

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....
Posted by laughingman - 21 Jul 2015 09:55

I have decided

.....for as long as my attention will hold

that maybe if i try everyday to write alittle i wont feel soo bad

Even though i spend most of my time with my family i constantly feel alone ..

After nearly 10 years i still have trouble understanding family dynamic and standards

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Re: laughingman tries to count to 90.....
Posted by serenity - 21 Jul 2015 22:15

Call someone. U can also call into the GYE conference call numbers and someone can meet y0u there any time I think

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Re: laughingman tries to count to 90.....
Posted by laughingman - 22 Jul 2015 14:05

sometimes i read back on this thread and i sort of remember the situations that gave rise to the older postsand i realize how much more there was to deal witheveryday i sort of try to think in terms of " nu sure there was alot going on but from today what can i do" even though i feel the weight of responsibility for everything that happens around me ...

Even alot of the things i have worked on for my life might not be possible or relevant i dont give upmust be a stubbornness thing

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Re: laughingman tries to count to 90.....
Posted by laughingman - 29 Jul 2015 12:33

I have been havingsooomuch problemsmakes all my past struggles look like cake
.....i feel very disheartenedi can do it if i learn from my past and just stay away from lust
untill i have time to connect with people

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Re: laughingman tries to count to 90.....
Posted by serenity - 29 Jul 2015 23:42

there is no problem that lust won't make worse

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Re: laughingman tries to count to 90.....
Posted by avreml - 29 Jul 2015 23:54

You should try opening up to someone.

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Re: laughingman tries to count to 90.....
Posted by laughingman - 30 Jul 2015 08:01

Yesterday i was on a phone conference

....yayi have been having a real sleeping problem....in that i dont sleep at night enough but in
the day i crash.....and i try to fight it

Good news i bought new teffilinand a new case.....

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Re: laughingman tries to count to 90.....

Posted by cordnoy - 30 Jul 2015 13:01

[laughingman wrote:](#)

Yesterday i was on a phone conference

....yayi have been having a real sleeping problem....in that i dont sleep at night enough but in the day i crash.....and i try to fight it

Good news i bought new teffilinand a new case.....

good stuff!

What did you learn?

Mazel tov on the new purchase!

May you be zoche to be mekayem this mitzvah and many more mitzvos and have nachas from your entire family.

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Re: laughingman tries to count to 90.....

Posted by laughingman - 04 Aug 2015 14:16

First i started to learn the way these meetings work

Now i hope to learn these steps

Oppressive heat wavesince 2 weeks nowbut at least not as bad as iran has it now

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Re: laughingman tries to count to 90.....
Posted by laughingman - 10 Aug 2015 23:13

I have been learning alot more about myself latelyhow i really think under all my selfmy mind many times feels like a tornado of thoughtsand how much pretense went into my lustingi dont know if i hadnt been exposed early on if i would be soo unrealistic as i was for a long timethe p***system really does try to convince you that all there is is your lust and that you and everyone should and can feed it a never ending buffet of what is analogous to a super high fat dietthat like real food will soon make your heart explode if followed uncheckedand the worst part is there are people who are payed to give out this message....and they work relentlessly on itso too i/we must never stop staying away from them and their *****

What can i tell someone who feels negative towards G-d

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Re: laughingman tries to count to 90.....
Posted by laughingman - 13 Aug 2015 04:18

Terrible things happened in my marriage recentlyat least how i see iti dont know what to domy wife is really upsetmaybe forever

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Re: laughingman tries to count to 90.....
Posted by Changing - 13 Aug 2015 04:27

We all feel your pain! Hope things get better soon... keep us posted!

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Re: laughingman tries to count to 90.....
Posted by laughingman - 13 Aug 2015 11:57

At least now keeping clean will be easier

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Re: laughingman tries to count to 90.....
Posted by cordnoy - 13 Aug 2015 20:07

[laughingman wrote:](#)

Terrible things happened in my marriage recentlyat least how i see iti dont know what to domy wife is really upsetmaybe forever

Be strong....whatever it is that's goin' on.

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