

Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 12 Mar 2013 20:30

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I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!  
Posted by shlomo613 - 23 Jun 2015 17:53

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Thanks Cordnoy, I feel normal. That's all I can say.

I can't indulge in looking - much as a large part of me wishes I could - because then I'd be right back where I started.

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Re: Hashem, please open up the road for me!!!  
Posted by shlomo613 - 24 Jun 2015 22:18

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Pischo,

Mazal tov on 90 days!!! You made it!!!!!!!

Wowwee!!

Well done!

Long may it continue. And whatever happens now you know you've done 90 days under your belt. You can do it!

So hatzlacha my friend and may Hashem see fit to spare you from nisayon, and give you the koa'ch, the ratzon and the ability to succeed in that which you have to go through. And may you enjoy every step of the way.

If the villa ga'on cried when he was about to leave this world about the lost opportunity of tzitzis, imagine what a beautiful priceless opportunity we are being given every day. We should be so happy we dance.

Your buddy,

Shlomo

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Re: Hashem, please open up the road for me!!!  
Posted by yiraishamaim - 24 Jun 2015 23:58

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dittos to what shlomo613 wrote

a beautiful heartfelt post.

so happy for you,

*hazorim bedimah berinah yitzsoru*

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Re: Hashem, please open up the road for me!!!  
Posted by cordnoy - 25 Jun 2015 00:23

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[shlomo613 wrote:](#)

Thanks Cordnoy, I feel normal. That's all I can say.

I can't indulge in looking - much as a large part of me wishes I could - because then I'd be right back where I started.

I was actually congratulating the author of this thread but kudos to you as well. Well done and still doing.

Does anyone mind that the g sneaks in when I am posting from my phone?

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Re: Hashem, please open up the road for me!!!  
Posted by serenity - 25 Jun 2015 00:48

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Mazel Tov on your three month celebration! This is a wonderful mile stone as you are already aware. May you go from strength to strength or from surrender to surrender as the case may be!

Hatzlacha!

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 25 Jun 2015 17:07

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Dear friends,

Thank you so much for all your warm wishes. Now that I am at 90, I realize that in fact the only thing that has changed is that I no longer have the excuse that this is too hard for me. But in reality, it is just as impossible for me to fight this Y"H now as it was before. The only way I can

survive is to remain vigilant in learning, davening and strengthening my relationship with HKB"H and to constantly beg him to protect me from lust. I must also be vigilant forever to avoid the first drink because it will kill me.

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Re: Hashem, please open up the road for me!!!  
Posted by serenity - 25 Jun 2015 18:12

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And use the other tools available to you of course.

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 25 Jun 2015 18:32

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[serenity wrote:](#)

And use the other tools available to you of course.

Of course and amongst them, staying in touch with my wonderful friends here on GYE. Thank you Serenity for your constant encouragement.

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Re: Hashem, please open up the road for me!!!  
Posted by gibbor120 - 25 Jun 2015 19:46

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MAZAL TOV my friend!

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Re: Hashem, please open up the road for me!!!

Posted by lomed - 25 Jun 2015 20:22

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Mazel tov Mazel tov! Mat you have many more clean days and months coming forward. Just bear in mind that the challenge is far from over. We cannot put down our weapons, and victory is the only acceptable way on this battle.

Hatzlacha

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 26 Jun 2015 14:10

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A Gutten Erev Shabbos!

Friday is a nisayon day for me. I made up my mind that I must leave my office 2 hours before early Shabbos and be in Shul 1 hour before Shabbos.

For the past 2 weeks, the Y"H distracted me Friday afternoon and made me late. This week I told my children to harrass me at my office until I come home starting at 5PM.

May HKB"H grant me the Erev Shabbos that I so desire so I can come into Shabbos like a mentsch!

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Re: Hashem, please open up the road for me!!!  
Posted by serenity - 26 Jun 2015 16:03

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I can totally relate to that and I can say that by the chesed of Hashem I've come into Shabbos like a mentsch for 8 months now, after not having done so for many many years.

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Re: Hashem, please open up the road for me!!!  
Posted by dd - 29 Jun 2015 00:58

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Mazel tov!!!!

KOMT and KOP!!!

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Re: Hashem, please open up the road for me!!!  
Posted by pischoshelmachat - 29 Jun 2015 14:44

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Thank you so much for your chizzuk. As I start another work week, I daven to HKB"H to protect me from lust because I am powerless over it.

I read Alex Eliezer's story thanks to Shlomo613 who revived it and learnt from AE that I cannot even sip or even sniff lust or I will have to suffer the severe struggle to break free all over again.

I also learnt from Dov yesterday that humility means admitting to myself that I cannot allow myself to even read a news item or anything that I don't need immediately for business that might even have a remote chance of triggering me or leading to a triggering situation.

NO INTERNET FOR ENTERTAINMENT PERIOD!! No Facebook, No Vosizneis, No Arutz Sheva No Simcha Spot, No YWN, NOTHING ..!!

Now back to Facebook...Just Kidding

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