

We should pray and Dav every day for those 90 days

Posted by scheshbon - 22 Apr 2013 01:33

Just joining JYE and I am sure that the ?? ????? will help me and everyone on the program
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I was thinking to myself a thought and I would like to share it.

We pray every day before Krias Shema ????? ?????? ?????? ?????? ?? ??? - Hashmem should
designate our hearts for one thing only to love him and to fear from him.

If we count how much ?????? is ???????? it would be 90

So one thing we should all know when joining the "wall of honor"; TEFILAH ask Hashem every
day he should give us the energy and power to be clean for 90 (Because it is not in our hands).

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Re: We should pray and Dav every day for those 90 days

Posted by Machshovo Tova - 22 Apr 2013 18:23

Welcome aboard!

As you say, we need to ask Hashem every day for the energy and power to stay clean...

BUT, we need to do our share of hishtadlus, by avoiding all forms of lustful triggers.

As the ??? ?????? ?????? says (Vayikra 11:44) on the possuk ?????????? ???????? ???????? - that this
means we must try being holy by making gedarim, and Hashem "promises us" that He will then
help us succeed. So if we find ourselves being unholy, we must examine whether proper
gedarim are being enforced.

Hatzlacha

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Re: We should pray and Dav every day for those 90 days
Posted by gibbor120 - 22 Apr 2013 20:23

Welcome scheshbon, nice vort!

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Re: We should pray and Dav every day for those 90 days
Posted by syataDshmaya - 22 Apr 2013 20:43

Beautiful vort! We should all be zoche to internalize it!

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Re: We should pray and Dav every day for those 90 days
Posted by pischohelmachat - 21 Jun 2013 04:51

Hi,

I want to tell you how much you strengthen me. You are at the day where I fell. I get so much chizzuk from seeing you climb level by level. Keep strong and may HKBH give you many sober days until 120.

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