

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by lavi - 24 Jul 2014 20:34

al pi hapashat haposhut,

my answer to r. yankel/p'daini shlita:

they are both things that you wish you would have nothing to do with.

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Re: Yaakov's Ladder

Posted by dms1234 - 24 Jul 2014 20:38

OH MY!

It feels good to not be the only one! Hashem, I have an addiction to not brushing my teeth. I AM AN UNBRUSHING ADDICT! Please Hashem, please help me! I surrender.

) with brushing lately. You know whats really bad?

Warning: Spoiler!

on second thought, i have been pretty clean (

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Re: Yaakov's Ladder

Posted by ZemirosShabbos - 24 Jul 2014 21:09

dms, don't mention that to Cordnoy, he has a general aversion to flossify

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Re: Yaakov's Ladder

Posted by Pidaini - 24 Jul 2014 23:15

Well, here I am, supposed to be going to sleep, but on GYE.....

Good night everybody, first comes KRISSH then BYT then NPB!!!

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Re: Yaakov's Ladder

Posted by Zemiroshabbos - 24 Jul 2014 23:55

[Pidaini wrote:](#)

then NPB!!!

Neanderthal Paint Ball?

Neapolitan Pistachio Banana? (tsk tsk, ice cream after brushing, a shanda)

No Pot Bellies?

Nunismatic Peat Bog?

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Re: Yaakov's Ladder

Posted by Gevura Shebyesod - 25 Jul 2014 00:17

[Zemiroshabbos wrote:](#)

[Pidaini wrote:](#)

then NPB!!!

Neapolitan Pistachio Banana? (tsk tsk, ice cream after brushing, a shanda)

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No that's his favorite liqueur
Re: Yaakov's Ladder
Posted by lavi - 25 Jul 2014 00:24

dear zemiros,

let me help you out, you suggested to reb yankel the following:

may i humbly suggest a book for your reading pleasure before you do KRSSH?

now reb yankel would probably switch the order from shema and then krssh, because then he can say it with more kavana and fall asleep with a book. and this is what he means: NPB, new pleasure book, just like you suggested.

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Re: Yaakov's Ladder
Posted by ZemirosShabbos - 25 Jul 2014 00:38

pssssshhhhhhhhhh! ge'oinus

(i still think pot bellies are unhealthy)

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Re: Yaakov's Ladder
Posted by unanumun - 25 Jul 2014 00:52

Yankel,

I agree with Lavi's question that stayed unanswered. Do you have any short term ambitions?

I will take it further? Do you have long term ambitions other than lust related issues?

I know you have been trained into thinking about one day at a time, but you have to have some long term goals also. what are you driving for?

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Re: Yaakov's Ladder

Posted by dms1234 - 25 Jul 2014 00:54

Not pretty banana (liquor)?

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Re: Yaakov's Ladder

Posted by Pidaini - 25 Jul 2014 11:11

N is for a two letter word (or three if you add a "T" at the end

P is a four letter word (not porn) with "ing" at the end

[unanumun wrote:](#)

Yankel,

I agree with Lavi's question that stayed unanswered. Do you have any short term ambitions?

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long term goals also. what are you driving for?

Short Term - Become Moderator (???, [??](#))

Long Term - Become Administrator

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Re: Yaakov's Ladder
Posted by unanumun - 25 Jul 2014 13:45

It seems to me that soooomeone is avoiding a tough question.

Are all your shiafas and goals in life having to do with lust and the cleansing of it?

No other goals and drives in life?

Goals in learning? Goals in making money? goals in saving the world (besides GYE)?

It's great to have you here on the forum. Perhaps you being a moderator will make things even better. I have no idea what the administrators do (don't they get burnt out by the time they reach so many posts?). Your hashpaah and help to the oilam is imposible to measure. Only when you get up there will you really be able to tell how many heilige neshomos were helped through your chizzuk and participation.

But is that really your biggest goals in life? (Unless as I said at the beginning, you are avoiding answering the question)

If you have no answer indeed perhaps it is time to think about it.

with love,

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Re: Yaakov's Ladder
Posted by Pidaini - 25 Jul 2014 15:59

Ok, Ok, Ok! At least laugh first at the attempted joke, then we can go further!! A little sensitivity for a good friend!!

The reason I haven't yet posted an answer, or at least that you didn't realize that I posted an answer, is because I haven't had time (Heh, it's easier to write about love than about my goals in life!!). Wisecracks are quicker.

[unanumun wrote:](#)

Yankel,

I agree with Lavi's question that stayed unanswered. Do you have any short term ambitions?

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clarify.) and if you mean something different you will

The quick answer is no, I don't have long term ambitions in anything specific, besides for living one day at a time.

I don't know exactly what one day at a time means to you, but to me there is never a stirah to one day at a time, there can't be, because that is the simple truth of my life, it is purely fact.

That being said, at this present time I am learning how to live life, maturely. I am doing what I can (and therefore, need) to do at the point that I am right now. Learning the things I am being told I should learn, doing the things I am being told to do. Will that ever change? I haven't the slightest idea. Will there be a time when I will be a maagid shiur, a rosh yeshivah, a mashgiach, a rav, a rebbe, or a business man of any sort? I haven't the slightest idea, and I'm not "aiming"

towards any of them, for I don't have anything telling me that that's what I should be aiming for right now.

Truly, I have few real ambitions regarding GYE, nothing more than I'm doing now, if anything I know that I need to be very careful how much I'm here. Of course I'd love more attention, but that's not an ambition of mine.

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Re: Yaakov's Ladder

Posted by unanumun - 25 Jul 2014 17:43

There doesn't have to be a stira between sheifos and living one day at a time.

For a simple example, if you sit down to learn daf beis of baba kama you can want to finish the masechta (ok we'll make it easy, taanis) but at the same time completely focus on the daf or even the line in front of you. In learning that is the ideal. have a sheifa but focus on the present.

Feel free to ask more if that wasn't clear, or if you disagree (if you dare
If you are constantly thinking about the masechta you won't have really accomplished much by the time you turn all the pages. If you focus on one amud at a time you will eventually finish the masechta and have learned it.

Life is the same, in order to learn how to live life, maturely you had to decide some idea of what living life maturely is, you had to have made that a goal of yours, and now you are going one day at a time towards that goal. (It might have all been done subconsciously, but that is what you did)

who is telling you what to learn (If you meant in terms of torah)?

I think that if you sat down and thought about what your ambitions are for five years from now, ten years, and when you are an old man, you might start to find some direction in your life.

Attaining those goals might help you find a way to focus your energy and get you excited about life instead of just moving slowly to no where in particular (other than being a 90 year old that hasn't acted out in 60 years.)

I don't mean to minimize your efforts for working on yourself in GYE areas, but you have to pick yourself up and move forward. I don't believe that you are focusing your entire day from morning to night on recovering from lust addiction. If so that might not be healthy either.

Think big. No huge. Monster huge. you might not become a rosh yeshiva but you will have one hell of a ride trying. same for business man. If you are not aiming you definately won't make it,

If you have no goals in learning than why would you ever push yourself to make the extra seder, to come on time to seder. why would you chazer? after 20 years you will find that you are learning the same things again and again but not building your personal building.

keep trucking, keep living, keep taking it day by day. but find yourself an aim to be a bigger and broader person in 10 years from now. (and not just by eating more cholent)

Gee this is the shtarkest mussar i ever gave here, but you deserved it. (not as a punishment but in the sense of earned it by being the great guy that you are) Your hatzlacha in life is important to me (and probably many others) you can go big and should.

a gutten shabbos/voch

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