

Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 12 Mar 2013 20:30

I started my 90 day journey last Shabbos and it feels great so far. I know that I will walk into an ambush any time and I daven that with my little hishtadlus in joining this wonderful community of GYE and with the chizuk from my new partner, I will be able to pass my first test.

In the mean time I thank the RBS"O for every day that I am able to stay clean.

What a breath of fresh air.

I am now almost 46 and I so badly want to be mesaken this while I am still in the young years so that my Teshuvah can be complete.

I don't like to talk or even think about what I have done in the past because it is too painful for me to face the horrible things that I did that are so not who I really am. I want this to be the beginning of my new life that is Tocho K'Baro.

I cry every day that my children should be pure and grow in Torah and Yiras Shomayim but how can I expect the RBS"O to give me ehrliche children if I don't fix myself. I just daven to the RBS"O that my children should always be Yirei Shamayim and not be punished for my weaknesses.

=====

Re: Hashem, please open up the road for me!!!

Posted by stillgoing - 01 May 2015 01:56

All I can say, from the depths of my heart is, May you be zoche to be completely healed, to never fall again, to have wonderful shalom bayis, and may your wife trust in your inner goodness and drive to better yourself, and that you will be zoche to one day hold your grandson on your lap (assuming you're not that age now) and think about how far you've come! Vimru Amen!

Oh, And one more thing, PLEASE say, "**vchain L'mar**."

=====

Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 01 May 2015 02:55

VCHEIN L'MAR.

Thank you so much! B"H 2 einiklach. Your bracha brings me to tears.

=====

Re: Hashem, please open up the road for me!!!

Posted by stillgoing - 01 May 2015 14:54

Have a Gut Shabbos.

P.S. Remember, we're all here for you whenever you need.

=====

Re: Hashem, please open up the road for me!!!

Posted by iwannabeholy2015 - 01 May 2015 15:10

~~Then great-grandchildren. That should give another 10-15 years to work on it~~

Hi pischoshelmachat,

I just read your entire journey from beginning to end.

Its so painful but so inspiring at the same time.

I am at the other end of the scale just started a family.

Hashem should give you strength to continue.

Shabbat Shalom

=====

Re: Hashem, please open up the road for me!!!

Posted by pischoshelmachat - 01 May 2015 16:51

Please dont wait as long as me to fix this. There is so much life to enjoy and this steals away our enjoyment of life.

=====

Re: Hashem, please open up the road for me!!!

Posted by gibbor120 - 01 May 2015 17:10

I really feel for you, the wife element of addiction is extremely tricky. I'm sure it is more difficult because of you wife's experience with her friend. I don't have a lot of wisdom to share on that. My wife also suspected me of things I never considered doing. Wives are in a very scary and vulnerable place, and it is very normal for them to have these fears.

The only thing that helps, is when they see change. She seems to see that already, and it should help. You can definitely assure her that many people at SA meetings are "meerly" dealing with porn and masturbation issues. I don't know that from experience. I've heard it from dov.

Have you been part of dov's phone meetings? That may be a good compromise. My wife had a very hard time with them when I started, but she saw the positive affect, and eventually learned to accept it.

Dov also reports that his wife hated when he went to SA meetings for a very long time.

The bottom line is that priority #1 is recovery. Without that, nothing else matters. Work on

recovery, and everything else will fall into place. Just be patient. It may take some time.

Keep us posted. We are here for you.

=====
=====

Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 01 May 2015 17:26

Hi Gibor

Thank you so much for your support.

I do participate in Doves call and I benefit much from Dov.

For me it is very scary because what my wife fears that it is not only p/m is true. Now b"h my battlefield is p/m but my war did involve more dangerous lust bombs.

My dear wife is extremely supportive and accepts that I will do some radical things so my commitment to her to fix myself is not just an empty promise but an action proactive revolutionizing of all my thoughts and behaviours.

Thank you so much for your support. If you are comfortable, I would love to increase my network of friends I can call for support.

My email is pischoshelmachat@gmail.com

=====
=====

Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 03 May 2015 03:54

A gutte voch

What a beautiful shabbos. I love shabbos. When I came home from shul my wife told me that she rethought the issue and she is happy for me to do whatever I feel will help keep me safe. So I guess I will go to a live meeting on Wednesday night.

=====
=====

Re: Hashem, please open up the road for me!!!

Posted by Bigmoish - 03 May 2015 05:10

May you have much hatzlocha in finding the best method of recovery for you.

Glad to hear that your wife is behind you on that front.

=====

=====

Re: Hashem, please open up the road for me!!!

Posted by yiraishamaim - 03 May 2015 05:23

Great news

Wife being on board is another pressure off you

KOT

=====

=====

Re: Hashem, please open up the road for me!!!

Posted by stillgoing - 03 May 2015 15:03

THATS AMAZING! See it's just like Shlomo613's vort, that with kedusha if you really try you are guaranteed results. I feel like saying Mazel Tov, even though you haven't went anywhere yet, because you felt that this was your next step toward recovery and last week you were stuck

Hatzlacha on Wed. and let us know how it goes.

=====

=====

Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 03 May 2015 15:52

Thank you SG

Now my mind is working diligently to find an entire arsenal of excuses not to go Wednesday night. B"H so far I have none.

=====

Re: Hashem, please open up the road for me!!!
Posted by Palti-Yossef - 03 May 2015 16:08

So happy for you !!

And your honesty is really admirable ! Hoping you'll don't find any excuse before the meeting !

=====

Re: Hashem, please open up the road for me!!!
Posted by pischoshelmachat - 03 May 2015 16:23

Thank you. I see that if I am relentless in keeping safe, close to hkb"h humble etc.,this challenge is must easier.

=====