

OK I Will give it another try

Posted by mdmjerusalem - 09 Jan 2009 14:33

Dearest friends

I know you were looking for me and wondering where i landed

Here I am, but you wont recognize me.

Well the last few weeks have been catastrophic

I found myself feeding my impulse/gloominess about once a week

Since my membership end of summer I achieved 50 days twofold.

Failing for the second time ????? was more that I could tolerate

But I am inept to persist in this manner

Now that ??????" is around the corner

I take on myself a new instigation

NEW RULE:

The net is strictly for business usage

No news or entertainment on the net for **2 weeks** Bli Neder

Your emails to me can fill the void gap of association

Please friends do keep in touch

(Btw: I hate being the *misken* so to have a good *kesher* do tell me **about yourselves too**)

I will try to respond to every comment

Gut Shabbos

Your buddy

M D

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Re: OK I Will give it another try

Posted by mdmjerusalem - 26 Jan 2009 15:09

btw please update the 90 day chart

hard but continuing

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Re: OK I Will give it another try

Posted by Binyomin5766 - 26 Jan 2009 15:17

Mazel Tov, MDM! Keep it going! If I'm reading correctly, you've moved up another level. You should go from strength to strength.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 27 Jan 2009 16:20

still ok

btw gaurd still no access?

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Re: OK I Will give it another try

Posted by mdmjerusalem - 27 Jan 2009 16:24

guard i want to make you email the email of my **second** computer

do you think that do to your busy schedule you would not be able to help me when needed

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Re: OK I Will give it another try

Posted by the.guard - 27 Jan 2009 22:56

I'll always help you when needed (if i'm around). Just write to eyes.guard@gmail.com Tzadik. Now I see you are REALLY serious about this. Now you are being Malbish true Oz of Kedusha and Hashem will surely send you Siyatta dishmaya. We have been fooled TOO long by the YH. We know all his tricks and we won't let him in. And if he gets in somehow, we slam that door shut. And if he opens another one, we slam THAT one shut. Sooner or later he sees he needs to find a different client!

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Re: OK I Will give it another try

Posted by mdmjerusalem - 28 Jan 2009 16:48

thank you guard for your help

I still can not connect to your computer

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Re: OK I Will give it another try

Posted by mdmjerusalem - 28 Jan 2009 18:34

day number 18

Chai Chai Yodecha Vishabchicha

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Re: OK I Will give it another try
Posted by mdmjerusalem - 29 Jan 2009 15:33

up to 19

??? '?' ????

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Re: OK I Will give it another try
Posted by the.guard - 29 Jan 2009 22:16

MDM, you are - and will be - a powerful force of Teshuvah and Chizuk on our forum, and for many Yidden!

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Re: OK I Will give it another try
Posted by mdmjerusalem - 05 Feb 2009 20:33

day 26 up and running

what a rollercoaster this was

still hope it is for the best

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Re: OK I Will give it another try
Posted by the.guard - 05 Feb 2009 21:47

Yes, it is NOT easy what you did, to tell your wife. Yes, we KNEW it would be a roller-coaster. But at the end of the ride, you will be so much stronger! She is now there at your side, and you won't be able to disappoint her again. You jumped into the Yam Suf with Emunah, and now I fully believe it will split for you. Parshas Bishalach. Perfect timing. You will be singing Shira this Shabbos like never before.

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Re: OK I Will give it another try
Posted by the.guard - 07 Feb 2009 18:25

MD, you used the words "roller-coaster" to describe the last few days... A "roller-Coaster" is a great example, and for everyone - a "roller-coaster" is a good exercise in breaking this addiction. We often want to pleasure ourselves to feel we are in control of our lives, and we don't let ourselves break free until we are finally willing to "Let go and Let G-d". On a roller-coaster, your life is not in your hands. You must totally trust those who built it with your life, and as you are hanging between heaven and earth about to fall straight down, you need to just "let go and trust". This is a very good exercise for anyone who has trouble "letting go and letting G-d".

And what you did recently, MD, is just like a roller coaster in this sense. You knew you were jumping off a cliff, but you trusted Hashem to catch you. And I am sure he did/will.

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Re: OK I Will give it another try
Posted by mdmjerusalem - 07 Feb 2009 23:08

day 29

quite excited

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Re: OK I Will give it another try
Posted by mdmjerusalem - 09 Feb 2009 21:06

With day 30 passing B'Ezras Ha'Shem, it is a full month that I find myself on the path I want to be.

Believe me I feel like a *mentch* in a lot other aspects too.

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