

My Journey (back to myself)

Posted by jjblue13 - 02 Dec 2012 04:44

I have been struggling since I was 12 (maybe even 11) on level 2 or so.

I was able to see my neighbor's pool from my bed room window, and from there started the fantasies. It wasn't so bad before I got married & I thought that marriage would solve the problem.

It didn't. When I got married, slowly it got worse and I started using internet p*** (my wife need internet). Even though we had a filter, I was able to work around it (I have since blocked all sites except this one and my friend has the password).

Since my wife passed away (there is no option for "widowed" in the marital status) it got worse, especially the last 3 months. Until I found out about this site from an article on aish.com when I was looking for inspiration after a particularly hard day.

Browsing on the forum I worked up the courage to speak to my Rebbe. He gave me some tips, but he said, "They really got it right over there."

I cannot delay (re)marriage much longer (with the guidance of my Rebbe) but I have decided to make it my goal to be clean for 90 days (at least before I get engaged).

--Yossel

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Re: My Journey (back to myself)

Posted by reallygettingthere - 07 Feb 2013 19:55

www.mostlymusic.com/the-royal-rescue-rerelease.html

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Re: My Journey (back to myself)

Posted by Divrei Chaim - 08 Feb 2013 01:09

Thank you wonderful. Keep on going.

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Re: My Journey (back to myself)

Posted by jjblue13 - 19 Feb 2013 19:16

Thank you everyone for you continued Chizuk!

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Re: My Journey (back to myself)

Posted by mr. emunah - 19 Feb 2013 23:09

40 days!

hurray!

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Re: My Journey (back to myself)

Posted by Gevura Shebyesod - 20 Feb 2013 00:43

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Re: My Journey (back to myself)

Posted by reallygettingthere - 20 Feb 2013 00:53

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Re: My Journey (back to myself)

Posted by Dov - 21 Feb 2013 02:30

[jjblue13 wrote:](#)

Thank you everyone for you continued Chizuk!

That's 40 GOOD days. Boruch Hashem, JJ - continued hatzlocha!

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Re: My Journey (back to myself)

40 days!

Posted by avrahamyeyagel4853 - 22 Feb 2013 03:05

I used to beat myself up terribly because I would have wet dreams when I was younger, which would lead to real falls.

Over time, and as a result of reading more posts from gye, I realized that it is best to just ignore them, and write it off for now as just a biological anamolly. Over time, the more you grow, the less often it will occur.

The best is when you have a dream where you walk away from a trigger and wake up clean!

Hatzlacha Rabbah!

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Re: My Journey (back to myself)

Posted by mr. emunah - 22 Feb 2013 23:34

Hey Avi!

Totally agree man,

I know some people like to knock Miva & Tikun Klali saying that it's just part of the cycle, but if I may,

even if you think it's damaging in context of "Falls"

I think it's a great practice for wet dreams

Cheers!

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Re: My Journey (back to myself)

Posted by jjblue13 - 03 Mar 2013 10:00

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Re: My Journey (back to myself)

Posted by Dov - 03 Mar 2013 20:02

Hosha'-noh (51)!

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Re: My Journey (back to myself)

Posted by mr. emunah - 04 Mar 2013 20:30

hoshia - noh

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51 days!

Re: My Journey (back to myself)

Posted by Dov - 04 Mar 2013 22:15

Hosha'noh vehoshia'noh

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Re: My Journey (back to myself)

Posted by reallygettingthere - 04 Mar 2013 22:35

ok I'll say it:

AVINU ATAH!

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