

mgsbms's climb

Posted by mggsbms - 06 May 2012 04:50

Day 65

I am having a pretty good clean streak. however in the past if i got to cozy i fell. so i need to stay vigilant with all your help.

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Re: mgsbms's climb

Posted by obormottel - 06 May 2012 05:28

A gute woch!

would you share what you've done so far to stay sober?

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Re: mgsbms's climb

Posted by mggsbms - 26 Sep 2013 00:35

i want to refresh my thread i havent posted here in a little while

i just fell after being clean for seven weeks, before that i was pretty much on and off a whole year not going more then 2 weeks clean at a time, i had lost my will to fight, wasn't very into p or mast, but was very lax in shmiras einaim and basically looking for trouble. however over the last weeks i realized that i could do it and with the extra effort i could keep clean for longer periods, (not even having pas besalo for over five weeks). if i fall i worry about it then but as long as i could keep clean go for it. basically what im trying to say is, i have little success in succeeding once i get a lust attack, but i'm not going to worry about that now, what i am going to worry about is doing everything right it shouldnt come to one, and if i push it off for a couple of weeks thats great

another point that i recently cleared up in my head is that i havent given up on lust, i still crave for it as my lifeline in the muttar or the asur way, whichever one is available, and as long thats the case, as long i still see it as a very important thing in my life i have little hope of getting out

of this mess, so thats the bifg struggle cause i dont see myself ready for that big jump.

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Re: mgsbms's climb

Posted by ploni.almoni@gmx.com - 26 Sep 2013 01:21

What caused you to make a big push seven weeks ago and what is different today?

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Re: mgsbms's climb

Posted by skeptical - 29 Sep 2013 07:20

Mazel Tov on 7 weeks clean!!

Don't throw in the towel. Get back up and continue moving forward.

Falling doesn't mean failure, failing to get back up does.

Don't worry about the "big jump" right now. For now, just focus on making the right choices this moment. The time will come for the big jump and by then you'll be able to take the leap.

Hatzlacha!

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