GYE - Guard Your Eyes

Generated: 17 August, 2025, 18:57

Yaakov's Ladder Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by HashemsSoldier - 08 Jul 2013 20:51

do you use your thread? it was all the way on the 3rd page of new threads.....

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Re: Yaakov's Ladder

Posted by Pidaini - 08 Jul 2013 23:20

I use it from time to time, I just find i ussually don't have much to say, so if you want to use it feel

Yesterday was quite a rocky day, and only thanks to GYE did I get out of it.
today has been much better BH.
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Re: Yaakov's Ladder Posted by Pidaini - 09 Jul 2013 22:08
I am Iy'H, Bli Neder, starting a new count. A count for days free of playing online games. It takes away from my life, or actually, it takes away my life!!! It sounds a little funny, but I think I may be addicted to it.
So it's the same rule,
One moment at a time, meaning, I have plenty of things to do (I even wrote myself a note of things so that when I think "why not, what else should i do?" I should find things easily) I just have to make the right choice to do what is important and lasting.
First Day
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Re: Yaakov's Ladder Posted by cordnoy - 09 Jul 2013 22:49
and many of us play the online games so that we don't play games online

Generated: 17 August, 2025, 18:57 b'hatzlachah goin' "game-free"! Re: Yaakov's Ladder Posted by gibbor120 - 09 Jul 2013 23:03 cordnoy wrote: and many of us play the online games so that we don't play games online I like that one! BTDT (been there done that) Re: Yaakov's Ladder Posted by nitzotzeloki - 09 Jul 2013 23:09 Pidaini wrote: I am Iy'H, Bli Neder, starting a new count. A count for days free of playing online games. It takes away from my life, or actually, it takes away my life!!! It sounds a little funny, but I think I may be addicted to it. So it's the same rule, One moment at a time, meaning, I have plenty of things to do (I even wrote myself a note of things so that when I think "why not, what else should i do?" I should find things easily) I just have to make the right choice to do what is important and lasting. First Day

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??? ?' ???? ????? ?' ???? ?? ???"? you inspire me! hatzlacha rabba! Re: Yaakov's Ladder Posted by HashemsSoldier - 10 Jul 2013 20:47 i forgot how to quote...but "I use it from time to time, I just find i ussually don't have much to say. so if you want to use it feel free " i feel that way all the time....dont have to much to say... hatzlacha! ______ Re: Yaakov's Ladder Posted by Pidaini - 12 Jul 2013 02:31 Hey y'all!! It's been a great week, BH. I was looking forward all week to the O.Y.N.C meeting, which ended up being an O.O.Y.N.K meeting. as for the count, I am BH 3 days clean of online games!!! R' gaurd, can we get a second chart for that?

Re: Yaakov's Ladder

Posted by Pidaini - 17 Jul 2013 23:44

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and	since a	few auvs	have told me	that they w	ere having th	nis problem as w	ell, I am cordially
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Just to write the changes I have already seen, 1) I have much more time to do things with more quality, whatever it is (posting, learning, etc.) 2)I have been spending more time with my wife and daughter 3)even when I am doing other things, I listen to my wife with much more attention than when I was being interupted (how dare she!!) from the games.

invinting everyone to join me in that count, we can make it an accountability group Re: Yaakov's Ladder Posted by ZemirosShabbos - 12 Jul 2013 19:28 thanks for sharing the good stuff! kol hakavod **KUTGW** nice avatar too ______ ==== Re: Yaakov's Ladder Posted by gibbor120 - 12 Jul 2013 21:30 ====

I just heard a very deep line (after the levaya of a 46 year old women with 11 children, just so you understand)
"We need to live as long as we are living"
Besuros Toivois
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Re: Yaakov's Ladder Posted by Pidaini - 18 Jul 2013 16:29
Last night I had another insight into "accepting oursleves".
As there is so much going on here regarding the ultimate relationship between husband and wife, I was feeling extreme pressure, I was literally ready to explode!!
I called my very good friend, and when I started talking to him I realized that what was happening. I really really badly wanted to be there already. I wanted to have the perfect relationship, where there are no secrets, we are open to each other etc. and I wanted to have right then.
I, BH, realized that all these things are goals, but we are quite far from them. As long as I am or the right path, of changing from a self centered human being, to a caring and thoughtful, husband to my wife, and person to everyone else, I am doing ok. And as he told me b'shem Dov, our only responsibilty is fixing oursleves, everything else is in the RBSH"O loving hands.
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Re: Yaakov's Ladder

Posted by Pidaini - 25 Jul 2013 17:43

Upon reaching this big milestone in life ...[cough]...I....[clear throat].....I.....would like to.....[wimper]....thank everyone (read with highpitched emotional voice) for helping me make it this far......[motioning to bring tissues]......[blowing nose].....and achAhron achAHron chavvviv....to Hashem Yisbarach for helping me up until this moment and may it be his ratzon that I continue to grow maaleh maaleh! Amen!!

Thank you for listening!!!! [wiping eyes]

7 / 10

I became a

Warning: Spoiler!