The chronicles of inastruggle Posted by inastruggle - 07 Apr 2013 05:50

I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet.lv'e been m********* for as long i can remember, my earliest memory of it was when i was in first grade i wasn't molested or anything b'h, i discovered it on my own.l obviously had no clue that it was assur (though i do remember thinking that something wasn't so kosher about it), and i didn't connect it to s*x until i was about 13, it just felt good so i did it.ln eighth grade i found out about s*x and connected the two.lt was also around that time when i discovered p***. Eventually i also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but i wasn't too committed since i didn't know if it was really assur or not, since i never heard any rebbe speak about it openly, if i remember correctly my eighth grade rebbe mumbled something about shmiras habris which i don't think anyone understood, and even i wasn't sure if he was talking about what i was doing. Anyway when i got to mesivta the rebbeim did mention it and i knew it was assur but by that time it was already naaseh lo k'heter for long time already.

i knew that i should speak to a rebbe about it but i was too embarrassed. I did speak to one rebbe without telling him what the problem was (i think he guessed it) and he told me to try just to stop it for a short amount of time and then i could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade i stopped m******** without p*** because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago i heard about gye but i think i read about it in the mishpacha and that motzei shabbos i checked it out, all i saw were some articles i read some and it didn't help at all.

i should add that like most unmarried people (i think) i thought that once i get married it would just go away so i was rationalizing that anyway it isn't a permanent problem and i'm koruv l'oness because i started so young etc. which i think was the reason i wasn't taking it too seriously.

So i continued to watch p*** and m****** pretty much whenever i was home until about three months ago when i was walking to yeshiva and i was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, (i put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and did't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post iy'h i'm going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it		
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Re: The chronicles of inastruggle Posted by markz - 13 Apr 2016 11:49		
Inna, WELCOME!!		
Are you engaged? I didn't get it		
======================================		
Re: The chronicles of inastruggle Posted by realsimcha - 13 Apr 2016 12:25		
Welcome. I was also on the site years ago [not as extensively as you though], and about two months ago I returned. Its been a lifesaver. Looking forward to getting to know you.		

Re: The chronicles of inastruggle Posted by cordnoy - 13 Apr 2016 12:49

GYE - Guard Your Eyes

Moish was that resolve a taphsic?

How much \$?

Generated: 22 August, 2025, 01:07 You have my phone number. You have my email address. You even got me to break my resolve about not coming on the forum. Let's connect, please. Re: The chronicles of inastruggle Posted by markz - 13 Apr 2016 14:47 Bigmoish wrote: You have my phone number. You have my email address. You even got me to break my resolve about not coming on the forum. Let's connect, please.

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just kiddin'
Nice to have you BOTH on the highway with us!!
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Re: The chronicles of inastruggle Posted by inastruggle - 13 Apr 2016 16:09
Thaks everyone for the welcome. It's great to be back, a real load off my chest.
@cordnoy I've been back a while. Btw I might come to your neck of the woods after pesach. Maybe you can show me the stores there
@bigmoish I kind of lost your number. It's in my Israel phone and I lost that. I sent you an email
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Re: The chronicles of inastruggle Posted by Shlomo24 - 13 Apr 2016 17:05
Welcome back inna!

It's great to see you again Avrom!!!

Re: The chronicles of inastruggle Posted by inastruggle - 28 Apr 2016 15:50

I'm not sure if anyone posted this before but it's a great video.

@markz More like in shidduchim Do you have someone for me?

www.ted.com/talks/johann hari everything you think you know about addiction is wrong#t-634469

GYE - Guard Your Eyes Generated: 22 August, 2025, 01:07	
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Re: The chronicles of inastruggle Posted by thanks613 - 28 Apr 2016 18:21	
It's a favorite. Thanks for posting	
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Re: The chronicles of inastruggle Posted by cordnoy - 03 May 2016 19:17	
Sittin' with inna in my truck.	
He says hi.	
Please respond with somethin' controversial so	he has what to respond.

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