

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....

Posted by laughingman - 28 Aug 2013 18:41

I think that i am starting to see that everyone here kind of goes through a sort of shock.....like at first you dont want to believe it allso we try to break it with this resolution and that one but its always the last place you look...meaning it will really work when it does and we all need to find ourselves and our strength to resisteven the falls if they happen need to become spring boards and not padleboards...today was a comparatively difficult day both in general and with this problem for me.....my yetzer tries to trick mebut so far i have bounced along with out soo much as a slip

My wife is still sick

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Re: laughingman tries to count to 90.....

Posted by Pidaini - 28 Aug 2013 22:35

KOT!!!

and Refuah Shleimah!!

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Re: laughingman tries to count to 90.....

Posted by laughingman - 30 Aug 2013 18:16

soo as i approach shabbat and so on i have to say....what is going on latelyeven the news is out to break me lately

well i am doing soomething else now

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Re: laughingman tries to count to 90.....
Posted by inastruggle - 01 Sep 2013 08:44

What's going on?

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Re: laughingman tries to count to 90.....
Posted by laughingman - 02 Sep 2013 13:00

We shall defend our island, whatever the cost may be, we shall fight on the beaches, we shall fight on the landing grounds, we shall fight in the fields and in the streets, we shall fight in the hills; we shall never surrender

One of winstons greatest speaches...to which i want to add..

And with G-d we will win

We are in it fellow freedom fighters...the last of battles for the freedom of our minds from the slavery of animalistic passions

To rise to become more then we are now

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Re: laughingman tries to count to 90.....
Posted by RoshYeshivasSon - 02 Sep 2013 15:14

Did you know Mr. Churchill was a alcoholic (among other things)?

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Re: laughingman tries to count to 90.....

Posted by Gevura Shebyesod - 02 Sep 2013 16:21

Woman at a party: "Sir, you are drunk."

Churchill: "Madam, you are ugly. And in the morning, I shall be sober."

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Re: laughingman tries to count to 90.....

Posted by RoshYeshivasSon - 02 Sep 2013 18:22

"If your going through hell, keep going"

WC

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Re: laughingman tries to count to 90.....

Posted by laughingman - 04 Sep 2013 14:46

Im not the biggest fan of wc but i thought that was a good saying for what we here deal with every dayi truly feel tgat the group here are different from other people in the way we deal with our struggles in shmirat enayim and brit

??? ???? to all

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Re: laughingman tries to count to 90.....

Posted by laughingman - 10 Sep 2013 19:32

As i write this there would be tears in my eyes if it were not that i am at a bus stop.....althouhh i am alittle misty-eyed

Since the start of rosh hashana my challeneges have trippled in intensity.....so far sooo good

No slips no falls.....althouhh i had near slip

Business is not getting any easierpeople so far just arent reliable small guys like me get out muscled easily im no giving up its just frustrating

My breaking out of addiction is soo tough at timescause i almost forget my directives ...but then i remember why i must go on

Money is worthless in our time25 bucks dont buy much more then 9 items at a storeavg 2.5 dollars each....things that cost about 1 dollar year and a half ago.....

Financial stress real or othrrwise felt is my single greatest trigger to act out....but im not.....i remember all the hell i went through getting even to here and i remember that all that i have is a gift

I wasnt supposed to have anything i have nowbut at the same time people depend on me and i feel inadequet mostly

G-D help me (as a prayer not as an s.o.s.)

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Re: laughingman tries to count to 90.....

Posted by cordnoy - 10 Sep 2013 19:39

Please join me in increasing his karma to at least 10, as a sign that we are all with him together.

He always gives us such chizuk; his strength now.

Additionally, make sure you hit the thank you button below. We all owe him thanks for giving us strength.

Karma and "Thank you's"!

Onward

b'hatzlachah!!!!

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Re: laughingman tries to count to 90.....

Posted by moish u.k. - 10 Sep 2013 19:45

LM, your tears are precious.

Hazoirim bedimoh berinoh yiktsoiru.

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Re: laughingman tries to count to 90.....

Posted by cordnoy - 10 Sep 2013 22:05

Rabbosai, in a bit over an hour, he made it from 3 to 8; increase his karma to 10 or beyond, as a demonstration of chizuk for him and for all of us.

Sh'koyach

b'hatzlachah

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Re: laughingman tries to count to 90.....

Posted by cordnoy - 11 Sep 2013 00:20

Ten!!!!

10!!!!!!!!!!

A perfect ten (hope that's not triggerin')

Laughingman; look how much you are loved down here; we cannot imagine how much you are loved by God. There is no number; no amount of karma that could describe it. He looks down at you and your family and says, "Chazu, chazu, banai, banai, banai chavivai." What a Kiddush Hashem you are!

KOT!

everyone is behind you!

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