt want to talk to anyone... and shes pissing me off right now, because she went thru all my gye stuff

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Re: The Road to Lizhensk

Posted by gibbor120 - 25 Jun 2013 01:28

Well, if she is reading...

Dear Mrs. Lizhensk,

I know you are angry and confused. You feel hurt and betrayed. All those feelings are very

normal and understandable. You have a hard time understanding how the person you married, who you held in such high esteem, could do such disgusting things.

My wife felt the same way, as do many wives who'se husbands have this problem. I went to a good yeshiva, learned in kollel etc. My wife could not understand how I could do such things.

Let me tell you, there is help and many have been helped. My marriage is far from perfect, but my wife and I have come closer, yes closer, from this nisayon. I know it is hard for you to beleive, but it can get better. But, your husband needs outside help, and you need to encourage him to get help.

Ignoring this problem will not make it go away. You can both be happy and have a happy marriage, but it will take work, and he can't do it alone.

Many people have been in your position, and have been able to overome adversity and create a wonderful marriage.

With the help of Hashem, I hope you will too.

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Re: The Road to Lizhensk

Posted by Lizhensk - 25 Jun 2013 10:30

[gibbor120 wrote:](#)

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Amazing!!! thanx! i read this to my wife (we made up last night) and even though she isn't ready to actively help and support me, she promised not to hinder my efforts to heal (by going thru my posts, chats and emails and making fun and bothering me about them) and also, she's starting

So, i'm starting my count again... day 1 so far going good, even though i davened a little further from home and had to walk more, the YH tried to make me look, and even though i took the first look, i
(help me out TZ)

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Re: The Road to Lizhensk
Posted by Pidaini - 25 Jun 2013 12:52

Hurray!!!

Back on the road, out of the (s)pit stop!!!

We should start a campaign "PLEASE HELP LIZHENSK" (9753 without a 1 at the end)

KOT y'all (from my home town) KOMT

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