

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that ussually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by TehillimZugger - 31 Jul 2014 17:41

Yankel I don't need YOUR credit card, just the one of the guy you're staying by there...

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Re: Yaakov's Ladder

Posted by Pidaini - 01 Aug 2014 15:05

Ok, here's all the information, all the way down to my shoe size.....I wear a 10 1/2 wide!!

I called in to DC's call yesterday for the first time, and obviously he wasn't leading the call. It

was very nice though, and I shared almost as much as I do here, which in retrospect makes me feel funny, or more like nerdy.

Anyway, one cool thing that Yitzchak G shared was a conversation that he had with his 14 yr old son, and how he was able to give over his experience without mentioning anything about his specific situation. I found that to be amazing and reassuring to something I have been seeing lately, and that is that everyone can relate to what we are going through, at least to some extent!!

Everybody has problems and shattered dreams and a coping method, and learning how to face life is a life long journey which everyone takes!! So of course we can talk to them about it, the only problem is that most people down't want to talk about it because they think that they're the only ones!!

BH, doing ok here, going into Shabbos Chazon with a little excitement being that it's 90 days

Have a good Shabbos everybody!!

May we be zocheh to greet moshiach still before Shabbos!

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Re: Yaakov's Ladder

Posted by cordnoy - 01 Aug 2014 16:27

Keep callin'.

They could be good for some people; many.

Why is it obvious that he wasn't leadin' the call?

third time around
B'hatzlachan

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Re: Yaakov's Ladder

Posted by Pidaini - 01 Aug 2014 18:29

Well, I was expecting some attention from DC when I would get on, we're good friends from long back. But since he wasn't there yesterday, I didn't get any :(

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Re: Yaakov's Ladder

Posted by Machshovo Tova - 01 Aug 2014 18:55

sheesh, always putting me to the wall!!

[Pidaini wrote:](#)

...

Anyway, one cool thing that Yitzchak G shared was a conversation that he had with his 14 yr old son, and how he was able to give over his experience without mentioning anything about his specific situation. I found that to be amazing and reassuring to something I have been seeing lately, and that is that everyone can relate to what we are going through, at least to some extent!!

...

I can relate to that. I'm in a certain capacity where I have opportunity to speak with other yidden about avodas Hashem. I find that my personal quest for kedusha has provided me with many insights and sources which I can share in a general way. Because of my personal stake in applying these principles, I end up delivering very passionate lectures, which are B"H well received by the listeners.

To paraphrase one of the great tzadikim: Ribono shel olam! Where would you get such passionate shmuzen had I not been afflicted with this plague?

And as the Ohr Hachaim writes, now that we have the Torah we can descend into the fifty gates of Tumah and emerge victoriously.

Hatzlacha

MT

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Re: Yaakov's Ladder

Posted by cordnoy - 06 Aug 2014 22:52

Heeeeellllooooooooo!!!???

Second page maybe, but third.....??? nuhuh!!!

I will have none of that.

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Re: Yaakov's Ladder

Posted by nitzotzeloki - 07 Aug 2014 01:09

so i havent checked GYE in a while. i had a few posts here a few posts there almost a HUNDRED posts on yaakovs ladder. yankle i miss you. have a great trip and come back soon

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Re: Yaakov's Ladder

Posted by Pidaini - 07 Aug 2014 04:20

I know, I know, I'm totally losing it!!

I'm tired, exhausted actually, and when I have koach I'm trying to do my best to be available to whom I need to be available to. When I do end up sitting down to GYE, the first thing that hits me is staggering numbers of new replies, and I start looking at them with blank eyes, not having any interest in answering. For heavens sake..I haven't even welcomes the few newcomers that are here!!!

I really wanted to call DC's call today, but that didn't work out, and I don't have patience to call shlomo's call, both because I'm tired and because I'm not the type to keep quiet and I'm too tired to go through the introduction process again.

I have been isolating, didn't call anyone today, not even mendelz, even posting this is more than . obviously, together with that, I have been lusting, I filled in the parts of the movie that I missed on the airplane. It didn't take long, but it was a waste of precious time and an escape.

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Re: Yaakov's Ladder

Posted by dms1234 - 07 Aug 2014 21:21

Pidaini

I have been isolating, didn't call anyone today, not even mendelz, even posting this is more than I want to do....but I have to keep my thread somewhere near the beginning . obviously, together with that, I have been lusting, I filled in the parts of the movie that I missed on the airplane. It didn't take long, but it was a waste of precious time and an escape.

Thats ok Yankel! Dust yourself off and get back on the high horse!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! btw you

if wanna give me a ring!

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know my number

Re: Yaakov's Ladder

Posted by Pidaini - 08 Aug 2014 02:31

Thanks dude!!

Did a little reaching out today, made sure to call DC's call, even though I had to keep on hanging up and calling back due to responsibilities that needed attention. One thing that caught my attention was at the end when someone was talking about how he has been working the program but A) he was in a bad cycle of falling now and B) the things he was doing now were worse than what he had done before.

Yitzchak G answered him that nobody could take away his clean time, and that awareness was the first step. He also advised afterwards that one get contacts through all the time zones so that if something came up really late at his time-zone he can still have someone to call.

I had my own thoughts, and that was that it was just another case to prove that this is a progressing thing, it gets worse over time. The other thing that came to mind was how difficult it is to call someone, but even after making the decision that before a call I will call someone, coming up with a list that doesn't leave me any excuse.....that's downright scary!! That would mean me taking out all the hidden bottles, truly showing that I'm going to deal with whatever may come without lust!!!

It again battered in that I need to get in touch with people, to reach out as soon as I see something stirring, and preferably beforehand, to stay out of isolation so that I don't encounter the fight "should I call.....should I not call...."

.....that gets me scared for two reasons, one is that when will I have time to read through all of them (yes, the answer is that I don't need to), the second is....forget it, it's too scary.

you know what, I'll tell you

that means.....that.....

Warning: Spoiler!

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Re: Yaakov's Ladder

Posted by cordnoy - 08 Aug 2014 04:53

Perhaps GYE can survive without you (that remains to be seen, and hopefully, it should never come to that), but the question is: Can you survive without GYE?

Was it a chiddush to you that this thing is progressive? Would you like for me to provide you with my history (again)? It definitely is progressive, for we build up our lustful desires, and what satisfied us at one age doesn't cut it anymore. I will let Skep, Unamunumunum and the others bring rayos from steak, Romanian (there I go again) hot dogs, sushi, Woodford, picha, Kentucky Bourbon and more.

Regardin' callin'....it is a tough sell, and on the other hand, it is hard for me to relate, for before my falls, it was basically broadcast all over on the BBC, Al Jazeera, Fox news, Memri TV, Channel 2 with Yonit Levi and everywhere else. I had multiple calls for several days before with multiple people. That bein' said, firstly, except for time # 3, there was very little benefit from those calls (at least on the ultimate level), and secondly, not everyone has the same make-up. It is a good tool to learn.

b'hatzlachah on your journeys

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Re: Yaakov's Ladder

Posted by lavi - 08 Aug 2014 11:08

hmmm....

is gye addictive?

is one addiction replacing the other?

can a former big league poster quit?

and if he does, does this mean he can never post again?

should there be a 90 day chart for no posting?

do we have to worry about gye closing?

are we responsible?

these are questions, r,yankel, you may want think about, BUT OF COURSE when you get the time!!!

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Re: Yaakov's Ladder

Posted by ZemirosShabbos - 08 Aug 2014 19:57

hi Yankel

you know my number too

and if you are my therapist you cant just drop off the map like that and go incognito

and no, gye cannot function without you. you were away for a few days and the site went down yesterday.

and besides pidaini is roshei teivos people definitely need you

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Re: Yaakov's Ladder

Posted by skeptical - 10 Aug 2014 06:13

dms1234

Thats ok Yankel! Dust yourself off and get back on the high horse!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! btw you know my number if wanna give me a ring!

That's easy! It's 1234!

cordnoy

I will let Skep, Unamunumunum and the others bring rayos from steak, Romanian (there I go again)hot dogs, sushi, Woodford, picha, Kentucky Bourbon and more.

Thanks for the mention, but I don't have any rayos from any of those things. Sorry!

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