

Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 02 Jun 2015 19:07

Hi Friends,

B"H the RBS"O allowed me to work things out with my wife and explain to her how I just want to be good and I never intentionally hurt her. The pain of shoving a knife into her chest and witness her writhing in pain that I experience because of the things I have done is simply too much to bear. I had fair warning from my friends here to clean up my act before I get caught and I even knew she was suspicious before she caught me yet I was so possessed by lust that I did not stop. Now it is too late and things are permanently changed. Please, all my friends who have not been caught YET, -please get sober now. It is simply not worth it.

Your broken hearted Chaver.

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Re: Hashem, please open up the road for me!!!
Posted by cordnoy - 02 Jun 2015 19:14

i don't remember hearin' from you about the suspicion part....did you ever verbalize that?

i am havin' similar thoughts.....

continued hatzlachah

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 02 Jun 2015 20:51

I never verbalized it because in my fantasy land, she did not know. Had I stopped lusting for a few moments, long enough to think straight, maybe I would have realized it. It was pretty obvious for any sane person to have realized. Unfortunately, I was insane at the time.

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Re: Hashem, please open up the road for me!!!
Posted by yiraishamaim - 02 Jun 2015 21:13

[pischoshelmachat wrote:](#)

Hi Friends,

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Your broken hearted Chaver.

This is a painful post. I am so sorry that you are down and out. However, honesty and sincerity with her, Tefillah and time can lead to happiness that at this point is hard to envision.

You know when a person has a heart attack the body naturally develops new arteries for proper blood flow. I think after sinning, or losing trust in a relationship the same type of thing happens.

You don't really ever go back to exactly the way it was. But new arteries of life develop that are appropriate and meaningful. This is Hashem's kind and ingenious way of healing and giving us the new opportunity that's conducive to getting close to him in our new found circumstances.

Don't despair. you blew it- yeah you did(didn't we all in some manner?)- but living in the doghouse will most likely be only a temporary phenomenon -in time you could very well have a much deeper more REAL relationship with your wife, in a way you could never have imagined it ever being.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 02 Jun 2015 21:27

Thank you Yiras.

I am no longer in the dog house. My wife is understanding, loving, selfless and forgiving. But she is also human. Just because she is nice to me doesn't mean she is not in pain that I caused.

I am trying so hard to be a good husband and father, and she sees it. She appreciates that I am really working on myself..but deep down inside, she wonders who I really am and if what I sunk to is really no more than what I admitted to AFTER she caught me.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 02 Jun 2015 21:29

I imagine after 120 when the video of my life plays, what will my Shver say? What will my wife say? What will my parents and grandparents say? How will I feel as everyone is watching me in

the most compromising position watching filth.

OUCH!

Oy Lanu Meoso Booshah!!

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 02 Jun 2015 21:32

My Rosh Yeshivah once said that T'shuvah will delete the video so there will be blank moments throughout the video that represent the "moments" we have done t'shuvah for. I can see everyone saying, "HMMM, I wonder what he was doing for those 10 minutes? For those 3 hours? You think he was speaking Lashon Harah to himself in his office? In the bathroom?"

I wonder which song will be playing in the background during the blank scenes in my video. (If I am zoicheh to T'shuvah and they are in fact blank)

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Re: Hashem, please open up the road for me!!!
Posted by stillgoing - 02 Jun 2015 22:34

I have learnt that with proper teshuva, our avaros actually turn to mitzvos. So when that part of the clip comes, it will be interesting to see what mitzvah is playing instead .

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 02 Jun 2015 23:27

I hope I can ever attain T'shuvah Me'Ahava. Right now it is Yirah and not even Yiras Shamayim, Rather Yiras Ishti. But Hey..whatever works.

I hope that my yiras shamayim will be like yiras ishti and i hope my ahavas hashem should be like my ahavas ishti so I can be zoiche to T'shuvah Me'Ahava!

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Re: Hashem, please open up the road for me!!!
Posted by skeptical - 04 Jun 2015 01:56

Stop pitying yourself.

Focus on now.

Not the past that you did.

Not the teshuvah in the future.

Not the videos in the much further future.

Now.

You hurt your wife in the past? It's done. Nothing you say and nothing you do can change that. It's done. Stop dwelling on it, and move on. Show her now that you love her. Make her happy now. Be open and honest and sincere now. Show her who you really are.

Now.

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 04 Jun 2015 03:34

I hear you Skep

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Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 04 Jun 2015 22:13

After getting kicked in the pants from Skep and Cordnoy,for being gloomy and sad, I realized that I must count my blessings.

B"H I have a marvelous wife who is completely selfless who really appreciates all my hard work to stay clean, who realizes that since joining GYE I am a much better husband and father, who sacrifices to keep our finances in order and always with a warm smile.

B"H I have a wife who loves me, respects me, serves me like a king, and takes care of me with compassion, care and love.

B"H I have a good Parnossa, good friends, great children, son in laws and grandchildren, beautiful house and wonderful life.

B"H I have a huge geshmak in learning, davening and especially Shabbos and Yom Tov, I love living as a Yid.

B"H I am healthy and strong.

B"H that I was chosen by HKB"H to be tested with this struggle of lust but he also gave me the tools to overcome this challenge; tools that mandate I have an extra special close connection with him at all times 24/7/365. I can talk and do talk to HKB"H whenever I have privacy, crying to him for help like a son to a father.

B"H I feel that he is holding my hand and supporting me wherever I am and he is listening to my bakoshos and giving me some respite from this struggle.

B"H I feel so close that I started asking him to help me with all my challenges including parnossa, children, learning.

B"H I have such a great network of GYE friends who support me with this struggle.

SO, after careful consideration,

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Re: Hashem, please open up the road for me!!!

Posted by stillgoing - 04 Jun 2015 22:47

Seriously though, that list is beautiful. If I were you, I would print it and paste it inside your hat (with some small changes, so the guy sitting next to you in shul doesn't have to find out Everything).

Actually, I might just do that myself with my own list. Thanks.

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Hay! I missed the cordnoy kicking! Did he delete it?

Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 05 Jun 2015 00:27

Thank you. Cordnoy actually sent a text so I knew he means business.

Thank you Cordnoy for getting me to a good place.

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