

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

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I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!

Posted by gibbor120 - 30 Apr 2013 20:04

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KOT my friend! I respect you greatly for an open and honest post.

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Re: Hashem, please open up the road for me!!!

Posted by Machshovo Tova - 30 Apr 2013 20:16

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[pischoshelmachat wrote:](#)

...I hope you have not lost all respect for me after what I have just done.

From the bottom of my broken heart,

Yossi

You're in good company, Yossi. You are sharing with people who have been there done that again and again for years (decades in my case). But hang in there, brother. Throw your load on Hashem and He will take care of you. Just try your best (avoid "all" triggers) and let Him do the rest.

Hatzlacha

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Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 12 May 2013 19:18

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Hi Dear Friends,

I have been struggling to get back on the train since my fall 3 weeks ago. Things were going so well for 51 days and I was excited for reaching Shavuuous clean. I am pained that this did not happen and I need help getting back on the train.

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Re: Hashem, please open up the road for me!!!  
Posted by inastruggle - 12 May 2013 23:14

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first of all

51 days is an amazing achievement and you are going into shavouus with that in your bank account.

second now that you did it for so long you can definitely do it for longer next time with all your experience.

third and possibly most important if you don't get on the ~~train~~ monster truck now then it's only going to be harder to do it later. im lo achshav amasei?

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 12 May 2013 23:17

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Please daven for me.

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you can do it, so get to it

Re: Hashem, please open up the road for me!!!  
Posted by MBJ - 12 May 2013 23:52

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Why do you think you are having trouble starting again? What is keeping you from getting going?

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Re: Hashem, please open up the road for me!!!  
Posted by inastruggle - 15 May 2013 00:17

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[pischoshelmachat wrote:](#)

Please daven for me.

i daven for everyone on gye pretty often, bli neder i'll have you in mind specifically next time.

and like MBJ asked, is there something specific bothering you about this time?

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 15 May 2013 01:03

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Hi,

I don't know why I cannot snap out of this horrible situation. It is 3 weeks if the YH nagging. Over Yom Tov I will learn shtark and daven and be happy with my family. Hopefully, that will give me some good momentum.

I wrote this to my partner today.

Good Morning.

I just read the chizzuk email and frankly, I am sad. I did not build every day of these past 49 days rather I struggled. I was hoping to greet Shavuuous on a high of cleanliness and purity. But this is not what happened. Rather it was a daily struggle of slips and falls and distractions. I feel like I am ushering in the Yom Tov very unprepared. This morning at 6AM there was a knock at the door and we were delighted that my newly married daughter and son in law surprised us by coming for shavuuous. My wife said to me, "I will have to cook more today in their honour"

She is able to catch up on preparing for yom tov. I wish there was a way I could catch up today to feel more prepared for Shavuuos.

I know my feelings are selfish because as Dov would say, "who do you think you are to deserve that smug arrogant feeling of righteousness where you want it and when you want it"

I will have to come to terms with coming to hashem with my hat in my hands, humbly and hopelessly unprepared and undeserving and just falling before him and begging him to take me into the marriage with the torah although i am severely lacking.

The most unsettling feeling I have is knowing that this is our last struggle before moshiach. I am terrified how embarrassed and broken I will feel when moshiach comes and i will not be eligible to participate because i did not survive this struggle.

I hope that I can finally find a path to freedom from this horrible slavery.

My partner was mechazek me but I will not feel better until I am once again under control.

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Re: Hashem, please open up the road for me!!!  
Posted by inastruggle - 15 May 2013 01:20

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I forgot the whole vort but i think it goes something like this.

The ramba"m says that a kabbalah al ha'asid has to be so strong that hashem is mayid that you won't ever do it again. so does that mean that every time so far the kabbalah wasn't good? since we were oiver, then do we say that the last kabbalah wasn't a good one?

The answer is that it was a good kabbalah because what hashem is mayid on is not the future rather on how you are at the time of the kabbalah if you would ever be oiver again.

So according to this all you have to do now is get back up and keep on going until mashiach comes and sees that your kabbalah is one that now you're determined never to fall again.

hatzlacha and a gut yomtov.

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Re: Hashem, please open up the road for me!!!  
Posted by MBJ - 15 May 2013 23:37

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I am sorry that you feel that your previous clean days were useless. They were just the opposite. What you did was prove to yourself that you can go 51 days clean. You did it once you can do it again. I fell, but unlike last time I started on my 90 day journey, I don't enter this one with a feeling of hopelessness, I feel confidence. Confidence that I can do it, but armed with more tools that I took from my previous success and my previous failure.

Don't worry about Moshiach, matan torah or getting ready from Shavuot. (Of course by the time

you are reading this it will be over.) Worry about getting through 1 day. Worry about not letting your fall go to waste by learning from it. Really try to understand why you fell, and why you are staying down. Then find that glimmer of hope, that belief that things really can get better if only you get back to it. Then get through it one day at a time with the knowledge that you have done it before and can do it again.

Good Yom Tov

MBJ

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Re: Hashem, please open up the road for me!!!  
Posted by gibbor120 - 17 May 2013 20:42

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[pischoshelmachat wrote:](#)

Hi,

I just read the chizzuk email and frankly, I am sad. I did not build every day of these past 49 days rather I struggled.

Do you think building is supposed to be easy??! Building IS a struggle. If you are not struggling, you are certainly not building.

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Re: Hashem, please open up the road for me!!!  
Posted by Positivity - 21 May 2013 01:41

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[pischoshelmachat wrote:](#)

Hi Dear Friends,

I have been struggling to get back on the train since my fall 3 weeks ago. Things were going so well for 51 days and I was excited for reaching Shavuuous clean. I am pained that this did not happen and I need help getting back on the train.

I really feel for you!

So often, I also set up a "finish line" for myself - 1 week, Level 4, Yom Tov, Mikvah night...

It seems that as I approach the magical day that will make it all worthwhile, I suddenly fell almost unbearable pressure to fall. Perhaps it is the fear of success?

This time, I am trying to go day by day...

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Re: Hashem, please open up the road for me!!!  
Posted by tehillimzugger - 13 Jun 2013 14:43

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[inastruggle wrote:](#)

I daven for everyone on gye pretty often

Thank you Inna.

Pischo? Where are you?

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 14 Jun 2013 03:06

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Thank you for asking. I, regretfully have been slipping and falling and unable to get back on my feet. I have joined a conference with Duvid Chaim and trying to get back on track. Thank you so much for reaching out to me. You are the first person from the forum to call on me. I feel like my days on the forum were from a glorious period long past. Thank you for making me feel that this glory can be the present.

Today has been a successful day 1. I thank the RBS"O for today and Daven that tomorrow he will give me another clean day.

Please daven for me.

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