

Need chizuk

Posted by Needyjew - 23 Mar 2012 15:51

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So I just fell again after almost 2 weeks and have that terrible feeling of regret. I've tried to use guardyoureyes to help me stop twice by just saying that I'm going to post my status every week and hopefully stopped. But my commitment fell through right away and I never posted because I felt strong. I felt that after 2 weeks would start posting because that's when I would need help most. But that logic is very flawed because the the comes at any time and I must always be prepared. That is why I'm going to start the9

90 day journey. Even if it's not possible yet, I think posting my status will help me be prepared for when the urge hits. Please help me and give me chizuk along the way so I'll be afraid to tell you guys that I've failed. Thanks for your future help.

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