

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!

Posted by serenity - 16 Sep 2015 22:29

U and one other guy cab have a meeting.

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Re: Hashem, please open up the road for me!!!

Posted by skeptical - 16 Sep 2015 22:33

pischoshelmachat

..Until I spoke with a friend who tells me that unless I give myself completely over to the SA program, I cannot tell the RBS"O that I am doing all that I can. In fact, I cannot even say that I am sincerely making an effort because nothing but SA works.

Nonsense.

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 16 Sep 2015 22:43

[skeptical wrote:](#)

pischoshelmachat

..Until I spoke with a friend who tells me that unless I give myself completely over to the SA program, I cannot tell the RBS"O that I am doing all that I can. In fact, I cannot even say that I am sincerely making an effort because nothing but SA works.

Nonsense.

The second half is utter nonsense.

The first half....is not clear. While yes it's true that there is a tool out there that you are not utilizing, but there may be a good reason for it.

Personally from what I know of you, I think there are compromises in the program that you can do and your marriage will remain intact, and perhaps even better.

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 16 Sep 2015 22:54

Hi My Dear Friends,

I have read all your comments. I want to be clear firstly MBJ, I am not looking to give up rather I feel that others here have been successful without attending meetings and if I stick with a reasonable plan for sobriety it should be considered sincere.

9494, I have spoken with people on this very forum who do not go to SA meetings and are clean for over 5 years. They are vigilant in their immediate rejection of any triggers, reaching out to friends when feeling in danger and constantly asking HKB"H for help.

This plan worked until I got complacent.

Reb Cordnoy, please elaborate on some ideas for me. I love Serenity's idea of having my own mini meetings with someone I feel I can completely trust. I have just such a friend. Skep, please elaborate on why you feel it is nonsense. I really need clarity here.

I am sincerely working to gain permanent sobriety and I cannot believe that HKB"H wants me to jeopardize my wife, family, children. My life is not just about myself. I know that not staying sober is worse than SA but I feel there is a way but my Sponsor disagrees.

What should I do?

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Re: Hashem, please open up the road for me!!!

Posted by skeptical - 16 Sep 2015 23:35

pischoshelmachat

I have spoken with people on this very forum who do not go to SA meetings and are clean for over 5 years. They are vigilant in their immediate rejection of any triggers, reaching out to friends when feeling in danger and constantly asking HKB"H for help.

This plan worked until I got complacent.

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Re: Hashem, please open up the road for me!!!

Posted by cordnoy - 17 Sep 2015 00:30

[pischoshelmachat wrote:](#)

Reb Cordnoy, please elaborate on some ideas for me.

calls

chavrusah in the books

sponsor

seforim with an intense cheshbon hanefesh

stronger guards on devices

b'hatzlachah

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 17 Sep 2015 16:03

The consensus on this board seems to be unanimous that I don't need to go to SA meetings to work an effective safety program.

So I guess I will have to find a new sponsor to work with who will accept me and work with me without requiring the SA meetings. My current sponsor will no longer work with me unless I commit to meetings. I hope the RBS"O will grant me the good fortune to find a sponsor before Yom Kippur.

I would like to work with someone is over 35 and married with children. Maybe I can work in a chavrusa reading program with him as well as I begin to implement some of Cordnoy's suggestions.

Is anyone out there with some extra time to spend with a seriously committed sponsee?

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 18 Sep 2015 16:35

A Gitten Erev Shabbos,

Yesterday I reached out to someone on this board who I wanted to speak with for a long time. I am thankful that he agreed to speak with me. I was never zoicheh for him to comment on my thread but I love reading his posts on other threads. If only I could keep motivated to call the many good friends I have here on GYE more often.

Thank you all for your chizzuk.

Have a good shabbos and enjoy the Rabbis Drasha!

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Re: Hashem, please open up the road for me!!!
Posted by shlomo613 - 19 Sep 2015 22:28

Hi Pischos, I just wanted to say hi. I haven't been so active on the forums of late. It's really nice to see you back. i relate to so much if not all of what you say.

Shlomo

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 21 Sep 2015 22:12

Thank you Shlomo for saying Hi.

I want to wish all my dear friends here a Gmar Chasima Tova!!

Re: Hashem, please open up the road for me!!!

Posted by unanumun - 22 Sep 2015 08:30

Gemar Chasim Tova.

May the lows of this year be like the highs of last year.

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Re: Hashem, please open up the road for me!!!

Posted by gibbor120 - 24 Sep 2015 17:58

[pischoshelmachat wrote:](#)

Until I spoke with a friend who tells me that unless I give myself completely over to the SA program, I cannot tell the RBS"O that I am doing all that I can. In fact, I cannot even say that I am sincerely making an effort because nothing but SA works.

. I would stay away from any advice that is black and white. Each situation is different. Even dov who by his own admission owes his life to SA does not tell anyone they must go. It is a decision that must be made by the addict himself. Don't let anyone bully you.

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 25 Sep 2015 19:58

Thank you Gibbor. How are you doing? It is so nice to hear from you.

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Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 27 Sep 2015 16:43

Had to come to the office Erev yom to v to get some work done. May hkbh keep me safe.

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