

The chronicles of inastruggle

Posted by inastruggle - 07 Apr 2013 05:50

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I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet. I've been m\*\*\*\*\* for as long i can remember, my earliest memory of it was when i was in first grade i wasn't molested or anything b'h, i discovered it on my own. I obviously had no clue that it was assur (though i do remember thinking that something wasn't so kosher about it), and i didn't connect it to s\*x until i was about 13, it just felt good so i did it. In eighth grade i found out about s\*x and connected the two. It was also around that time when i discovered p\*\*\*. Eventually i also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but i wasn't too committed since i didn't know if it was really assur or not, since i never heard any rebbe speak about it openly, if i remember correctly my eighth grade rebbe mumbled something about shmiras habris which i don't think anyone understood, and even i wasn't sure if he was talking about what i was doing. Anyway when i got to mesivta the rebbeim did mention it and i knew it was assur but by that time it was already naaseh lo k'heter for long time already.

i knew that i should speak to a rebbe about it but i was too embarrassed. I did speak to one rebbe without telling him what the problem was (i think he guessed it) and he told me to try just to stop it for a short amount of time and then i could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade i stopped m\*\*\*\*\* without p\*\*\* because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago i heard about gye but i think i read about it in the mishpacha and that motzei shabbos i checked it out, all i saw were some articles i read some and it didn't help at all.

i should add that like most unmarried people (i think ) i thought that once i get married it would just go away so i was rationalizing that anyway it isn't a permanent problem and i'm koruv l'oness because i started so young etc. which i think was the reason i wasn't taking it too seriously.

So i continued to watch p\*\*\* and m\*\*\*\*\* pretty much whenever i was home until about three months ago when i was walking to yeshiva and i was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, ( i put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and didn't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post i'll be going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it

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Re: The chronicles of inastruggle  
Posted by Gevura Shebyesod - 04 Nov 2014 02:50

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Re: The chronicles of inastruggle  
Posted by dms1234 - 04 Nov 2014 04:42

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Re: The chronicles of inastruggle  
Posted by skeptical - 04 Nov 2014 08:58

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Wait...

If you're skeptical...

...then who am I?

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Re: The chronicles of inastruggle  
Posted by dms1234 - 05 Nov 2014 07:18

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Skeptical 2? Maybe you are DMS1234! OH NO!!!! Someone switched our accounts?

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Re: The chronicles of inastruggle  
Posted by inastruggle - 07 Nov 2014 03:00

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Seems my thread is turning into a freaky friday thread....

Anyway, you are who you choose to be, so that should add another level  
of complexity seeing as choosing to be skeptical actually does make  
you skeptical, however you choosing to be skeptical makes you, you  
AHHHHHHHHH  
choosing, and then becoming skeptical as opposed to being skeptical  
from the start.

See how much I'm shteiging in Israel?

In other news, I'm still clean B"h, and I started getting dreams that

I fell. It happened other times when I reached about a month, so I  
just have to ignore them and KOT in life.

Ciao

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Re: The chronicles of inastruggle  
Posted by cordnoy - 07 Nov 2014 03:12

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Great to hear.

speakin' of dreams, i woke up in a cold sweat thinkin' that my wife took my phone durin' the  
night, and I didn't delete all (GYE) messages from it!

thank God it was only a nightmare!

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Re: The chronicles of inastruggle  
Posted by inastruggle - 14 Nov 2014 18:14

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This week was not my greatest week, I was not in a good headspace and my learning wasn't  
too amazing either. Interestingly enough, it didn't seem to affect me lust-wise, and I'm happy to  
report that I'm still going strong in that area. B"eh next week is going to be better.

Back to the topic of dreams, I dreamt that during shiur my rebbi called a few guys to the front of  
the classroom and made a contest to see who can come up with a joke the fastest. The winner  
had some sort of joke about sauerkraut.

I know it's chayei sara, not mikeitz, but anyone here a poser chalom?

Wishing everyone out there a good shabbos.

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Re: The chronicles of inastruggle

Posted by cordnoy - 14 Nov 2014 19:33

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**Warning: Spoiler!**

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Re: The chronicles of inastruggle

Posted by cordnoy - 14 Nov 2014 19:48

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I went to a German Restaurant the other day. Not a pleasant experience.

The starter was sauerkraut, and it was bloody awful.

But the wurst was yet to come.

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Re: The chronicles of inastruggle

Posted by ZemirosShabbos - 14 Nov 2014 21:14

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hey inna, werent you complaining last week that your thread became a freaky friday?

i believe if you will listen to this song you may understand the inyan of sour kraut, joke contests and pi

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Re: The chronicles of inastruggle

Posted by Machshovo Tova - 14 Nov 2014 21:46

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[inastruggle wrote:](#)

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I know it's chaye sara, not mikeitz, but anyone here a poser chalom?

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Depends what kind of kraut it was. See Tiferes Yisroel Kilayim 1:3

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Re: The chronicles of inastruggle  
Posted by kilochalu - 16 Nov 2014 06:16

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[inastruggle wrote:](#)

Back to the topic of dreams, I dreamt that during shiur my rebbi called a few guys to the front of the classroom and made a contest to see who can come up with a joke the fastest. The winner had some sort of joke about sauerkraut.

I know it's chaye sara, not mikeitz, but anyone here a poser chalom?

lalokim pisronim

but if it was kruv on chaye sara it was probably a remez of k'ravya (kbas chaf kbas sheva)

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Re: The chronicles of inastruggle  
Posted by Dov - 26 Nov 2014 09:07

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[cordnoy wrote:](#)

I went to a German Restaurant the other day. Not a pleasant experience.

The starter was sauerkraut, and it was bloody awful.

But the wurst was yet to come.

OMG. Somebody arrest this guy.

That was funny!!

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Re: The chronicles of inastruggle

Posted by inastruggle - 26 Nov 2014 22:33

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I'm not having the easiest time right now, I'm a bit down about some things going on. I've been oversleeping for the past week which was likely caused by the fact that I just didn't want to get out of bed (also maybe that I went to sleep late...), and that just caused me to get even more down. Today I started lusting and realized that if I don't post then it might get worse. I'm not depressed, just stuck in a bad mindset, I need to get a better perspective on my life.

I have an appointment to speak with my rebbi tonight, hopefully it will help me get back on track.

Thanks for all your support.

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