

Yaakov's Ladder

Posted by Pidaini - 08 Mar 2013 17:33

Starting my log a little late, i'm BH holding by today, which is number 53 of all the todays, but Bein Hazmanim is coming and i need to keep in check, and might not have time for all the chatting that usually helps me clear my mind (thanks guys!!).

i've been using AlexEliezers advice, that he gave me right when i first posted, of bulletproof Shemiras Einayim, or trying at least, and BH got to Today. but it's all changing now, it's not the same streets that i walk down every day, know exactly where to go so not to look, the dangerous places where i have to be careful etc.

now i'm entering the lions den, going to the airport, the airport itself, a few hours on the plane, etc. it's really scaring me!!

anyone have any ideas?

also been struggling with dreams, i know it shouldn't affect me, but it does, because it makes me realize that my mind isn't clean during the day, which leads to the next question how to keep my mind clean?

Wishing all you a Great Shabbos and it's Parshas Hachodesh so may we all be zoche to renew ourselves!!

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Re: Yaakov's Ladder

Posted by nitzotzeloki - 29 Aug 2013 11:37

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Re: Yaakov's Ladder

Posted by Pidaini - 29 Aug 2013 16:55

Had an interesting day yesterday, in the morning there was a lot of loneliness.

I went to Geulah in the afternoon, there are a lot of english accents there. so I took with an mp4

player and was listening to a shiur. As I was walking back a guy sticks his hand in my face, I looked up and it was a good friend of mine.

It was such a good feeling, a few weeks ago I would have noticed him (together with many more english accents) long before he noticed me.

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Re: Yaakov's Ladder

Posted by Pidaini - 29 Aug 2013 21:37

[dov wrote:](#)

The alone part was what most of us have always been doing to 'deal' with life. Sufferring alone. Nearly everyone I have ever talked with who has this problem admits they feel deeply alone at times, and their secret makes them alone in a (better-than-me) crowd, alone in (shameful) shul, alone at (lust-filled chasunas), alone in bed with their own (faithful-and-undersexed) wives.

It's lonely life indeed, being a secret perv. And as a frum one, it is even lonelier...

Thank G-d it does not have to stay that way!

Wow, I really felt that way!! I didn't notice it ever, but I could just never find my "place"! (and still have a hard time, but it's much easier)

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Re: Yaakov's Ladder

Posted by MendelZ - 29 Aug 2013 21:57

~~Where did Dov write that?~~ That says it so well.

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EDIT: Never mind I found it.

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Re: Yaakov's Ladder

Posted by tehillimzugger - 30 Aug 2013 03:37

Yankel, your words are inspiring me to take up my quill and scratch the vellum, you know
discuss loneliness, no idea what I'll say but here it is:

verbs and nouns

clocks and mounds

all chasing

yeahandI'm racing

but there's no one home.

poetry on a ladder

does anything matter

why do I feel

like cholent congeal

do they have hearts of stone?

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Re: Yaakov's Ladder

Posted by Pidaini - 30 Aug 2013 12:26

It's all so dark

Yet I have to play my part

But I feel like I'm running

and my self I'm ignoring

Where is there light

it doesn't feel right

In the stone there is fire

and it will only burn higher

until we stop in our tracks

and look past our masks

to come out in the open

where our true lives are spoken

Thank GOD for G.Y.Eyes

we can start facing our lies

and especially one point

WE MISSED YOU AT OINK!!!!

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Re: Yaakov's Ladder

Posted by Pidaini - 04 Sep 2013 05:50

I am currently in the USA, exhausted beyond beleif, but I want to remind myself to write about my trip.

May all my dearest friends have a K'sivah V'chasimah Tovah and a gut gebentched yur, May we all be zocheh to get to know the Ribono Shel Olam!

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Re: Yaakov's Ladder

Posted by tehillimzugger - 04 Sep 2013 06:05

[Pidaini wrote:](#)

May we all be zocheh to get to know the Ribono Shel Olam!

Kol Hoo'oimer Doovuhr B'shem Oimroi, Myvee Geiloo LiOilam...

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Re: Yaakov's Ladder

Posted by inastruggle - 04 Sep 2013 07:18

K'svia v'chasimah tova and a gut gebesht yuhr to you to, may you be zoche to continue shteiging in torah, avoda, and maysim tovim. and in parts of this addiction that don't have to do with torah

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Re: Yaakov's Ladder

Posted by Pidaini - 08 Sep 2013 07:05

A gmar chasimah tovah to all!

So here's what happened. In the past travelling was an experience, and not such happy one. I used to start getting nervous approximately two weeks beforehand, and by the time it actually approached I was done with, even before the trip started. It was jsut every step of the way, dealing with all the new people in the airport, on the plane, immigration etc.

Anyway, I BH was able to push off the pre-travel nervousness until the actual day of travel, but it was just getting to me. So I decided to daven minchah, even though it was early and I had missed the minyan, I knew that I needed time. I spoke to Hashem and expressed that I am not in control and that He is, and that I accept what He will lead me though, and I trust Him completely to give me what I need.

The rest of the trip was an absolute dream, a neis niglah. We whisked passed check-in, security, and passport control faster than ever before! Zlatah Yentah was extremely well behaved on the actual flight. Shaindel Malkah told me afterwards "this was the best trip we've ever had!"

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Thank You Hashem!!!!

Re: Yaakov's Ladder
Posted by Pidaini - 08 Sep 2013 23:07

Just wanted to bring down this piece from R' Asher of Karlin, where he talks about the importance of opening up to a real friend. (For me it is much more down to earth than Noam Elimelech)

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Re: Yaakov's Ladder
Posted by Pidaini - 12 Sep 2013 20:58

What a day yesterday was, flew from US to UK and there were a bunch of english accents and I
anyway, interestingly as i was standing in line by passport control
(which I get very nervous about) I started talking to Hashem and telling Him that I know that he
controls everything, incuding the officers at passport control.

I thought that lust was only a totza'ah from tension from the rest of life, and if I surrendered that
the lust would go away. I learned something new, that is fine and voil (maybe) before we've

taken those first sips, but afterwards we need to seperately surrender the lust which we have gotten into.

when I realized that. and I did and that's

Another thing I found out this morning is that talking to Hashem is sooooo releiving, I can talk my heart out to Him without worrying that he will get insulted, tell anyone what I said, think wrongly about me, rather He will listen and in this case (I was afraid of something) He told me to take a chill pill!! (because right after I told Him I realized how small the problem really was).

I learned that because I went to rest and was wishing I'd wake up wet

It is hard, but it is a double edged sword (sorry TZ forgo....oh I remember....vorpel sword!!) one is that we speak out our thoughts, and two we make Hashem more real in our lives.

I saw in sefer Hatshuvah that the reason that a person has to say viduy b'peh and it's not enough in thought is because normal people don't talk to themselves, so if someone is talking out loud in an empty room then it must be that he is either skitzofrenic and talking to his imaginary friend or talking to Hashem, so if we say viduy out loud (or anything else) it will make us realize that we are in front of Hashem.

A G'mar Chasimah Tovah to all!!

Have an easy fast!!

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Re: Yaakov's Ladder

Posted by tehillimzugger - 12 Sep 2013 22:13

Vorpal

Relieving (I before E except after C)

Schizophrenic

Welcome to Luton. (Passport officials much more chilled there)

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Re: Yaakov's Ladder

Posted by tehillimzugger - 12 Sep 2013 23:05

Yankel, if you see Shaindel Malka's sister, send her my best regards.

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