

laughingman tries to count to 90.....

Posted by laughingman - 14 Mar 2013 16:01

as of today all my posts are here as far as my own topics are concerned

i have had 2 falls but i am now a week into a new streak

i have had success in breaking some previously unbreakable habits

not m***** habits ...thoses i have dealt with somewhat but even farther

as a result of the rules that i follow through the 90 days and though i have slips about once in 2-3 days every day foward breaks that tooo down so that it becomes less frequentand eventually non-existent

i recently got the s3 and i have had soo far Thank G-d no desire to sttempt to use it for searching ****

i personnaly dont use software barriers for myself (for my kids i do of course)

i can break them too easy ...the only way out is personal honesty

as all of these things are for now personal actions

and it is working ...hopefully it will continue though im sure the real war is coming

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Re: laughingman tries to count to 90.....

Posted by dd - 07 Dec 2014 11:40

Laughingman i hope everything falls into place be"n asap.

Seems your really going through hard times in life. Stay strong and be"n things will fall into place. We can't understand hashems plan but in the end he usually shows us that it all was for our best.

KOMT and much Hatzlacha!!!

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Re: laughingman tries to count to 90.....

Posted by laughingman - 08 Dec 2014 17:11

Its very important to realize there are soo many steps up ...because my problems are not because of themselves as much as my ability to deal with thema person who lives in guilt of past deeds that only he himself knows about might have a hard time dealing with even everyday normal ups and downs ...let alone larger life altering problems

Also believing that G-d loves you is in a way more important than simply believing that He exists

And the fight continues....

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Re: laughingman tries to count to 90.....

Posted by laughingman - 17 Dec 2014 15:28

Chanukasometimes feels like the odd one.....because hallel but no mussaflots of quasi - customs byt not really a meal

Also there is no megillah ...or torah parashathe daily reading is about the nessiim

But this is the only holiday that existed with a beit hamikdash

Also this holiday is also a celebration of the mishkans dedication which really deserves its own holiday but if we were to celebrate now only about that maybe it would be more sorrow than happy

But really chanuka is about that every jew has in them to come back and if we would all just sit around the light of the menorah and take in its holinessthats enough to help us foward

My own fight is intensifiedi have redoubled my efforts to define a border that i do not cross so i dont get even near the red zoneit has been a problem in the past but im still at it ...

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Re: laughingman tries to count to 90.....
Posted by Shmeichel - 17 Dec 2014 19:18

great method!

keep it up

i saw in sefer bnei yissoschor, the difference between shabbos and chanukeh,

shabbos our neshomo becomes more holy, we draw closer to hashem

whereas chanukeh hashem draws closer to us, he shines down with his kedushe to us down here, no matter how low we are

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Re: laughingman tries to count to 90.....

Posted by laughingman - 26 Dec 2014 08:29

Every time i have had a fall i have tried to change my method or thought....i would do more but my day is pretty packed as it is ...

The one thing that doesnt seem to go away are the pressures that were there in the first place

I am in debtit wouldnt be soo bad but its always on my mind because i was soo careful up till 2 years ago.... and now it might take a while to get out of it

I feel so foolish

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Re: laughingman tries to count to 90.....

Posted by shomer bro - 26 Dec 2014 18:47

In a similar vein, at different points we are careful of what we look at and we don't act out. But then we fell and we feel so foolish. But we know that that's just the yetzer hara trying to keep us from getting back up. Keep on monster trucking bro!! You got this one!!

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Re: laughingman tries to count to 90.....

Posted by Shmeichel - 26 Dec 2014 19:28

dear laughingman

lets keep together!

i am also in major debts

big big money, and so what

this is how hashem wants me to serve him

being in debt and to be clean

while knowing its harder, keep in mind that:

??? ?????? ???? , ???? ??? ?????

so the rewards are by far greater then any rivals

lets be mechazek all our friends here, who a lot of them also have debts

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Re: laughingman tries to count to 90.....
Posted by laughingman - 30 Dec 2014 01:16

I keep goingone thing that helps is the memory of what happens if i do give innothingi
dont feel better for it

And the high aint worth the cost

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Re: laughingman tries to count to 90.....
Posted by Shmeichel - 30 Dec 2014 03:33

cheers mate

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Re: laughingman tries to count to 90.....
Posted by laughingman - 31 Dec 2014 03:35

The yetzer ...or as i like to think of itwell anything that sounds less sinister....

Is throwing everything its gotor at least i feel like that sometimes....i try to deflect....to abvoid seeing ...":**** or acting on lust

I always pray for Hashem to step in for me and not let me repeat my mistakes

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Re: laughingman tries to count to 90.....

Posted by Shmeichel - 31 Dec 2014 03:57

of course

he will everything possible to get someone to go down the drain

he will paint this evil por* viewing, as a great mizveh

he will make the environment, situation, access, fully comfortable to sin away

he will suck out every good bit of energy that you have

then throw you away like a rotten apple

and only hashem can measure him up

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Re: laughingman tries to count to 90.....

Posted by Dov - 31 Dec 2014 04:09

[laughingman wrote:](#)

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Don't believe it. I assure you that there are plenty people - both yidden and goyim - who have desires and tests far greater and more powerful and painful than you do. And some stay clean while some do not.

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Re: laughingman tries to count to 90.....
Posted by Dov - 31 Dec 2014 04:12

Masturbating or using porn may mess up things, but self pity will lock any person who uses it in a jail, R"l.

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Re: laughingman tries to count to 90.....
Posted by Shmeichel - 31 Dec 2014 04:17

interesting

i never thought of that as self pity

but yes

blaming the y"h, and using the y"h strength, as a coverup, is self pity

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