

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....

Posted by Grant400 - 24 Aug 2022 18:07

Wow. Wow. Wow.

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Re: laughingman tries to count to 90.....

Posted by Hashem Help Me - 25 Aug 2022 01:22

Wow!! What a humbling read.....

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Re: laughingman tries to count to 90.....

Posted by laughingman - 29 Aug 2022 07:20

And I am not done yet . ..oh no

not by far

But my father in heaven loves me

I know this how ?

Since i can remember.....every timeEVERY TIME!!!! I have fallen, I.e. I looked excessively at pornographic material, or was otherwise inappropriate or lewd, or ?? ????? I was ?????? ??? ?????, I was immediately the next day! Or the next following week, visited with ????????like, losing money sometimes from sudden issues, sometimes from just dropping out of pocket, recently I was scammed out of nearly \$350, sometimes it would be family issues like a severe argument, like some of the things that have happened that have had permanent affects on myself and my family, and I could even see how the negative issues clung more if another person continued and also had a negativity issue, such as being disrespectful and ungrateful,

But while all that was occurring and I understood what was happeningthat's not what helped me stop ...which just shows how stubborn I can get lol (well stubbornness IS our bread and butter lol) no what helped was i realized I could not beat the inclination, not on the open fieldso I resorted to guerilla warfare, every time I fell i ran to the mikveh ...but even several times a day, I kept modifying my behavior and responses till I would go to the mikveh if I had an incident of even a few drops that were pre ejaculate and not the main thing before the next minyan, I would refuse to study or pray if I was in that state until I got to the mikveh, I love Hashem, and not being able to communicate in ??? ????? would feel like Hashem put me in time out lolI know it was essentially my decision but he was definitely guiding me,

Besides that i would say ????? ????? with as much ????? (the words, the connections to things in my life, the overall connection to ?? *??* and the word ?????) as I could muster, I would also add ????? ?? which has to do with issues of the ???? specifically and ????? and later on i learned to say ????? ?? as a ????? and guide to issues with getting along with women in general and particularly understanding the viewpoints and concerns of the females in my family (it works WONDERS!!!OM GOODNESS. Because that ????? was authored by ???? ????? who went through every issue that women worldwide today struggle and complain and fight for literally, she was a beautiful girl, from a respected family, often treated like her opinion vs THE MAN'S opinion e.g. ????? or ??? ????)

??? ??? ????? ?? ????? ???? ??? ???? ????? ??? ???

Would ccompletely ignore her as far as opinions or anything on the bases of her gender alone, notwithstanding that she was a prophetess on a level they could never understand and held to a level of ????? that im not sure WE understand in our time at all, she was kidnapped from home, on the basis of her gender and beauty alone and taken from the love of her life and mentor who respected and taught her as an equal as the ???? demands of us, and given to the ultimate glutton of desire ????? who literally made a beauty pagent whos sole purpose was to cater to his toxic masculine lust for virgin girls who he then kept in a private harem for LIFE, she was forced to resort to ???? and ???? ? to keep her virtue which she fully intended to keep so she could halachically return to her husband [see gemarah, malbim, midrash Rabbah, rabbi yehoshuah zitrons commentary on the story of the megillah et al] and in an act of desperation to save her people and the world from annihilation she had to give herself physically and willingly without any ???? or tricks to this non Jewish pervert, the greatest fear of any decent Jewish meidel and certainly their family members AND SHE CONCEIVES!!!!!!!! And fyi we know the child, ????? was brought up as a gentile though technically this would make him a ????? as we know and he would go on to authorize and protect and oversee the construction of ??? ??? and the return of the exiles to ??? ?????. Something Rabbi Zitron mentions , many people have their daughters dress as ????? and so on, but if anyone ever had ?? ?????

?????? the "right" to lose emunah it was esther

But she doesn't, instead she authors the megillah, does what must be done, and saves the
?????? from destruction, from a holocaust that would have DWARFED the actual holocaust

And the whole perek is full of things women, particularly the righteous Jewish women, struggle with, fear, worry about; toxic masculinity, loneliness, hopefulness for salvation like the men, being burdened with uniquely female experiences that are difficult

The amazing thing is that at the end of the megillah when everyone else goes homeshe doesn't get toin fact she never got out of that situation, and yet she remained a righteous woman, a prophetess!!!!this is the story of a heroine if there ever was one , to sacrifice everything she is for the sake of her people

and the power of that actthe selflessness, the ??? ???? of it , generates the power that later enabled the Jewish people to mostly abandon their non Jewish wives on a dime so that the ???
???? could function and the ??? ????? too

I mmean think about it, in our time, and even not soo long after the purim story such as during the story of ????? assimilation was and is at a ridiculous level, in some places as high as 85% and rising, something the rabbis in our time have referred to as "the silent holocaust"

Do we know too many people with the moral fiber and determination to divorce their non Jewish spouses on a dime!!!!maybe some ...but not at the levels like in the times of Ezra hasofersoo that tehillim has all about women and if a man reads it and concentrates on it I have no doubt, if he is having trouble at home with his wife, he will be answered on this)(I could go into some of the points in the perek itself but I'm low on time, I want to return to my original point, I have to go to the bathroom, and work, and life ,and daven on time hopefully, I did not yet but again, I wanted to get this all down before anything and certainly before I would forget) and slowly I would notice that first of all when I would attempt these ??????? the issurim (im sorry I'm back and forth between hebrew and translating and transliterating, im actually really tired now and still trying to get this thought across in entirety) would go away, not always entirely and sometimes the effects WERE PERMANENT but then I added going to minyan more, for shacharit, minchah, AND arvit, I started recently studying ???? ???? ???? ?????, I have been doing soo since,parashat nasso. But after that whole post I posted the other day (BTW the tikkunim have even helped me in the dream world, when I was younger ...like teen years, while I

actually did NOT masturbate I certainly did have an eye out for beauty and I did have issues with wet dreams and similar maybe because of porn and the huge poster of Britney spears over my bed [I thought she was very beautiful, and I guess wholesome, in a way and I liked her early music and she could dance like NOBODY'S BUSINESS] Soo wet dreams are sometimes caused by sexual demons referred to in common vernacular as succubi [it might be dangerous to even mention this stuff] anyway as a teen they often got the better of me but recently they have definitely tried again as I have had some vivid dreams of what looked like women who I was attracted to attempting to be with me and if it weren't for the help of Hashem yiborach I would have fallen more. But I was able to see through it and not spill[like the would try to win one over me and im like NOPE not this time!]) I had a night (literally 2 nights ago lol) and I was once again drawn to porn and in the end masterbated to full finish. I was soo ashamed, immediately I ran to the mikveh, and I was and am in the middle of a difficult time involving my apartment and landlord and all that soo I had alot of work to do soo and at the same time I get easily distracted with my socials (

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Re: laughingman tries to count to 90.....
Posted by laughingman - 29 Aug 2022 07:43

BTW while I was doing all that work, with no water available, I cut my arm and couldn't take care of it, I was sweating soo much I soaked my clothes and the sweat washed away the blood (another sign to me that by accepting the issurim, I had made a tremendous tikkun nefesh) I was saying tikkun klalli by heart, over and over again, ...

Ok ttyl

Also feel free to repost these stories at your leisure to any subject here and on any socials you might have ...I want this to spread as far as it can

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Re: laughingman tries to count to 90.....
Posted by laughingman - 29 Aug 2022 15:01

I could call you if you want

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Re: laughingman tries to count to 90.....

Posted by ColinColin - 30 Aug 2022 01:04

@laughingman

I wish you all G-D's help in rebuilding your life and business.

I wish you all the best as a parent.

With all that you have been through this year, take things day by day and keep being thankful for the positive things in life.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 31 Aug 2022 00:47

Today I got into another argumentafter wasting time on something ridiculous (nope i did NOT masturbate, NOR did I search for porn although my Twitter could use a cleansing lol)

I have been beastmoding away for days.....tossing in between appreciation and high level, and renewed contempt and sorrow, what I wasn't paying attention to was me

Within 3 days I was severely dehydrated and overheating to the point of chronic heat exhaustion and I might have suffered a stroke if I continued, I know because I tried to donate blood and a cursory check revealed a low blood pressure and high heart rate, signs of heat stroke (no the Arab paramedic who did the check up didn't even offer me water, simply wouldn't allow me to donate, classic) [immediately after she said this, I dunno maybe I'm a hypochondriac somewhere or maybe she made me hyper aware.

I could FEEL my heart system having fluctuations that felt unnatural and extremely dangerous, {I had recently eaten 3 small burgers, my first major meal of the day, after I prayed minchah, at about 7 pm

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Re: laughingman tries to count to 90.....
Posted by laughingman - 06 Nov 2022 03:08

Soo I haven't posted in a while

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Thats a middle ground ballpark estimate for how many times I have Masterbated IN MY ENTIRE LIFETIME!!!!

I used to come on here in 2013 and cry and cry and say tikkun 4 times a day and sometimes got to the mikveh as many times

In a world where people are surprised if someone can stop thinking of certain things for NOVEMBER!

That's an achievement I didn't even realize i had till now

But i dont rest..... I don't say I have conquered

I regroup and refocus cause I wantvthechiwant the higher level i want all the mitzvot

I want moshiach now

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