

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

---

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m\*\*\*\*\* habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequent ....and eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching \*\*\*\*

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by laughingman - 29 May 2016 21:58

---

Unbelievable .....i have been acting out suddenly non stop .....i dont talk to anyone ....i do talk to everyone ....i dont know where my head is at at all ....i feel crazier than usual ....i am even writing more erratically ....maybe im just having a tantrum .....maybe i will feel better soon.....

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by markz - 29 May 2016 23:44

---

There's a heavy bunch..... anonymous people on gye.. no one knows you... or can help you.. or pick you up (or throw you down)... as long as this anony-mouse relationship continues the cat and mouse game goes on around and around until... the next laughingcryingman episode.. don't we love anonimity.. till death?....

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by Workingguy - 30 May 2016 19:46

---

[laughingman wrote on 29 May 2016 21:58:](#)

Unbelievable .....i have been acting out suddenly non stop .....i dont talk to anyone ....i do talk to everyone ....i dont know where my head is at at all ....i feel crazier than usual ....i am even writing more erratically ....maybe im just having a tantrum .....maybe i will feel better soon.....

Get some help; why keep going in circles?

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by laughingman - 31 May 2016 19:03

---

---

I have been talking to dov ....it does help ....

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by cordnoy - 31 May 2016 19:18

---

[laughingman wrote on 31 May 2016 19:03:](#)

I have been talking to dov ....it does help ....

Great to hear that someone answers your calls.

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by Dov - 02 Jun 2016 17:09

---

[laughingman wrote on 02 May 2013 02:42:](#)

Decided that i can no longer tolerate my rate of lapses and counted it as a fall... i was only looking at things...thank G-d nothing else happened ....but i felt that in the interst of being true here and that i would rather feel the sting of this problemin losing my status here then otherwise i counted the fall ....i will G-d willing return to counting from after shabbat ...though i am proud that this is the first fall i have had that was not a result of physical failure but more of a mental one but i am going to go through all the things i normally do for a physical fall now to enharden myself against this now so that soon i will be free of this problem too....i dont want to fall to depression....after all i just lost a month or streak

That was a post of yours from over three years ago...look at how all you are focused on is your 'falling' and other nahrishkeit. Not in reality, not facing your **Life** - instead, just facing the "Wall of Honor" and pretending that the only real factors in your life that matter to you are how many mitzvos vs aveiros you have and your madreiga...all fantasy.

While the house of your Olam hazeh was busy burning down, there you were boiling your water first instead of dousing the fire with whatever water you had (Chofetz Chayim's moshol) - while some GYE folds were cheering you on for your cleanliness...but apparently things have changed around here for the better, and:

**OMG! How far you have come since then, Mr Laughy!**

Look at most of your *recent* posts - they are focused on your marriage (or lack thereof), the family, your emotional state and your opportunities, obligations, needs...in other words: they are mostly about **facing your Real Life!**

That's amazing, and real progress.

Before you go back to the land of impurity and falls, I hope you can at least spend one minute before davening each tefillah today and the rest of this week at least, just appreciating how you are closer to living on the same page with Hashem and Reality rather than in la-la-land like you used to be. One minute is not long.

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by laughingman - 05 Jun 2016 12:42

---

I have thought of that ...alot ....and also thinking how i wish i had then the mindset i have now .... i might have avoided things .....but i also know how super dangerous that train of thought is .... i also realize how important what i do is ....no matter that it doesnt fit a "model" but my whole life is like that ...and enabled to be that way when many others are refused ....i an a caretaker now ...

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by Dov - 05 Jun 2016 22:24

---

Yes, to some degree you are.

Yet you are also a real, live, man. You still have your own life that is affected a great deal by what you spend your life on.

I think we each need to find our own peace.

Can you see what I am referring to?

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by OTR - 05 Jun 2016 23:46

---

This looks like a conversation between two people where there is history and more going on than the actual surface appears.... But I am still getting something out of reading it. Sometimes it CAN take years to realize you are getting someplace. And sometimes it can take years to get someplace. But if we keep coming back, we are moving in the right direction.

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by laughingman - 08 Jun 2016 15:18

---

I have been thinking in circles .....probably will continue somewhat for a long time .....i kept thinking in absolutes ....and in negatives .....its possible i already am living in overtime ....but it also seems ...at least for now ....that i have far more meaningfulness in my life than i thought ....and though the going is getting tougher by the moment at times , it seems also that i have alot more control than i thought ....although it is very hard to see it ....my whole life i have been taught wrong and bred to fail and cry while doing it .....but i also know that my life is not simply "mine" .....its not only about me, and that gives me more than being selfish ....if only perspective is changed

=====  
=====

====

Re: laughingman tries to count to 90.....  
Posted by laughingman - 04 Jul 2016 06:03

---

I was about to post on my recent episodes of mas\*\*, \*?, \* and generally acting out when i saw nearly the same words in a post i wrote not a month ago .....or about a month ...and i realize i have turned my problems into a cycle ....and id like to get off the ride

=====  
====

Re: laughingman tries to count to 90.....  
Posted by Workingguy - 04 Jul 2016 15:25

---

[laughingman wrote on 04 Jul 2016 06:03:](#)

I was about to post on my recent episodes of mas\*\*, \*?, \* and generally acting out when i saw nearly the same words in a post i wrote not a month ago .....or about a month ...and i realize i have turned my problems into a cycle ....and id like to get off the ride

LM,

That's awesome; instead of moping you actually want to do something about it. Hope it goes well!

=====  
====

Re: laughingman tries to count to 90.....  
Posted by OTR - 07 Jul 2016 17:44

---

Yea that is one of the benefits I find in this forum as opposed to live interaction. Both have their strengths. And going live means confronting the issues in the most uncomfortable and real way possible. But you can't record your meetings and your thoughts at the time. This forum has helped me in ways I did not even think imaginable when I started. keep at it.

=====  
=====

Re: laughingman tries to count to 90.....  
Posted by laughingman - 10 Jul 2016 20:06

---

I see its all happening again like before .....now i am a little less afraid ....and a little more afraid at the same time .....

I feel often like i have reached my end .....or my marriage.....or something else .....and then i dont know.....but G-d who brought me from 0 to where i am ....and made a great nations greatest moments ....not in jerusalem but in the desert .....can certainly reverse my situation

=====  
=====