

GYE - Guard Your Eyes

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Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!
Posted by shlomo613 - 12 Jun 2015 00:24

Hey PSM, we're walking this road together. You and me are similar 'age'.

We don't want to carry no injured friends off the battle fields (of course we do if it happens), we want to all be healthy and living life well in the beis Hashem.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 15 Jun 2015 19:49

Hello My Friends,

I just made this post on another forum but wanted to express it here as well.

I worry about the impact my sins will have on my children all the time. I have wonderful children who are all great sources of Nachas. I have 3 married with a few grandchildren.

I made up my mind, in order to keep my sanity and not allow the Y"H to drag me down, that I will only focus on the future and do what is right from now on. Maybe down the road when I have some long term sobriety, will I ask HKB"H to help me do T'shuvah. Now all he wants from me is Azivas Hachet. I beg him all the time to keep me safe and I beg him to protect my children from my aveiros and I tell him that there is nothing I can do to change the past but I will do whatever I can to change the future including begging HKBH to protect me from temptation, and that HKB"H should keep my children safe and help me fix my mess when he feels the time is right. I cannot change the past so I must do 100% of what I can change to improve my behavior, but HKB"H can change the past and protect me from the past and we know that he does as it say in CHAZAL, Z'donos naasos K'shkgos. I don't know if I will ever merit that, but I know HKBH can change my past and my history so I must leave that to him and focus only on what I can do.

It's tough, but I am a big boy and I should have thought of all this stuff before I did my aveiros instead of crying like a baby now. I'll suck it up, do what I can, and beg HKB"H for the rest. We are fortunate to have a loving HKB"H who doesn't tell us to suffer for what we deserve, rather he protects us and promotes us and helps us and believes in us and give us so many wonderful things in life like a loving wife, wonderful children, parnossa, a home a community, happiness, health, friends, and a way out of our mess that WE MADE in spite of all the kindness that HKB"H has shown us and shows us every minute of every day while we are actively sinning and rebelling against him.

Such a loving and selfless HKB"H, when he sees how much we try to improve and how sad we are when we are not behaving because we really want to be close to him, will surely help us and save us from our destruction and even undo our mess, but that is for HKB"H, I must stay focused on Yosy's job and that is to be a good yid, a good husband, a good father and just a mentch and leave the rest up to HKB"H who has proven to me many times that he loves me and that he will always do what is best for me.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 15 Jun 2015 19:49

[shlomo613 wrote:](#)

Hey PSM, we're walking this road together. You and me are similar 'age'.

We don't want to carry no injured friends off the battle fields (of course we do if it happens), we want to all be healthy and living life well in the beis Hashem.

We are getting close. What shall we plan for the party?

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Re: Hashem, please open up the road for me!!!
Posted by shlomo613 - 15 Jun 2015 20:41

Since we've been so good for sooo long, I think we deserve to indulge: How about a porn-athon with some live hookers too?

I won't say this is my yetzer hara talking: Big Moish has in his signature: I've found the enemy and he is me. So true.

Honestly, I've reached 90 days before, and thrown it away for small things - so I take this milestone with a pinch of salt.

That said, every day of sobriety no matter what happens after is eternal credit in our bank that has to help us in our fight going forwards - so I'd hope it's business as usual - cos you can be certain that my yetzer hara is thinking that! No?

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 15 Jun 2015 20:45

I hear you, but never again. I see how badly the porn has damaged my ability to be sexually satisfied, aroused and functional. It is poison in my brain. Visit mybrainonporn. It is a real eye opener.

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Re: Hashem, please open up the road for me!!!
Posted by shlomo613 - 15 Jun 2015 20:51

I don't trust myself to learn my lesson. I'm a freaking addict and when tempted, immediate pleasure comes above all else.

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Re: Hashem, please open up the road for me!!!
Posted by serenity - 15 Jun 2015 21:27

We only have today guys. We can choose all the junk we want tomorrow, but for today we are sober.

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 15 Jun 2015 22:34

[shlomo613 wrote:](#)

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Don't forget to invite your friends.

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Re: Hashem, please open up the road for me!!!
Posted by shlomo613 - 15 Jun 2015 22:53

Funny, cords

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 15 Jun 2015 22:57

you have my email?

thenewme613@hotmail.com

big moish was lookin' for yours today

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 15 Jun 2015 22:59

We were in touch!

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Re: Hashem, please open up the road for me!!!
Posted by Bigmoish - 15 Jun 2015 23:23

Yes, as were we, and we. 3 different ways! Pretty amazing. Keep in touch, and keep on being real, chevra.

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 16 Jun 2015 04:17

[pischoshelmachat wrote:](#)

We were in touch!

Not you. ...Shlomo

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Re: Hashem, please open up the road for me!!!
Posted by serenity - 16 Jun 2015 11:48

Every day we are sober means the world to us and if it was feasible, we'd throw a party every single day.

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