

The chronicles of inastruggle

Posted by inastruggle - 07 Apr 2013 05:50

I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet. I've been m***** for as long i can remember, my earliest memory of it was when i was in first grade i wasn't molested or anything b'h, i discovered it on my own. I obviously had no clue that it was assur (though i do remember thinking that something wasn't so kosher about it), and i didn't connect it to s*x until i was about 13, it just felt good so i did it. In eighth grade i found out about s*x and connected the two. It was also around that time when i discovered p***. Eventually i also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but i wasn't too committed since i didn't know if it was really assur or not, since i never heard any rebbe speak about it openly, if i remember correctly my eighth grade rebbe mumbled something about shmiras habris which i don't think anyone understood, and even i wasn't sure if he was talking about what i was doing. Anyway when i got to mesivta the rebbeim did mention it and i knew it was assur but by that time it was already naaseh lo k'heter for long time already.

i knew that i should speak to a rebbe about it but i was too embarrassed. I did speak to one rebbe without telling him what the problem was (i think he guessed it) and he told me to try just to stop it for a short amount of time and then i could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade i stopped m***** without p*** because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago i heard about gye but i think i read about it in the mishpacha and that motzei shabbos i checked it out, all i saw were some articles i read some and it didn't help at all.

i should add that like most unmarried people (i think) i thought that once i get married it would just go away so i was rationalizing that anyway it isn't a permanent problem and i'm koruv l'oness because i started so young etc. which i think was the reason i wasn't taking it too seriously.

So i continued to watch p*** and m***** pretty much whenever i was home until about three months ago when i was walking to yeshiva and i was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, (i put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and didn't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post i'll be going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it

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Re: The chronicles of inastruggle
Posted by Dov - 24 Mar 2015 03:02

Hey there, chico!

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Re: The chronicles of inastruggle
Posted by ZemiroShabbos - 24 Mar 2015 18:02

your bike wants to know when you will be taking him out to lunch

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Re: The chronicles of inastruggle
Posted by gibbor120 - 24 Mar 2015 20:16

Welcome Back!

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Re: The chronicles of inastruggle
Posted by cordnoy - 26 Mar 2015 17:03

I missed our walk.

That was really somethin'.

I should think of it more; perhaps it will get me out of this funk.

b'hatzlachah

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Re: The chronicles of inastruggle
Posted by inastruggle - 29 Mar 2015 01:01

It was a nice experience.

Thank you.

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Re: The chronicles of inastruggle
Posted by cordnoy - 01 Jul 2015 16:44

[inastruggle wrote:](#)

It was a nice experience.

Thank you.

lost my contact info?

How the heck are you?

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Re: The chronicles of inastruggle

Posted by reallygettingthere - 01 Jul 2015 17:23

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Re: The chronicles of inastruggle

Posted by cordnoy - 26 Oct 2015 03:57

[cordnoy wrote:](#)

[inastruggle wrote:](#)

It was a nice experience.

ditto

Thank you.

lost my contact info?

How the heck are you?

Ahem....

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Re: The chronicles of inastruggle
Posted by inastruggle - 15 Nov 2015 02:42

Hi everyone,

I'm in yeshiva most of the time and don't get a chance to go online very often. B"h, things are going well. I don't have time for a full update. I'll try to write more in about a week from now.

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Re: The chronicles of inastruggle
Posted by inastruggle - 03 Dec 2015 06:46

Now for the long overdue update.

Sorry for not checking in until now, it's been very busy. Not much of an excuse, but...

My last fall was over this past pesach bein hazmanim. I didn't post about it since I wasn't really out of the fall until I was back in yeshiva, where I wasn't able to post. I've been fine since then, and b"h still going strong. It's been a lot easier to stay clean during this streak. I think it's mostly because I'm going into shidduchim sometime soon. I really don't want this to be an issue for me during marriage, so the least I can do is to come into it with a long streak of being clean.

I don't really have much to say about this particular round. I've gone through enough falls and clean streaks that the pattern is pretty familiar. There isn't a magic formula that will keep me clean forever, but I think I've passed the major danger parts of the pattern this time around. Now I need to move on, keep my eyes open for danger, and not get overconfident. The good news is, I'm not holding my breath, and I had plenty of opportunities to fall and didn't. My last few falls were after I had no access to unfiltered internet for a long time, then I fell very soon after getting access. So since I made it past that stage, I'm out of immediate danger.

It's nice to be back, I'll probably be checking in over the weekends.

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Re: The chronicles of inastruggle
Posted by Bigmoish - 03 Dec 2015 18:58

Me neither.

Did the phone stop working as well?

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Re: The chronicles of inastruggle
Posted by inastruggle - 13 Apr 2016 07:52

So this is hard but it has to be done.

To everyone I know who's still here, I apologize for not being in touch.

To everyone I don't know (I suspect the majority of people here now), I hope to get to know you.

I've been gone for a long time and it isn't for a good reason. For the most part, ever since I've been back in america, I've been on one continuous fall. I had some clean times in between but the falls were all too common. I knew that I needed to come here, but it's really hard to come crawling back with the news of yet another fall.

I decided to sign up as a new user, and I even made an account, but when I was about to post I realized that if I don't come back as myself, aside from making lying to my friends, I'd be lying to myself. I fell, and I need to take responsibility for it. I'm not going to keep acting as if everything is normal.

I can't go into marriage the way I am now and time is running out. I am officially getting up from

my fall. Today is day one, and is all that matters.

I'm looking forward to becoming an active member on the site again.

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Re: The chronicles of inastruggle

Posted by Gevura Shebyesod - 13 Apr 2016 10:53

Welcome back!!!!

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Re: The chronicles of inastruggle

Posted by cordnoy - 13 Apr 2016 11:25

Welcome back Inna,

Sorry to hear, but good decision.

How long have you been back for?

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