

The chronicles of inastruggle

Posted by inastruggle - 07 Apr 2013 05:50

I'm going to reintroduce myself for the record, and for those of you who haven't heard my story yet. I've been m***** for as long i can remember, my earliest memory of it was when i was in first grade i wasn't molested or anything b'h, i discovered it on my own. I obviously had no clue that it was assur (though i do remember thinking that something wasn't so kosher about it), and i didn't connect it to s*x until i was about 13, it just felt good so i did it. In eighth grade i found out about s*x and connected the two. It was also around that time when i discovered p***. Eventually i also found out it was assur (through an article on wikipedia, which leaves a bit to be desired in the chinuch area).

I did try stopping but i wasn't too committed since i didn't know if it was really assur or not, since i never heard any rebbe speak about it openly, if i remember correctly my eighth grade rebbe mumbled something about shmiras habris which i don't think anyone understood, and even i wasn't sure if he was talking about what i was doing. Anyway when i got to mesivta the rebbeim did mention it and i knew it was assur but by that time it was already naaseh lo k'heter for long time already.

i knew that i should speak to a rebbe about it but i was too embarrassed. I did speak to one rebbe without telling him what the problem was (i think he guessed it) and he told me to try just to stop it for a short amount of time and then i could try for longer (a.k.a. baby steps) but that didn't really either help too much. Somewhere around twelfth grade i stopped m***** without p*** because it wasn't too hard to do and to be completely honest it was also getting a little boring.

I'm not sure how long ago i heard about gye but i think i read about it in the mishpacha and that motzei shabbos i checked it out, all i saw were some articles i read some and it didn't help at all.

i should add that like most unmarried people (i think) i thought that once i get married it would just go away so i was rationalizing that anyway it isn't a permanent problem and i'm koruv l'oness because i started so young etc. which i think was the reason i wasn't taking it too seriously.

So i continued to watch p*** and m***** pretty much whenever i was home until about three months ago when i was walking to yeshiva and i was listening to a shiur about the dangers of the internet and to do teshuva even if you fell, (i put it up in the kosher isle if anyone is

interested) and something snapped and i realized that I HAVE TO STOP THIS NONSENSE, since the last time i was on gye i had read about it a few more times and saw some advertisements for it so i decided that i'm going to have to go on gye another time and become a member and (i don't remember this for sure but i think the second part was there) if it doesn't work then i'm going to talk to my rebbe about it.

When i went on gye it was completely different than before and i joined up and registered on the 90 day chart right away and didn't fall for about two weeks then i did about a month and now i'm 33 days clean which is my longest since joining.

in my next post i'll be going to talk some more about what my situation is, and what i think my problem is, and how i'm dealing with it

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Re: The chronicles of inastruggle
Posted by inastruggle - 09 Sep 2013 05:42

I can't really pray for the object of my lust being that it's not a specific person or persons it's usually the act alone, or memories of porn I've seen. I don't think that I beat the urge because I didn't act out, I do think that with Hashem's great help I managed to get through the day clean, without falling or really even slipping.

Also, isn't surrendering my lust to hashem, a.k.a. asking him to take it away, using your last resort? Does it always work right away or do you sometimes have to keep doing it over and over every few minutes as I did?

P.S. I think after a three day yomtov everyone is still too full to eat or act out. (If you think you can act out after eating then you clearly didn't eat as much as me)

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Re: The chronicles of inastruggle

Posted by inastruggle - 23 Sep 2013 07:12

Well I meant to post this earlier, but I just never felt like it was the right time. So the news is that, I'm probably going to be off the forum from a day or two after sukkos until pesach.

Be"h I'm off to Israel.

I dunno what to say, too many goodbyes, I still have a few days left.

Forget it, I'm gonna say goodbye later.

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Re: The chronicles of inastruggle
Posted by cordnoy - 23 Sep 2013 10:13

it should be b'hatzlachah

your insights will be missed

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Re: The chronicles of inastruggle
Posted by Avrom - 23 Sep 2013 14:04

No goodbye's...

WELCOME!!! to the holy land brother inna, red carpet enroute

Warning: We do not tolerate any St. Marry's sculpture, beware of the rockthrowers!!!

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Re: The chronicles of inastruggle

Posted by ZemirosShabbos - 30 Sep 2013 20:50

NOT saying goodbye

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Re: The chronicles of inastruggle

Posted by BNGE - 30 Sep 2013 21:02

[Avrom wrote:](#)

No goodbye's...

Warning: beware of the rockthrowers!!!

Did somebody call me?

Warning: Spoiler!

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Re: The chronicles of inastruggle
Posted by inastruggle - 01 Oct 2013 11:14

Well. That's that. I'm off. Not really right now, but I don't think I'll be able to do much more than pop in until I leave so I'm going to say goodbye now.

GOODBYE

As of now it looks like I won't be having internet access, but I will have some limited email

access. That means goodbye forum for the most part... :'(

And now for the never before posted story of gye's impact in my life.

I've been on this forum almost 9 months.

What it did for me is amazing, it not only changed my acting out, it gave me new friends, it changed my attitudes on many things, pretty much changed my attitude on life, changed the way I act, brought out different parts of personality, and immensely boosted my self confidence (not gayvah, see avrom at his gye office).

The forum came into my life at a point where I really needed it (though I didn't really realize it then). My friends had been leaving yeshiva steadily and I hadn't been making new ones to replace them. I was slowly going into a shell and getting isolated and depressed. Looking back now, I have to say things did not look so good.

Then I joined the forum.

I used to be a big worrier, always thinking about the future and many times to forget to live the only time I could, in the present. I came here and one of the first things I learnt was to forget about the future, I can't do anything about it anyway so what's the point?

I hated speaking to people I didn't know. That must've contributed to my lack of friends as well. After meeting so many strangers around the world I can't say I like speaking to people I don't know, but it definitely got easier. Besides, after that a guy in your yeshiva is practically family.

I now realize that I also lacked a certain amount of self confidence. I realize that because now I don't feel the need to imagine myself better than everyone else. I used to always try to see how much better I am than others at things, smarter, or at least different. After coming here and

making true friends who definitely aren't my friends because of my amazing tzidkus, being able to give my opinions and have others agree or at least respect them, being able to make jokes and having others think they're funny, well, it just makes a person believe in himself.

I don't really feel such a need to be different, I know in some ways I am, but if I really think about it, I'm not super smart, super good, or super different. I'm me, and that's fine.

As I said, I was slowly withdrawing into myself. I decided it was because I was an introvert, I only needed a few close friends anyway. Once I made friends here and my confidence went up, I went back to yeshiva after pesach and made a whole bunch of friends, and for some reason I like it. Guess I'm not that introverted after all....

I guess I shouldn't leave out the reason I came. I used to act out pretty much whenever I had unfiltered internet, a.k.a. pretty much whenever I was home. I never looked at it as a stress reliever or something I used to change my mood, being that I almost always did it whether or not I had a strong tayva to. I also didn't really consider it such a big deal, I didn't know how chamur it was, and even when I found out it was a d'oraisa from wikipedia I thought that everyone did it, at least everyone with unfiltered internet. And anyway I'm an oness since I found it at such a young age and didn't know it was assur until I was toaim taamah d'isura so many times. Plus my family didn't have filters so it was their fault since probably no one can resist unfiltered internet.

When I came here, one of the first things that hit me was people actually taking it seriously! What's the big deal? Everyone does it, right?...

But here all these guys were talking about falling like it's such a bad thing. I still fell a nice amount of times after finding gye since I wasn't ready to give it up yet.

After changing a lot of perspectives I hadn't even realized I had, I realized I can and should give it up. I still had some slips, and there's absolutely no guarantee I'll stay clean forever, but thanks to gye, I do believe I can.

So, I bid farewell to what may very well be the greatest site on the internet. I hope to keep on writing in every now and then, I'm definitely planning to keep in contact with the chevra, so forum, until next time, this is inastruggle signing off.

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Re: The chronicles of inastruggle

Posted by Pidaini - 01 Oct 2013 13:42

Well goodbye. :'(

but I'll be seeing you as soon as i get back to my nest! Be prepared!!!

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Re: The chronicles of inastruggle

Posted by tehillimzugger - 01 Oct 2013 16:18

INNA QUOTES!

INNA QUOTES!

INNA QUOTES!

INNA QUOTES!

INNA QUOTES!

INNA QUOTES!

INNA QUOTES!

INNA QUOTES!

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Re: The chronicles of inastruggle

Posted by ZemirosShabbos - 01 Oct 2013 18:34

"where's the nosh?"

~ Inna, circa 5773

"Halloween Esrogim"

~ Inna, circa 5774

"being able to make jokes and having others think they're funny, well, it just makes a person believe in himself"

~ Inna, circa 5774

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Re: The chronicles of inastruggle
Posted by tryingtoshteig - 01 Oct 2013 19:02

[inastruggle wrote:](#)

Please everyone agree to this so that this thread can end and we can go back to the holy work of the just having fun section.

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Re: The chronicles of inastruggle
Posted by ZemirosShabbos - 04 Oct 2013 19:26

~~Innocents Abroad~~

~~The Eagle has landed~~

~~The statue was delivered~~

Inna is abroad, confirmed

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Re: The chronicles of inastruggle
Posted by Gevura Shebyesod - 04 Oct 2013 19:38

Inna has left the building...

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Re: The chronicles of inastruggle
Posted by Pidaini - 06 Oct 2013 01:06

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THE EAGLE IS STILL FLYING STRONG!!!!