

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

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I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!

Posted by stillgoing - 04 Apr 2016 17:24

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[R' pischoshelmachat wrote on 04 Apr 2016 15:57:](#)

Hello My Dear Friends,

This week I met for the first time in real life, face to face, with a chaver from GYE. Make no mistake, it was very nice to have met you (you know who you are) and face the cold reality of meeting with a real person who knows much of my sordid past, but I was still quite traumatized. I met this person on my turf, in my shul, where I maintain the life of the me that I like, the me that I want people to think I am, not the me who did the things that I am so embarrassed about. Yet, in my shul, I was forced to face the reality of who I am, of the secrets that I keep. I wonder if that is how Haman felt when Mordechai lifted his sole and showed all that Haman was no great Viceroy, but rather a petty slave.

As I felt this gentleman's glare (real or perceived), I felt like a video of my "mitzvos and maasim tovim" was being projected on the wall for all my friends and community to see. I felt exposed,

defenseless and humiliated.

Of course no such thing happened but I was really hit hard by facing this reality with no place to escape from it. I might seem like a pretty decent guy but he knows that I am not the saint I try to portray myself as.

I was just beginning to thrive in my new lust free life, enjoying my family, my learning, my davening and now I feel shackled being forced to wear the past around my neck forever.

I want to forget the person I was and nurture and grow the new person I have become that I am proud of and overjoyed with. I feel like I have overcome the greatest challenge of my life yet I now know that I am shackled by it forever.

I will not let this feeling drag me down because I know that I can do nothing to change the past. My only power is to change the future and that is the only place I will focus my efforts. I have accepted this pain from HKB"H as my atonement for my misdeeds and am very grateful that he is inflicting me with my imaginary humiliation rather than real humiliation which would be truly devastating. Regardless, I accept with ahava and simcha whatever HKB"H wills for me as I know he is doing it only for my best interests.

Pisco, so good to hear from you again, even if I wasn't the one privileged to meet you (I may be in that shul too, who knows).

You write about the 'you that you like' and the 'you that you're embarrassed about'. But are there really two 'you's' ? Later you seem to agree and write " I am not the saint I try to portray myself as" and " I was forced to face the reality of who I am,". Who Are you? (not your name) . Is your identity really created by all those years of acting out? Then why did you try so hard to stop? Or is your identity a pure and striving yid, who yes got caught in the mud and made real efforts to climb out and wash up. From all of your many posts here my not so humble option is that you are clearly of the latter type.

As a caveat, even though our identity is pure, our skin got kind of used to having that mud around. We need to always be careful, but think of it as a skin condition, we need to beware, but it doesn't change who we are.

If this gye fellow has been following your thread, which I gather that he has, then you have nothing to be embarrassed of in front of him. Your sh'efus and efforts make you truly deserving of - as you so eloquently put it "the saint I try to portray myself as".

Keep in touch

sg

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 04 Apr 2016 17:32

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Why am I crying now?

Thank you for your kind words.

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Re: Hashem, please open up the road for me!!!  
Posted by Gevura Shebyesod - 04 Apr 2016 17:35

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See Rashi...

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Re: Hashem, please open up the road for me!!!  
Posted by stillgoing - 04 Apr 2016 17:37

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[pischoshelmachat wrote on 04 Apr 2016 17:32:](#)

Why am I crying now?

Thank you for your kind words.

Probably because you're cutting onions :~)

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Re: Hashem, please open up the road for me!!!  
Posted by markz - 04 Apr 2016 17:40

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Pischo, feel free to give us your shul address, you'll have 4000 friends coming to join you for a lechaim tomorrow (just - if its a little too far or late for me, could you rather come to mine pls)

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 04 Apr 2016 17:44

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LOL!

A bit too much exposure for me.

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Re: Hashem, please open up the road for me!!!  
Posted by markz - 04 Apr 2016 17:48

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And - How about the 5 guys hovering on this page now?

[cordnoy](#), [markz](#), [neshamaincharge](#), [stillgoing](#), [Workingguy](#)

I promise you we don't bite, and we are each embarrassed of our past wrongdoings (I assume), so we're all in the same boat - ok captain?

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Re: Hashem, please open up the road for me!!!  
Posted by cordnoy - 04 Apr 2016 17:52

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Heck of a share.

Good to see people discussing real life.

Your share was amazing; tis a feeling I get when I share on the phone my past, or when I meet with people in an attempt to help them (which is helping me). It is then that I realize that it's not my past I am thinking about.....it is the present. The only thing preventing the past to warp into the present is I now have space inside of me that allows God an abode, and with His Grace, He allows me to work recovery.

Continue being mechazek us.

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Re: Hashem, please open up the road for me!!!  
Posted by Shlomo24 - 04 Apr 2016 20:48

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That is pretty cool. I'm not asking, but just wondering out loud how you guys realized that you daven in the same shul. Interesting.

Hatzlachah Rabah.

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 04 Apr 2016 21:58

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We don't normally, but he told me that he had to be in my shul one day so we decided to say hello. All mutually voluntary.

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Re: Hashem, please open up the road for me!!!  
Posted by GuideMe - 05 Apr 2016 03:09

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### **Meeting face-to-face is a heck of a step!**

i remember my first phone call to a friend... and the first live meeting a few months ago in Hanukkah.... scary! i was so closed about this subject, it was a HUGH secret, and now - everyone can see me!!! they know why I'm here...

in my experience, it gets better with time.

i feel way more comfortable today with what i am and/or what i did.

all of the porn & masturbation stuff on my 'record'.

May you feel Hashem with you always!

Hatzlachah

- C

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 07 Apr 2016 17:00

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Good Day My Friends,

B"H my obsession is much dulled and my life is back in order. Of course I still need to remain vigilant, connecting with HKB"H and friends, davening, learning and helping people. This keeps me healthy. I love doing things that normally frustrate me because they are a great inconvenience. Somehow this "breaking myself" makes me feel more real and less susceptible to cravings and obsessions.

I hope that HKB"H will continue to give me sane days every day for the rest of my life.

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 12 Apr 2016 16:48

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Hello My Dear Friends,

This is just a boring check in post to let you know that although I have my bechirah, I am still being tested by the RBS"O. I still have urges that are growing but are still in the manageable range. I am checking in with my friend and davening to HKB"H to protect me.

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Re: Hashem, please open up the road for me!!!  
Posted by stillgoing - 12 Apr 2016 17:45

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[pischoshelmachat wrote on 12 Apr 2016 16:48:](#)

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Great to hear from you pisco. Give me a boring day over a dragonfirebreathinglustmainiashotintheheadfallingday any time.

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