im coming home! Posted by yudel2123 - 08 Jan 2013 04:54

hi everyone! im new to this recovery thing, but im definitely likig it. i keep reading about everyone climbing to 90 and im ready to try it for myself.

ive been stuggling with the internet now for a long 12 years. im in my low 20s so i was pretty much there from the beginning of the internet problem. throughout my years in yeshiva i attempted many times to stop, all to no avail. but enough is enough, ive been made aware of the avenues for help and recovery, and i dont intend to stick around to see what happens if i wait any longer.

coming here gave me and continues to give me so much needed chizuk. a previous misconception of mine was that someone with these issues is really someone shameful with things to hide. while on the outside they may lok like regular people but on the inside, much less pretty. now that i have arrived here though, i see nothing but heroes. hiding behind the sunglasses of clever psuedonyms, the heroes save the day, one day at a time. so in a way its true its only on the outside that we look like regular people, because on the inside the truth shines bright, the gye website is our phone booth and were all crammed in together. I used to have a me against myself mentality, now its US against the world!

to the top chevra!

Posted by Elior - 08 Jan 2013 22:05

Baruch HaShem! You sound just like me with having been there since the beginning of the internet problem and having tried on your own to stop so many times. Mazel tov on your surrender to HaShem! May He empower you and show His grace as you overcome this struggle!

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Re: im coming home! Posted by Dov - 08 Jan 2013 23:11
Well, so much for 'clever pseudonames'my name is Dov. It's what my wife, neighbors and recovery amigos call me every day. Yudel - or whatever your name is - thanks for taking this step and posting here. Your honesty is what makes this place work for so many! Elior (or really whatever his name <i>really</i> is) is so right - you are not alone, you are geshmak, and welcome home!
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Re: im coming home! Posted by gibbor120 - 09 Jan 2013 00:45
Welcome Yudel! You're not alone by far. Glad to have you aboard!
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Re: im coming home! Posted by yudel2123 - 09 Jan 2013 04:21
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Re: im coming home! Posted by reallygettingthere - 09 Jan 2013 06:24
yudel2123 wrote:

2/5

You felt like you only had enough strength to last one day and you lasted for eight
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Re: im coming home! Posted by yudel2123 - 11 Jan 2013 03:26
day 10 was ushered in on a royal carpet of pristine white snow. a pure blanket covering the landscape. a harbinger of many pure days to come. the snow yet melts, but my resolve does
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Re: im coming home! Posted by Dov - 11 Jan 2013 04:43
Double barrelled reserve?
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Re: im coming home! Posted by yudel2123 - 11 Jan 2013 04:49
pot√, i think ill celebrate my ten day anniversary with a l'chaim, woodford of course
in order to succeed you need the best tools in your arsenal. you need to call up all the reserves.
Yoni
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Re: im coming home! Posted by Dov - 12 Jan 2013 00:25
now yer talking
=======================================
Re: im coming home! Posted by yudel2123 - 13 Jan 2013 05:05
a shabbos of budding redemption, strengthening emunah, and preparation for better times yet to come. day 12 past with thoughts of geulas mitrayim which chazal tell us is the source for all future redeemings. with hashems help this too will be our ticket out from under the influences of lust.
Yoni
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Re: im coming home! Posted by yudel2123 - 14 Jan 2013 04:31
at 13 one becomes a man in jewish law. so today i became a man of days. happy 13th to me. and thank you to all the gye chevra for your support and chizuk!
Yoni
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Re: im coming home!

14! 2 weeks! maybe not yet chai, but dai we have reached. enough is enough. life must go on, the problems must not.

GYE - Guard Your Eyes

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