

OK I Will give it another try

Posted by mdmjerusalem - 09 Jan 2009 14:33

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Dearest friends

I know you were looking for me and wondering where i landed

Here I am, but you wont recognize me.

Well the last few weeks have been catastrophic

I found myself feeding my impulse/gloominess about once a week

Since my membership end of summer I achieved 50 days twofold.

Failing for the second time ????? was more that I could tolerate

But I am inept to persist in this manner

Now that ??????" is around the corner

I take on myself a new instigation

**NEW RULE:**

The net is strictly for business usage

No news or entertainment on the net for **2 weeks** Bli Neder

Your emails to me can fill the void gap of association

**Please friends do keep in touch**

(Btw: I hate being the *misken* so to have a good *kesher* do tell me **about yourselves too**)

I will try to respond to every comment

*Gut Shabbos*

Your buddy

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Re: OK I Will give it another try

Posted by mdmjerusalem - 12 Jan 2009 14:15

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Oh I meant physically

Flu like

And what about yourself

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Re: OK I Will give it another try

Posted by the.guard - 12 Jan 2009 14:57

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I'm feeling good B"H. But I was sick for almost a month straight about a month ago. It wasn't fun. Kaparas Avonos. As they say: *You have "a virus" or "Aveiros"?* :D

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Re: OK I Will give it another try

Posted by mdmjerusalem - 12 Jan 2009 16:04

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are you back on your feet?

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Re: OK I Will give it another try

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Posted by the.guard - 12 Jan 2009 16:56

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Yes B"H. It was over about a month ago...

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Re: OK I Will give it another try

Posted by battleworn - 13 Jan 2009 12:31

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To me it's the same thing. When I feel sick or weak physically, that's when I'm more vulnerable.

MDM, yes that's true, and that's why some people are noheg that once a day they say a "Giluy Daas" saying: "I want to do, say and think only what's Ratzon Hashem, anything that the menuval stuffs in, is against my will and I want to have nothing to do with it." Of course we have to prove that we really mean it, by doing our utmost to keep the garbage out. BTW, I believe that this Yesod is one of the most important ones and the menuval will do anything to stop us from integrating it

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Re: OK I Will give it another try

Posted by BentleyJunkie - 13 Jan 2009 12:38

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i can't believe that you guys are talking about this now...i've been pretty sick and bed-stricken for the past two days. i too noticed that i was more vulnerable since I wasn't thinking straight.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 13 Jan 2009 16:43

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It is not only the lack of mind.

To me it seems like the feeling of freedom, Hefkayris.

Which you obtain by not having your regular responsibilities.

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Re: OK I Will give it another try

Posted by Binyomin5766 - 13 Jan 2009 17:52

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I have to agree with what I'm reading here about vulnerability. I can remember times when I have been horribly sick and still pursued impurity. How could it be that I had no energy to do anything, and still found the energy to do *that*? Sickness and depression seem to me to be strangely related this way. I have noticed that both come along with an increased vulnerability to the Y"H.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 13 Jan 2009 19:53

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It seems that, in our weak moments we can see what are our most difficult challenges

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Re: OK I Will give it another try

Posted by mdmjerusalem - 15 Jan 2009 23:50

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OK day 6 pasted very good

at least in our point of view

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Re: OK I Will give it another try

Posted by the.guard - 16 Jan 2009 10:51

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Are you feeling better, Tzadik?

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Re: OK I Will give it another try

Posted by mdmjerusalem - 18 Jan 2009 14:19

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OK i left the house today Sunday

the days at home were not so hielig

i didn't look at dvorim asirim

but i did not keep the promise of not surfing for pleasure

i would not call myself tzaddik but maybe not rosho, OR?

started learning again and hope to keep the 2 week promise

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Re: OK I Will give it another try

Posted by the.guard - 18 Jan 2009 15:26

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If you held yourself back from devarim assurim even when in a low point, feeling sick, home alone and not doing your normal responsibilities, that is impressive indeed. You have it in you, MDM. Keep strong and read the daily Chizuk e-mails well. We are here for you, and Hashem is here for you. Make use of that :-) Speak to him. Plead with him. Ask him to help you remove lust from your life and replace it with Ahavas Hashem.

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Re: OK I Will give it another try

Posted by mdmjerusalem - 19 Jan 2009 14:52

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ok guard please hang me on the chart

day 10 today

but i still did not keep my promise

surfing daily, and without a filter

i can take my weakness

hashem please give me 2 sense

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