

The chronicles of inastruggle

Posted by inastruggle - 07 Apr 2013 05:50

I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet. I've been m***** for as long i can remember, my earliest memory of it was when i was in first grade i wasn't molested or anything b'h, i discovered it on my own. I obviously had no clue that it was assur (though i do remember thinking that something wasn't so kosher about it), and i didn't connect it to s*x until i was about 13, it just felt good so i did it. In eighth grade i found out about s*x and connected the two. It was also around that time when i discovered p***. Eventually i also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but i wasn't too committed since i didn't know if it was really assur or not, since i never heard any rebbe speak about it openly, if i remember correctly my eighth grade rebbe mumbled something about shmiras habris which i don't think anyone understood, and even i wasn't sure if he was talking about what i was doing. Anyway when i got to mesivta the rebbeim did mention it and i knew it was assur but by that time it was already naaseh lo k'heter for long time already.

i knew that i should speak to a rebbe about it but i was too embarrassed. I did speak to one rebbe without telling him what the problem was (i think he guessed it) and he told me to try just to stop it for a short amount of time and then i could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade i stopped m***** without p*** because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago i heard about gye but i think i read about it in the mishpacha and that motzei shabbos i checked it out, all i saw were some articles i read some and it didn't help at all.

i should add that like most unmarried people (i think) i thought that once i get married it would just go away so i was rationalizing that anyway it isn't a permanent problem and i'm koruv l'oness because i started so young etc. which i think was the reason i wasn't taking it too seriously.

So i continued to watch p*** and m***** pretty much whenever i was home until about three months ago when i was walking to yeshiva and i was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, (i put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and didn't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post iy'h i'm going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it

=====

Re: The chronicles of inastruggle
Posted by inastruggle - 10 Apr 2013 19:06

nah, i already sent them into the binah

=====

Re: The chronicles of inastruggle
Posted by ZemiroShabbos - 10 Apr 2013 19:29

[inastruggle wrote:](#)

nah, i already sent them into the binah

wait i thought only (insert name that rhymes with _____) is such an avid binah fan

i like that story and thanks for the laughs

=====

=====

Re: The chronicles of inastruggle

Posted by inastruggle - 10 Apr 2013 19:48

[ZemirosShabbos wrote:](#)

wait i thought only (insert name that rhymes with _____) is such an avid binah fan

rhymes with 'easy' or 'shmeazy' or 'meh kill him, shvugger'

=====

Re: The chronicles of inastruggle

Posted by mr. emunah - 10 Apr 2013 20:21

Inna!

you gonna doit!

You are destined 4 Gr8ness!

=====

Re: The chronicles of inastruggle

Posted by inastruggle - 11 Apr 2013 01:22

tonight i'm going to be in the dorm iy'h so i have to say a little something for my seudas preidah.

I have to say that i didn't think that i was going to be clean this bein hazmanim. at all. All the other bein hazmanims that i remember i fell right away and pretty much every night, a few times a night. So when i fell about a week before bein hazmanim i figured that i wouldn't be interested in being clean bein hazmanim, and i'll start after bein hazmanim when it'll be easier because i won't be home most of the day (because those plans always work out)

The bein hazmanim before this was the worst that i ever had because not only did i fall but i also stayed up most nights ad alos hashachar (and sometimes later) and i missed my chavrusa in the morning because i got up so late. Which of course didn't make me feel too good so i drowned it out with some more internet and m****.

This past bein hazmanim was the best one i've ever had. I don't think i've ever learned so much on a bein hazmanim i definitely never made so many friends in one bein hazmanim and i also never was clean during a bein hazmanim.

I knew that m**** is supposed to be bad for learning but i never really saw it happen. But since i'm clean my learning has been way better (besides when i'm distracted because of gye) and most important of all my cheshek for learning is almost completely back if not more than it was.

So i want to say thank you to every one who gave me chizzuk and made me have a fun clean bein hazmanim. I really want to thank each one of you because you deserve it but i don't want to forget anyone and have them ~~want to hurt~~ upset at me, but you all know who you are, so please consider this a personal thank you from me.

i want to end with a bracha, short and sweet. may we all be zoiche to win all our battles and have all our tefillos answered ad bias goel tzedek b'mheirah ub'yameinu amen.

btw this doesn't mean i won't be seeing you, my yeshiva is very lax with going home for shabbosim so most of them i'm home for and i'll i'y'h see you then.

EDIT: i realized i forgot to thank hashem for the bein hazmanim, and obviously nothing at all

could of happened without him. SO THANK YOU HASHEM FOR EVERYTHING.

=====

=====

Re: The chronicles of inastruggle

Posted by Gevura Shebyesod - 11 Apr 2013 03:45

Have a great Zman, Lern Flaaaaaasig, and don't let Yevamos confuse you. And watch out for those tricky Kal Vachomers!

=====

=====

Re: The chronicles of inastruggle

Posted by reallygettingthere - 11 Apr 2013 04:32

Inastruggle,

You are mamash an inspiration. The RBSO should give you koach to shteig in al areas of ruchnios.

Eli

=====

=====

Re: The chronicles of inastruggle

Posted by fightaddiction2 - 11 Apr 2013 16:17

Inastruggle, I've been in the same situation of last second trying to hide stuff - it's so bad and embarassing. Really sympathize with you. That said, in awe of you for keeping clean ben hazmanim and congrats! Clicked the applause button on your profile.

By the way: I don't understand a lot of the yiddish you guys throw around; can someone make a thread with some common words and their meanings in English or Hebrew?

=====

====

Re: The chronicles of inastruggle
Posted by ZemirosShabbos - 11 Apr 2013 18:25

Inna you be da winna!

kol hakavod

Keep on rocking and rolling (does that statue have afterburners?)

thanks for the chizuk, humor and camaraderie

=====

====

Re: The chronicles of inastruggle
Posted by tehillimzugger - 11 Apr 2013 19:47

[fightaddiction2 wrote:](#)

Inastruggle, I've been in the same situation of last second trying to hide stuff - it's so bad and embarrassing. Really sympathize with you. That said, in awe of you for keeping clean ben hazmanim and congrats! Clicked the applause button on your profile.

By the way: I don't understand a lot of the yiddish you guys throw around; can someone make a thread with some common words and their meanings in English or Hebrew?

guardyoureyes.com/forum/23-Just-Having-Fun/84252-GYE-GLOSSARY-OF-TERMS

www.yiddishdictionaryonline.com/

Credit for the links: [Gibbor120](#)

=====

====

Re: The chronicles of inastruggle
Posted by tocontrolmyself - 11 Apr 2013 19:49

inastruggle you are quite hilarious!!!!

=====

Re: The chronicles of inastruggle
Posted by mr. emunah - 12 Apr 2013 19:25

Dear Inna,

Have a great Zman

Remember that Rabbi Nachaman said "Gevalt, Zei nisht Meyayesh!"

kiss

ize gonna miss you

keep safe

keep clean

and as Frodo discovered,

Saruman was hiding in the Shire...

nowhere is safe

don't let your guard down

Bye!

=====

Re: The chronicles of inastruggle

Posted by inastruggle - 12 Apr 2013 22:23

Me: oh wow

Me: so many nice posts on my thread

Me: wow

Me: dont know what to say....

tehillimzugger: say just that

what i said when i saw this.

thank you so much everyone for your chizzuk and friendship it means so much to me.

time. one weenk at a time... at a

=====

Re: The chronicles of inastruggle

Posted by inastruggle - 14 Apr 2013 07:02

[fightaddiction2 wrote:](#)

By the way: I don't understand a lot of the yiddish you guys throw around; can someone make a thread with some common words and their meanings in English or Hebrew?

this is a big issue and we have to do something about it, i don't have the time now to write alot of words but i'll try to write some now and i"yh i'll try to do some more later.

I happen to be a bit of a scholar in this area so i'm going to add some extra tidbits about some words.

IY"H: stands for im yirtzeh hashem, lit. if god wants. usually used to say something like i'll do it, but i'm not so sure i'll be able to. Many times it's used regardless of whether it really is god's will or not.

"ly"h i'm going to the movies tonight."

Kabbala: something you accept upon your self, pronounced by some as 'kabbulah' which might have roots in the mystic city of [kabul](#)

"i made a kabbalah to treat myself out to a steak dinner and Jacuzzi after a fall, it's called reverse psychology."

svert shvartz faren oigen: yiddish, literally; it becomes black before the eyes, a term used to connote dismay. IMPORTANT: note to Al Sharpton and co. not a racist term

"Svert shvartz faren oigen when he (the big shvartze african american) says money or life."

kol isha: the voice of a lady.

There's a story that someone was on a city bus sitting next to a african american lady [al sharpston is reading this, ;)*] (old and fat, so as not to trigger anyone) and she starts singing, so he says NU KOL ISHA and she turns to him "howdya know my name was koleesha?"

taphsic: stop in hebrew, also a method used on gye. can also mean sick of bad [??](#) jokes.

"After reading that thread i was taphsick but then i ate a ??fy and i was happy again"

thats all the time i have now

have a great week everyone.

on a serious note if anyone needs a translation you can pm me and i'll try to answer as soon as possible

*why doesn't this wanna turn into a bald weenky guy?

=====